



# KMCT AYURVEDA MEDICAL COLLEGE

Approved by NCISM and Affiliated to Kerala University of Health Sciences

## TO WHOM SO EVER IT MAY CONCERN

This is to certify that the information in the attached documents is verified by me and is true to the best of my knowledge



*[Handwritten Signature]*  
VCS: PRINCIPAL  
KMCT AYURVEDA  
MEDICAL COLLEGE



**KMCT**  
AYURVEDA MEDICAL COLLEGE

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1.3.1

**CROSS CUTTING ISSUES INTERGRATED  
INTO CURRICULUM**



*Contin*

PRINCIPAL  
K.M.C.T. AYURVEDA  
MEDICAL COLLEGE



INNOVATION AND  
ENTREPRENEURSHIP  
DEVELOPMENT CENTRE





# KMCT AYURVEDA MEDICAL COLLEGE

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## ACADEMIC YEAR 2019-2024



*Amitha*  
MANASSERY PO  
MUKKAM  
KOZHIKODE  
AYURVEDA  
MEDICAL COLLEGE

Manassery PO, Mukkam, 673602, Kozhikode, Kerala

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🌐 www.kmctayurvedacollege.ac.in





# KMCT AYURVEDA MEDICAL COLLEGE

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## GENDER EQUITY SENSITIZATION PROGRAM REPORTS 2019-2024



RECEIVED  
GENDER EQUITY SENSITIZATION  
PROGRAM REPORTS  
2019-2024



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## GENDER EQUALITY SENSITIZATION PROGRAMME FOR ACADEMIC YEAR 2019-2020

### TALK ON "POST-PARTUM DEPRESSION"

#### ACTIVITY REPORT

Venue: KMCT Ayurveda College Auditorium

Speaker: Dr. Shalu Mol

PG Scholar, Dept of Gynaecology

SAT Medical College TVM

Date: 17/07/2019

Time 2-3pm

The birth of a baby can trigger a number of powerful emotions, which varies from excitement to fear and anxiety. But at times this can result in simple mood swings to more intense and long lasting depressive effects that may interfere with day to day activities. These Symptoms usually develops as early as first few weeks after delivery or may eventually manifest later. It is very crucial and important to find out the affected women so as to counsel and motivate them to have a healthy life. It is nowadays visible that the baby becomes the responsibility of only the mother. Here is the importance of gender equality, where the spouse and family members also has to take the responsibilities of the child, so as to reduce the stress of women after delivery, and giving emotional support to women during this period will benefit to avoid depression during this period. A talk was given on this topic by Dr. Shalu mol, PG Scholar, Dept of Gynaecology, SAT Medical College TVM. The session was informative and all the students became well aware of this state of mind which a woman faces after delivery. Altogether the session was very delightful, a total of 48 students had attended the program



*Shalu Mol*  
PG SCHOLAR  
DEPT OF GYNAECOLOGY  
SAT MEDICAL COLLEGE  
TVM







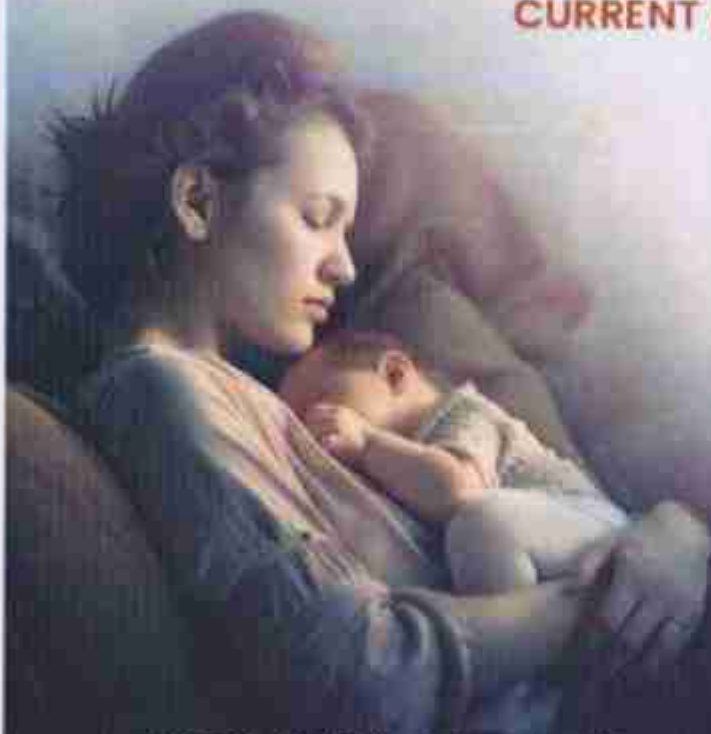
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# POST PARTUM DEPRESSION

**AWARENESS CLASS FOR STUDENTS TO UNDERSTAND  
CURRENT ARISING MEDICAL SITUATION IN THE  
POST PARTUM PERIOD**

**17 JULY 2018, 2-3PM  
VENUE: COLLEGE AUDITORIUM**



*Speaker*

**Dr. SHALU MOL**

PG SCHOLAR, DEPT OF GYNECOLOGY  
KAM MEDICAL COLLEGE, TVM

KMCT Medical College Campus, Mukkam, Kozhikode - 673602 [www.kmctayurvedacollege.org](http://www.kmctayurvedacollege.org)



*Arbha*  
K.M.C. MEDICAL COLLEGE  
TVM



# KMCT AYURVEDA MEDICAL COLLEGE

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## MEMBERS ATTENDED

SL NO	NAME OF THE STUDENT	SIGNATURE
1	Abhirami Radhakrishnan	<i>Abirami</i>
2	Abin Johny	<i>Abin</i>
3	Ahalya Suresh A	<i>Ahalya</i>
4	Akhila Remanan	<i>Akhila</i>
5	Akshara E	<i>Akshara</i>
6	Akshay K	<i>Akshay</i>
7	Alfia Arshad	<i>Alfia</i>
8	Anavadhya J Prakash	<i>Anavadhya</i>
9	Anitha C U	<i>Anitha</i>
10	Anitta Jetto	<i>Anitta</i>
11	Anju Rahna K	<i>Anju</i>
12	Arya Kirshnan	<i>Arya</i>
13	Athira K	<i>Athira</i>
14	Ayisha C	<i>Ayisha</i>
15	Aysha Shahna	<i>Aysha</i>
16	Bavana Gopinath	<i>Bavana</i>
17	Bushina	<i>Bushina</i>
18	Famine Zaekariya	<i>Famine</i>
19	Fasina Bindiya RM	<i>Fasina</i>
20	Gopika T Panicker	<i>Gopika</i>
21	Hanan Hamza	<i>Hanan</i>
22	Harshida	<i>Harshida</i>
23	Hridhya Thilakan	<i>Hridhya</i>
24	Megha Pillai	<i>Megha</i>
25	Mehnas Ahammed	<i>Mehnas</i>
26	Mehnaz Noushad	<i>Mehnaz</i>
27	Nasmy Kurshid	<i>Nasmy</i>
28	Nayana M	<i>Nayana</i>
29	Nikhila N K	<i>Nikhila</i>
30	Nimisha P	<i>Nimisha</i>
31	Niranjana K	<i>Niranjana</i>
32	Panchami Rajeev	<i>Panchami</i>
33	Rasha Zehara Abdul Gafoor	<i>Rasha</i>
34	Ruksana P K	<i>Ruksana</i>
35	Sachin A M	<i>Sachin</i>
36	Suhla P C	<i>Suhla</i>
37	Sai Nandana M C	<i>Sai Nandana</i>
38	Sajidha Baby	<i>Sajidha</i>
39	Saniya Said	<i>Saniya</i>





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40	Sayand A S	<u>Sayand</u>
41	Shahma N	<u>Shahma</u>
42	Sourav N Mohan	<u>Sourav</u>
43	Sreeparvathi K S	<u>Sreeparvathi</u>
44	Sumayya Nazar	<u>Sumayya</u>
45	Suneesh V S	<u>Suneesh</u>
46	Thasneem	<u>Thasneem</u>
47	V Rezvana Razak	<u>V Rezvana</u>
48	Yasmin K C	<u>Yasmin</u>



Arshad

KMCT AYURVEDA MEDICAL COLLEGE  
Kozhikode







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## GENDER EQUALITY SENSITIZATION PROGRAMME FOR ACADEMIC YEAR 2019-2020

### SEMINAR ON " CONSTITUTIONAL RIGHTS"

#### ACTIVITY REPORT

Venue: KMCT College Auditorium

Date: 19/07/2019

Speaker: Adv Nijisha Nirmal

Time: 12-1 pm

As an individual living in this society, we all must be aware of the constitutional rights, such as equality before the law. The Constitution describes all the constitutional rights of an individual. If we are unaware of the constitutional rights, we may get cheated by the society in many ways. So, it is our duty- to understand the constitutional laws. The college has conducted one day seminar and discussed on this topic. The webinar was inaugurated by Dr.Subhasree G.H, Principal KMCT Ayurveda medical college. Adv. Nijisha nirmal, who is a lawyer in private firm, was the guest speaker. He enlightened the students about the Constitution and Constitutional rights. Students were very enthusiastic throughout the talk. In total it was an outstanding session.



*Adv Nijisha Nirmal*  
ADV NISHA NIRMAL  
LAWYER  
K.M.C.T. AYURVEDA MEDICAL COLLEGE



www.kmct.org

# CONSTITUTIONAL RIGHTS

LEARNING AND UNDERSTANDING THE  
RIGHTS OF EACH CITIZENS IN INDIA

19<sup>TH</sup> JULY 2019, 12-1PM  
VENUE: COLLEGE AUDITORIUM

» Speaker »

**Adv. NIJISHA NIRMAL**



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KMCT Medical College Campus, Mukkam, Kozhikode - 673602 [www.kmctayurvedacollege.org](http://www.kmctayurvedacollege.org)



Cholima

PH  
M



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### MEMBERS ATTENDED

SL NO	NAME OF THE STUDENT	SIGNATURE
1	Afeefa K A	[Signature]
2	Afsa Rafni K P	[Signature]
3	Akshara Nair	[Signature]
4	Alishia Maria Raju	[Signature]
5	Arathi Omanakuttan	[Signature]
6	Arjun raj A T	[Signature]
7	Aryadas K K	[Signature]
8	Ashitha A P	[Signature]
9	Ashna Rahman	[Signature]
10	Aswathy Catherine P T	[Signature]
11	Athira Biju	[Signature]
12	Athira D	[Signature]
13	Ayisha Femina T K	[Signature]
14	Binsha M F	[Signature]
15	Devapriya T V	[Signature]
16	Dhana Ashraf	[Signature]
17	Fami Rasma B	[Signature]
18	Fathima Rahana P T	[Signature]
19	Fathima Rinsha	[Signature]
20	Febina Gafoor	[Signature]
21	Fidha Fathima S Y	[Signature]
22	Gopika E P	[Signature]
23	Greena G S	[Signature]
24	Harikrishnan S	[Signature]
25	Irshana P	[Signature]
26	Jasir Ahmed R J	[Signature]
27	Jessy Raj S	[Signature]
28	Jijy P	[Signature]
29	Jithin Das K R	[Signature]
30	K Shreelaxmi Sankarankutty	[Signature]
31	Mahima S S	[Signature]
32	Megha Krishnan	[Signature]
33	Mina Basheer K C	[Signature]
34	Mizreen Fathima	[Signature]
35	Muhsina M T	[Signature]
36	Murshida C P	[Signature]
37	Murshida Irfana K	[Signature]
38	Nada	[Signature]
39	Nashmiya Hasoena Hussain	[Signature]
40	Nida Majeed	[Signature]
41	Rameesa Thaikkattu	[Signature]
42	Rasha T	[Signature]
43	Revathy T M	[Signature]
44	Riya K M	[Signature]
45	Ruvaida Abdul Nasar	[Signature]
46	Sahla Shameer T P	[Signature]







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## GENDER EQUALITY SENSITIZATION PROGRAMME FOR ACADEMIC YEAR 2020-2021

### TALK ON IMPORTANCE OF NUTRITION IN GIRLCHILD

#### ACTIVITY REPORT

Venue :KMCT Ayurveda Medical college – first year class room  
Speaker : Dr Sijina. V.P

Date:21/03/2020  
Time 2-3 pm

KMCT Ayurveda Medical college has organized a talk on importance of nutrition in girl children was conducted by first year BAMS students. The event was coordinated by Dr. Sijina. V.P Assistant professor, Dept of Swasthavrtha, KMCT Ayurveda college. The students were actively participated in-the program. Total 60 members were attended.



*Dr. Sijina*  
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# IMPORTANCE OF NUTRITION IN GIRL CHILD

Discussion and Unwinding the Importance  
of Nutritional Needs of a Girl Child as Girl  
Child is the Mother of Healthy Society

21<sup>TH</sup> MARCH 2020, 2-3PM  
VENUE: COLLEGE AUDITORIUM

Speaker

**Dr. SIJINA V. P.**

ASSISTANT PROFESSOR, DEPT OF SWASTHARITHA  
KMCT AYURVEDA MEDICAL COLLEGE

KMCT Medical College Campus, Mukkam, Kozhikode - 673602 [www.kmctayurvedacollege.org](http://www.kmctayurvedacollege.org)



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43	Nithya B S	
44	Rakendu A	
45	Reshma A R	
46	Revathy S	
47	Roshana Abdul Salam	
48	Sahira Rasheed	
49	Sahila Shahanas C	
50	Sandra C G	
51	Sandra P	
52	Sarah Yousaffali	
53	Sneha K P	
54	Sree Lekshmi P	
55	Sreelakshmi Sujan	
56	Sreya Unni C	
57	Syama S Nath	
58	Theertha K V	
59	Umekha Unnikrishnan	
60	Vismaya P	



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100% AYURVEDA COLLEGE  
Kerala State Council of Health





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### GENDER EQUALITY SENSITIZATION PROGRAMME FOR ACADEMIC YEAR 2020-2021

#### WEBINAR ON "PREMARITAL COUNSELLING- MENTAL HEALTH"

#### ACTIVITY REPORT

Venue: Online platform Date: 24/08/2020

Speaker - Dr Aswathi Sara Varghese

Time 11-12 pm

It is quite obvious that, a number of divorce cases are increasing nowadays and the majority cases are because of misunderstanding and lack of communication resulting in inability to resolve issues. Mental health reflects on a person's behaviour which can affect their marital lives. Premarital counselling is a type of counselling or therapy that is given to the couples prior to marriage. So that it helps them get prepared for the marriage. Counseling helps them to build a healthy and strong relationship between each other and provides foundation for a healthy relationship. So, it is always better to spread awareness strong about Premarital counselling. A webinar was conducted on this topic and Dr. Subhasree G.H inaugurated the webinar. Dr Aswathi Sara Varghese, Associate Professor, Dept of Prasoothitantra and Sthreerogawas the guest speaker and elaborated the need of Premarital counselling and relationship with mental health. He also talked about the increasing number of Divorce cases among youngsters and the possible causes of it. The session enlightened the students and altogether it was a great online session.



*Aswathi*  
PRINCIPAL  
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# PREMARITAL COUNCELLING

ANXIETY AND DEPRESSION ARE EMERGING DRASTICALLY AMONG THE AGE OF ADOLSCENCE IN FEAR OF MARRIAGE INSTITUTIONS AND IMPOSED RESPONSIBILITIES OF BEING A LIFE PARTNER.

24<sup>TH</sup> AUG 2020, 11-12PM

WEBINAR

► Speaker ►

**Dr. ASWATHI SARA VARGHESE**

ASSISTANT PROFESSOR, DEPT OF PRASOOTH  
TANTRA AND STREE ROGA

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*Dr. Aswathi*  
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## MEMBERS ATTENDED

SL NO	NAME OF THE STUDENT	SIGNATURE
1	Abun V S	
2	Adithya Raj	
3	Afra S	
4	AiswaryaBhaskaran	
5	AjanyaAravind	
6	AkhilaRemesh	
7	AksharaGopan S	
8	Akshaya K P	
9	AnuYohanan	
10	Anuvinda K P	
11	Aparna C Das	
12	Aparna U	
13	Ardra T P	
14	Arunima K	
15	Arya Lakshmi Wilson	
16	Ashin V S	
17	Ashley Shaji	
18	Aswathi V Satheesh	
19	Aswathy K	
20	AyshaShaifna K	
21	Bhavya A S	
22	Chaitra T	
23	Chinmay K	
24	Chippy Joseph	
25	Devapriya M P	
26	Faseela Usman	
27	FathimaFarhana C	
28	Fathima Shana K	
29	FathimaShareef	
30	Gopika G	
31	Hafna	
32	Hereena Maria Morris	
33	Harsha V G	
34	Hiba Razak	
35	HidaParveen K C	
36	Irfana C	
37	MidhilaSajeev A	
38	Mohammed Fayis K K	
39	NahalaNalakath	
40	Nahilafathima	
41	Nazrin T	
42	NidaRuzak	







## GENDER EQUALITY SENSITIZATION PROGRAMME FOR ACADEMIC YEAR 2020-2021

### TALK ON THE TOPIC "WOMEN'S HEALTH AWARENESS AND MENSTRUAL HYGIENE"

#### ACTIVITY REPORT

Venue Online platform

Date: 09/10/2020

Speaker: Dr Aswathi Sara Varghese

Time 10-11 am

Menstruation is a monthly physiological event happening in females who reaches puberty and continues till menopause. Women experience many physical challenges in her life and menstruation is one among them. Cleanliness is a basic requirement for any individual, to maintain their health. Despite being an important issue concerning women, menstruation and menstruation hygiene is often overlooked. Poor menstrual hygiene is due to lack of awareness, persisting taboos and stigma, limited access to hygienic menstrual products. An informative session was handled by Dr Aswathi Sara Varghese. The importance of cleanliness during menstruation was very well explained and the students became well aware of all the facts related to it. A total 48 students attended the program and made it a grand success.



*Aswathi*  
PRINCIPAL  
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# WOMENS HEALTH **AWARENESS AND MENSTRUAL HYGIENE**

**DETAILED UNDERSTANDING AND LEARNING OF WOMEN  
REPRODUCTIVE AGE AND MENSTRUAL HYGIENE**

**9<sup>TH</sup> OCT 2020, 10-11AM**

**WEBINAR**

**Speaker\***

**Dr. ASWATHI SARA VARGHESE**  
ASSISTANT PROFESSOR  
DEPT OF PRASOOTHE TANTRA



KMCT Medical College, Calicut, MULLAPILLOTHI, KERALA 673001  
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*Anilam*  
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K.M.C.T. AYURVEDA  
MEDICAL COLLEGE



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1	Abhirami Radhakrishnan	<i>Abhirami</i>
2	Abin Johny	<i>Abin</i>
3	Ahalya Suresh A	<i>Ahalya</i>
4	Akhila Remanan	<i>Akhila</i>
5	Akshara E	<i>Akshara</i>
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24	Megha Pillai	<i>Megha</i>
25	Mehnas Ahammed	<i>Mehnas</i>
26	Mehnaz Noushad	<i>Mehnaz</i>
27	Nasny Kurshid	<i>Nasny</i>
28	Nayana M	<i>Nayana</i>
29	Nikhila N K	<i>Nikhila</i>
30	Nimisha P	<i>Nimisha</i>
31	Niranjana K	<i>Niranjana</i>
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39	Saniya Said	<i>Saniya</i>
40	Sayand A S	<i>Sayand</i>

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 ☎ 0495-229 4664 ✉ ayurveda@kmct.edu.in

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*Arbina*

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41	Shahma N	Shahma
42	Sourav N Mohan	Sourav
43	Sreeparvathi K S	Sreeparvathi
44	Sumayya Nazar	Sumayya
45	Suneesh V S	Suneesh
46	Thasneem	Thasneem
47	V Rezvana Razak	V Rezvana
48	Yasmin K C	Yasmin



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## GENDER EQUALITY SENSITIZATION PROGRAMME FOR ACADEMIC YEAR 2023-2024

### TALK ON THE TOPIC. "EMPOWER WOMEN AND EMBRACE EQUITY ACTIVITY REPORT

VENUE: College auditorium

DATE: 08/03/2023

SPEAKER: DrApilaNath TIME 11 -12 pm

KMCT College of Nursing conducted online webinar on Women's Equality- "Empower women and Embrace Equity" as a part of international women's day. While inaugurating the program, Dr. Subhasree G.H enlightened that Women's empowerment is a critical aspect of achieving gender equality. It includes increasing a woman's sense of self-worth, per decision-making power, her access to opportunities and resources, her power and control over her own life inside and outside the home, and her ability to effect change. DrApilaNath, Assistant Professor, Dept of prasoothitnatra and streeroga emphasized that should foster a meritocratic environment where anyone, regardless of gender, can succeed and amplifies the ability of people to thrive, collaborate to the full, and be resilient. The program lasted for one hour, 60 students attended.



*Dr. Apila Nath*  
PRINCIPAL  
K.M.C.T. AYURVEDA  
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PROGRESS THROUGH  
EXCELLENCE  
DEVELOPMENT THROUGH  
EDUCATION

# EMPOWER WOMEN AND EMBRACE EQUITY

EMPOWERED WOMEN CAN EMPOWER ANY WOMEN  
AND LEADS TO EQUITY IN EVERY ASPECTS OF  
SOCIETY. EMBRACING HER POWER CAN ENHANCE  
THE ENRICHMENT OF SOCIAL WELLNESS

**8<sup>TH</sup> MAR 2023, 11-12PM**  
VENUE: COLLEGE AUDITORIUM

*Speaker*

**Dr. APILA NATH**

ASSISTANT PROFESSOR  
DEPT. OF PRASOOTHY (ANTIPARTAL AND STREE ROGA)

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5	AjanyaAravind	[Signature]
6	AkhilaRemesh	[Signature]
7	AksharaGopan S	[Signature]
8	Akshaya K P	[Signature]
9	AnuYohanan	[Signature]
10	Anuvinda K P	[Signature]
11	Aparna C Das	[Signature]
12	Aparna U	[Signature]
13	Ardra T P	[Signature]
14	Arunima K	[Signature]
15	Arya Lakshmi Wilson	[Signature]
16	Ashin V S	[Signature]
17	Ashley Shaji	[Signature]
18	Aswathi V Satheesh	[Signature]
19	Aswathy K	[Signature]
20	AyshaShafna K	[Signature]
21	Bhavya A S	[Signature]
22	Chaithra T	[Signature]
23	Chinmay K	[Signature]
24	Chippy Joseph	[Signature]
25	Devapriya M P	[Signature]
26	Faseela Usman	[Signature]
27	FathimaFarhana C	[Signature]
28	Fathima Shana K	[Signature]
29	FathimaShareef	[Signature]
30	Gopika G	[Signature]
31	Hafna	[Signature]
32	Hereena Maria Morris	[Signature]
33	Harsha V G	[Signature]
34	Hiba Razak	[Signature]
35	HidaParveen K C	[Signature]
36	Irfana C	[Signature]
37	MidhilaSajeev A	[Signature]
38	Mohammed Fayis K K	[Signature]
39	NahalaNalakath	[Signature]
40	NahilaFathima	[Signature]
41	Nazrin T	[Signature]



[Handwritten signature]



# KMCT AYURVEDA MEDICAL COLLEGE

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42	NidaRazak	
43	Nithya B S	
44	Rakendu A	
45	Reshma A R	
46	Revathy S	
47	Roshana Abdul Salam	
48	Sabira Rasheed	
49	SahlaShahanas C	
50	Sandra C G	
51	Sandra P	
52	Sarah Yousaffali	
53	Sneha K P	
54	Sreelakshmi P	
55	SreelakshmiSujan	
56	SreyaUnni C	
57	Syama S Nath	
58	Theertha K V	
59	UmekhaUnnikrishnan	
60	Vismaya P	



*Principals*  
PRINCIPAL  
K.M.C.T. AYURVEDA  
MEDICAL COLLEGE







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AYURVEDA MEDICAL COLLEGE



INNOVATION AND  
ENTREPRENEURSHIP  
DEVELOPMENT CENTRE

# IMPORTANCE OF SELF DEFENCE LEARNING

SELF DEFENCE TECHNIQUES AND LEARNING  
TO PROTECT SELF FROM HARM MUST BE  
ACQUIRED BY ALL CITIZENS

5<sup>TH</sup> DEC 2023, 3-4PM  
VENUE: COLLEGE AUDITORIUM

*Speaker*

**Dr. REKHA BINU**  
GENERAL PRACTITIONER, CALICUT



[www.kmct.ac.in](http://www.kmct.ac.in)

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*Aradhya*  
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### MEMBERS ATTENDED

SL NO	NAME OF THE STUDENT	SIGNATURE
1	AbhinanthKumar	
2	AbhinavPK	
3	AbhiramChackolangara	
4	AbishAR	
5	AdithyaRaj	
6	AdithyaS	
7	AdithyaSRajeev	
8	AjunaT	
9	AleenaBrijjiSoby	
10	AnaghaP	
11	AnamikaDNair	
12	AnamikaPS	
13	AnarghaMDinu	
14	AncetaDasM	
15	AnjithaSS	
16	AnjithaGS	
17	AnsaAnil	
18	AnsariAsfiyaAnjumGhulamHassan	
19	ArchanaAP	
20	ArdraN	
21	AryaChandran	
22	AryaN	
23	AswathiK	
24	AswathyT	
25	AthiraPM	
26	AyshathShumaima	
27	BettyBiju	
28	BhagwanSharmirRafik	
29	BhagwanFauseefShaikhAsif	
30	FathimaSanaKallidumbil	
31	GouthamKC	
32	HannaC	
33	HarivismayaC	
34	JustaJerald	
35	Kajaleleopatra	
36	KarthikB	
37	KarthikaAS	
38	KhatikAaftaf	
39	LakshmiGayathriR	
40	LekshmiSShaj	
41	ManuM	
42	MehboobbaKA	





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43	NandanaK	
44	NijammuddinYasinMemon	
45	NithyaRajP	
46	PadminiS	
47	RahulKrishna	
48	RaveenaRaveendran	
49	RihanaSherin	
50	SayantharaS	
51	ShaikhShahbazShaikhAinuddin	
52	ShalimaShaji	
53	Shivanilakshmi	
54	SivaniKS	
55	TahaRashid	
56	TassurRajaAbdulVahidMansuri	
57	ThasniN	



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### GENDER EQUALITY SENSITIZATION PROGRAMME FOR ACADEMIC YEAR 2023-2024

#### TALK ON ANTI-SEXUAL HARRASSMENT

##### ACTIVITY REPORT

VENUE: College auditorium

TIME 10 - 11 am

DATE: 15/01/2024

SPEAKER: DrSubhasree G.H, Principal KMCT Ayurveda Medical College

DrSubhasree G.H, conducted seminar on Anti-sexual harassments as a part of gender sensitization programme. During the program DrSubhasree G H Principal, KMCT Ayurveda Medical College said regarding the importance of prevention of sexual harassments towards all gender. She said that Sexual violence is a widespread problem. It happens in every community and affects people of all genders and ages. Nearly one in five women and one in 71 men are victims of rape. Sexual violence is defined as any sexual activity where consent is not freely given. Even for those of us who don't directly experience it, we are all impacted by sexual -violence because of how it affects communities and society especially survivors and their loved ones. The program lasted for one hour. Additionally, it's important to listen and communicate without judgment. If they seek medical attention or make plans to report the assault, offer to be there for them and provide a supportive presence. Encourage the victim to get support from resources such as hotlines and sexual violence awareness/prevention organizations ,49 students attended.



*Subhasree*  
PRINCIPAL  
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MEDICAL COLLEGE





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YIP



WISDOM AND  
INTEGRATION  
DEVELOPMENT CENTRE

# ANTI SEXUAL HARASSMENT

UNDERSTANDING SEXUAL ABUSES  
AND LEARNING HARASSMENTS SEXUALLY TOWARDS FEMALES



5<sup>TH</sup> JAN 2024, 10-11AM

VENUE: COLLEGE AUDITORIUM

*Speaker*

**Dr. SUBHASREE G. H.**

PRINCIPAL, KMCT AYURVEDA MEDICAL COLLEGE

[www.kmct.ac.in](http://www.kmct.ac.in)

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[www.kmctayurvedacollege.org](http://www.kmctayurvedacollege.org)



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## MEMBERS ATTENDED

SL NO	NAME OF THE STUDENT	SIGNATURE
1	AbhinavSundarC	
2	AdheenaKB	<i>AdheenaKB</i>
3	AdhithyaP Parames	<i>AdhithyaP</i>
4	AjanyaTK	<i>AjanyaTK</i>
5	AkhilaChandran	<i>Akhila</i>
6	AleenaTA	<i>AleenaTA</i>
7	AleeshaRoshni	<i>AleeshaRoshni</i>
8	AmayaSreedharanA S	<i>AmayaSreedharanA S</i>
9	Amina ShibillaK	<i>Amina ShibillaK</i>
10	AmrithaBalu	<i>AmrithaBalu</i>
11	AnchuAji L	<i>AnchuAji L</i>
12	AnjanabhaiTA	<i>AnjanabhaiTA</i>
14	AswinT	<i>AswinT</i>
15	AthulyaVV	<i>AthulyaVV</i>
16	EezaSaramangalam	<i>EezaSaramangalam</i>
17	FidaVaramkode	<i>FidaVaramkode</i>
18	GeethaAnilkumar	<i>GeethaAnilkumar</i>
19	GopikamohanP	<i>GopikamohanP</i>
20	IrfanaFathima	<i>IrfanaFathima</i>
21	IrfanaNazarinKA	<i>IrfanaNazarinKA</i>
22	JessyVT	<i>JessyVT</i>
23	Jiji LS	<i>Jiji LS</i>
24	KeerthanaTM	<i>KeerthanaTM</i>
25	LinshaRoselC K	<i>LinshaRoselC K</i>
26	ManjimaKrishnan	<i>ManjimaKrishnan</i>
27	MidhunSivan	<i>MidhunSivan</i>
28	MuhammedFarisNK	<i>MuhammedFarisNK</i>
29	NadeeraK	<i>NadeeraK</i>
30	NandanaN	<i>NandanaN</i>
31	NandanaPramod	<i>NandanaPramod</i>
32	NarthanaS	<i>NarthanaS</i>
33	NehlaA	<i>NehlaA</i>
34	NithyaMariaVariath	<i>NithyaMariaVariath</i>
35	RobinaR	<i>RobinaR</i>
36	SangeethSanthoshK	<i>SangeethSanthoshK</i>
37	SayanaC	<i>SayanaC</i>
38	SayoojaBaijuB	<i>SayoojaBaijuB</i>
39	ShabnaSNazeer	<i>ShabnaSNazeer</i>
40	ShafnaAB	<i>ShafnaAB</i>





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41	ShahanaSherinT	<i>Shahana</i>
42	ShanimaS	<i>Shanima</i>
43	SheikhaNazar	
44	SilpaKK	<i>Silpa</i>
45	SoofiyaBeegumJ	<i>Soofiya Beegum J</i>
46	SreeshuP	
47	SreevaishnaviSaseendran	<i>Sreevaishnavi</i>
48	TejaDas	<i>Teja</i>
49	VarnaDas	<i>Varna</i>



*Arshika*  
K.M.C.T. AYURVEDA  
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# KMCT

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### GENDER EQUALITY SENSITIZATION PROGRAMME FOR ACADEMIC YEAR 2021-2022

#### AWARENESS SESSION ON ELIMINATION OF VIOLENCE AGAINST WOMEN-"ACTIVISM TO END VIOLENCE AGAINST WOMEN AND GIRLS"

##### ACTIVITY REPORT

VENUE: Online platform

DATE:10/2/2021

Time 2-3 am

SPEAKER – Dr. Vineetha N, Associate professor, Department of Kayachikitsa.

The class conducted awareness session on elimination of violence against women- "UNITE! Activism to end violence against women and girls. The gender sensitization program was organized the program international day for the elimination of violence against women, the program was inaugurated by Dr. Subhasree G.H, Principal of KMCT Ayurveda College. The Dr. Vineetha N, Associate professor, Department of Kayachikitsa spoke regarding prevention of violence against women and girls. She pointed out that Respect, protect and fulfill all human rights and fundamental freedoms of women and girls and ensure that women know their rights and are empowered to demand and enforce them; Educating boys and girls about women's human rights and their responsibility to respect the rights of others, Additionally, gender-based violence can affect any individual, irrespective of their gender, age, or ethnicity, certain groups of women and girls are particularly vulnerable. 60 Students were students attended.



*Vineetha N*  
PRINCIPAL  
KMCT, AYURVEDA  
MEDICAL COLLEGE





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# ELIMINATION OF VIOLENCE AGAINST WOMEN

AGGRESSION, VERBAL AND PHYSICAL HUMILIATION WILL  
GROSSLY AFFECT WOMEN'S PHYSICAL AND MENTAL HEALTH,  
WILL END UP IN DISTORTED SOCIAL HARMONY AND WELFARE

10<sup>TH</sup> FEB 2021, 2-3PM

## Webinar

• Speaker

**Dr. VINEETHA N.**

ASSOCIATE PROFESSOR,  
DEPT OF KAYACHIKITSA

KMCT Medical College Campus, Mulkam, Kozhikode - 673602  
[www.kmctayurvedacollege.org](http://www.kmctayurvedacollege.org)

[www.kmctayurvedacollege.org](http://www.kmctayurvedacollege.org)



*Vineetha*  
PRINCIPAL  
KMCT AYURVEDA  
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## MEMBERS ATTENDED

SL NO	NAME OF THE STUDENT	SIGNATURE
1	Abun V S	
2	Adithya Raj	
3	Afra S	
4	Aiswarya Bhaskaran	
5	Ajanya Aravind	
6	Akhila Remesh	
7	Akshara Gopan S	
8	Akshaya K P	
9	Anu Yohanan	
10	Anuvinda K P	
11	Aparna C Das	
12	Aparna U	
13	Ardra T P	
14	Arunima K	
15	Arya Lakshmi Wilson	
16	Ashin V S	
17	Ashley Shaji	
18	Aswathi V Sathesh	
19	Aswathy K	
20	Aysha Shafna K	
21	Bhavya A S	
22	Chaitira T	
23	Chinmay K	
24	Chippy Joseph	
25	Devapriya M P	
26	Faseela Usman	
27	Fathima Farhana C	
28	Fathima Shana K	
29	Fathima Shareef	
30	Gopika G	
31	Haifa	
32	Hereena Maria Morris	
33	Harsha V G	
34	Hiba Razak	
35	Hida Parveen K C	
36	Iriana C	



*Signature*  
PRINTED  
K.M.C.T.  
MEDICAL COLLEGE

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## AYURVEDA MEDICAL COLLEGE

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37	Midhila Sajeev A	
38	Mohammed Fayis K K	
39	Nahala Nalakath	
40	Nahila Fathima	
41	Nazrin T	
42	Nida Razak	
43	Nithya B S	
44	Rakendu A	
45	Reshma A R	
46	Revathy S	
47	Roshana Abdul Salam	
48	Sabira Rasheed	
49	Sahla Shahanas C	
50	Sandra C G	
51	Sandra P	
52	Sarah Yousaffali	
53	Sneha K P	
54	Sree Lekshmi P	
55	Sreelakshmi Sujan	
56	Sreya Unni C	
57	Syama S Nath	
58	Theertha K V	
59	Umekha Unmikrishnan	
60	Vismaya P	



PRINCIPAL  
KMCT, AYURVEDA  
MEDICAL COLLEGE

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# KMCT AYURVEDA MEDICAL COLLEGE

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## GENDER EQUALITY SENSITIZATION PROGRAMME FOR ACADEMIC YEAR 2021-2022

### DISCUSSION ON HORMONAL AND BEHAVIORAL CHANGES IN ADOLESCENCE

#### ACTIVITY REPORT

VENUE: KMCT Ayurveda College Auditorium  
SPEAKER: Dr. Aswathi Sara Varghese

DATE: 5/10/2021  
Time 10-11 am

KMCT Ayurveda medical college conducted a discussion on Hormonal and Behavioral changes in adolescence as a part of gender equality sensitization program. The program was inaugurated by DrSubhasree G.H, Principal of KMCT Ayurveda College. Dr. Aswathi Sara Varghese has delivered an amazing speech on the topic. She emphasized regarding the hormonal and behavioral changes in the period of adolescence. Peer pressure, low self-esteem, and raging hormones can lead teens to take chances and engage in risky behaviors that could have a negative effect on their future. Therefore, as children enter their teenage years, it's important for them to have support system they rely on. Their parents, siblings, can therapists, teachers, and coaches can provide wisdom and guidance as teens navigate this challenging, exciting time in their lives. The programme lasted for two hours, 60 students were participated.



*Aswathi*  
PRINCIPAL  
K.M.C.T. AYURVEDA  
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# HORMONAL AND BEHAVIOURAL CHANGES IN ADOLESCENCE

5<sup>TH</sup> OCT 2021, 10-11AM  
VENUE: COLLEGE AUDITORIUM

HORMONES ARE VITAL BEHAVIOURAL MARKERS AND INDICATORS OF SEVERAL EMOTIONS. SETTING UP A GOOD BEHAVIOURAL PATTERNS IS NECESSARY IN ADOLESCENCE WERE THE CHANGES ARE MORE EVIDENT PHYSICALLY AND EMOTIONALLY.

Speaker

**Dr. ASWATHI SARA VARGHESE**  
ASSOCIATE PROFESSOR, DEPT OF PEDIATRY  
TAMPAK AND STREE KENNA

KMCT Medical College Campus, Mukkam, Kochikode - 673602  
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*Aswathi*  
PRINCIPAL  
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### MEMBERS ATTENDED

SL NO	NAME OF THE STUDENT	SIGNATURE
1	Abun V S	[Signature]
2	Adithya Raj	[Signature]
3	Afra S	[Signature]
4	Aiswarya Bhaskaran	[Signature]
5	Ajanya Aravind	[Signature]
6	Akhila Remesh	[Signature]
7	Akshara Gopan S	[Signature]
8	Akshaya K P	[Signature]
9	Anu Yohanan	[Signature]
10	Anuvinda K P	[Signature]
11	Aparna C Das	[Signature]
12	Aparna U	[Signature]
13	Ardra T P	[Signature]
14	Arunima K	[Signature]
15	Arya Lakshmi Wilson	[Signature]
16	Ashin V S	[Signature]
17	Ashley Shaji	[Signature]
18	Aswathi V Satheesh	[Signature]
19	Aswathy K	[Signature]
20	Aysla Shafna K	[Signature]
21	Bhavya A S	[Signature]
22	Chaithra T	[Signature]
23	Chinmay K	[Signature]
24	Chippy Joseph	[Signature]
25	Devapriya M P	[Signature]
26	Faseela Usman	[Signature]
27	Fathima Farhana C	[Signature]
28	Fathima Shana K	[Signature]
29	Fathima Shareef	[Signature]
30	Gopika G	[Signature]
31	Hafna	[Signature]
32	Hereena Maria Morris	[Signature]
33	Harsha V G	[Signature]
34	Hiba Razak	[Signature]
35	Ilida Parveen K C	[Signature]
36	Irfana C	[Signature]



*Arsham*  
 PRINCIPAL  
 K.M.C. MEDICAL COLLEGE  
 Kozhikode



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37	Midhila Sajeev A	
38	Mohammed Fayis K K	
39	Nahala Nalakath	
40	Nahila Fathima	
41	Nazrin T	
42	Nida Razak	
43	Nithya B S	
44	Rakendu A	
45	Reshma A R	
46	Revathy S	
47	Roshana Abdul Salam	
48	Sabira Rasheed	
49	Sahla Shahanas C	
50	Sandra C G	
51	Sandra P	
52	Sarah Yousaffali	
53	Sneha K P	
54	Sree Lekshmi P	
55	Sreelakshmi Sujan	
56	Sreya Unni C	
57	Syama S Nath	
58	Theertha K V	
59	Umekha Unnikrishnan	
60	Vismaya P	



**Lehrbms**  
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K.M.C.T. AYURVEDA  
MEDICAL COLLEGE

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# KMCT AYURVEDA MEDICAL COLLEGE

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## GENDER EQUALITY SENSITIZATION PROGRAM

### YOGA IN CHANGING WORLD

#### ACTIVITY REPORT

Venue: KMCT Auditorium

Date-21.02.2022

Speaker- Dr.Nayana .T.M

Time 2-3 pm

KMCT Ayurveda Medical College as a part of programme on Yoga demonstration was conducted at KMCT auditorium by second year ayurvedastudents. Dr Subhasree G H , principal KMCT Ayurveda Medical College inaugurated the function and delivered a Yoga message for students regarding Yoga in a changing world. Dr.Harikrishnan, Vice principal, Kmct Ayurveda Medical College felicitated the programme. Yoga demonstration was done by Dr.Nayana T.M (Yoga instructor, KMCT ayurveda college). The class started with a warm-up section, which include a theory as well practical section and explain different asanas, it includes trikonasana, vajrasana, pavanamuktasana, shashankasana, pathmasana, padahasthasana, bhujangasana Surya namaskar, Sarvangasana, matsyinsana, chakrasana She also taught about the pranayama, which includes sectional breathing, anuloma, kapalabhati, bhramaripranayama, and savasanameditation. She also made the students understand the importance of practicing yoga in their daily life by promoting women's health and reducing the incidence of diseases like PCOD. The program was ended at 4.00 pm with the vote of thanks. Students were very enthusiastic throughout the talk. 53 students participated in session.



*Lambini*  
PRINCIPAL  
K.M.C.T. AYURVEDA  
MEDICAL COLLEGE







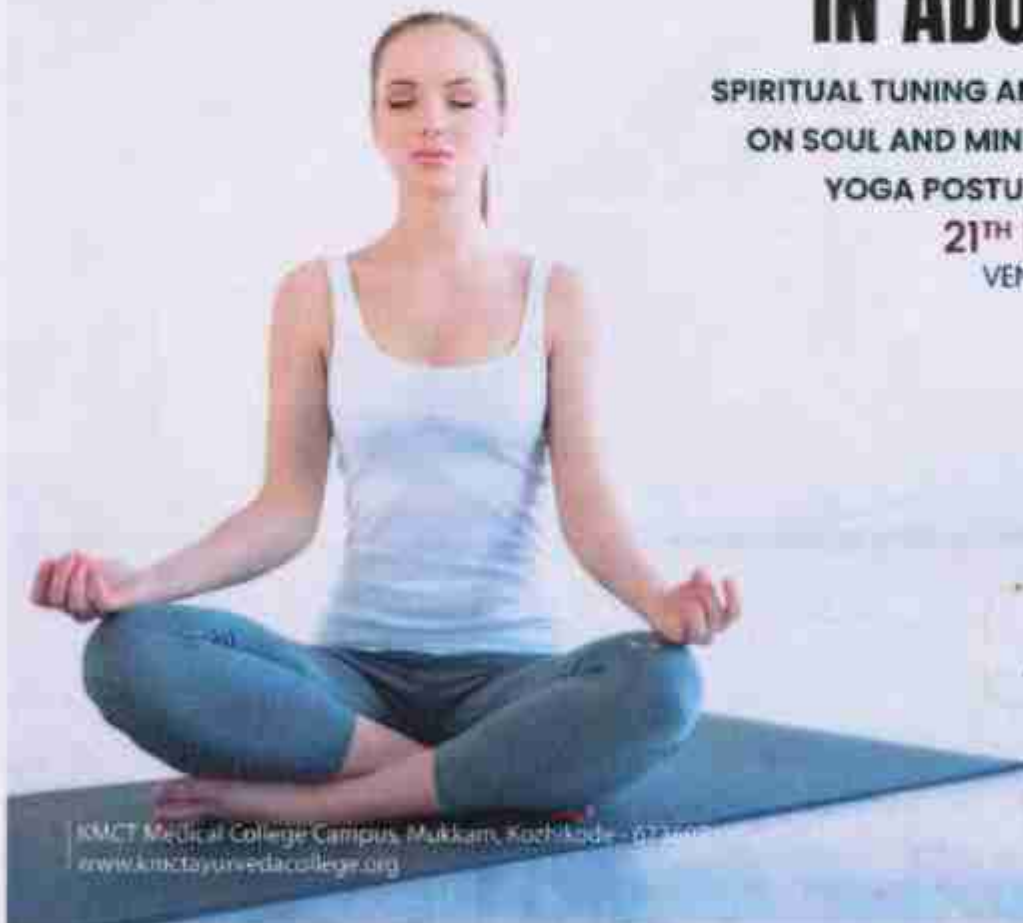
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# YOGA IN CHANGING WORLD IN ADOLESCENCE

SPIRITUAL TUNING AND GAINING OF POWER  
ON SOUL AND MIND THROUGH DIFFERENT  
YOGA POSTURES AND MEDITATIONS

21<sup>TH</sup> FEB 2021, 02-3PM  
VENUE: COLLEGE AUDITORIUM



Speaker

**Dr. NAYANA T.M.**

BYPS, YOGA INSTRUCTOR  
KMCT AYURVEDA MEDICAL COLLEGE

KMCT Medical College Campus, Mukkam, Kochikode - 673705  
[www.kmctayurvedacollege.org](http://www.kmctayurvedacollege.org)

[www.kmct.org](http://www.kmct.org)



*Christine*  
PROFESSOR  
K.M.C.  
M.C.





# KMCT

## AYURVEDA MEDICAL COLLEGE

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### MEMBERS PRESENT

SL NO	NAME OF THE STUDENT	SIGNATURE
1	ABAjmin	
2	AhilaNoushad	
3	AiswaryaA	
4	AlanSuryaA	
5	AlbinaJohnson	
6	AlishaJimmy	
7	AneenaJoy	
8	AneettaJacob	
9	AnishmaSPrasad	
10	AnjuVP	
11	AnujaMolJ	
12	AnupamaT	
13	AnushaK	
14	AnusreeP	
15	ArdraBharath	
16	ArdraK	
17	AyswaryaP C	
18	ChaithanyaVA	
19	DevikaV	
20	DhanasreeU S	
21	DiyaDasK	
22	EliteTessLonappan	
23	FathimaJumanaJebinK	
24	FathimaSafaN	
25	FebinaShereen	
26	GayathriPrasanth	
27	GayathriVP	
28	GokulKrishnaVR	
29	HarshaMuhammedMR	
30	Hilda	
31	HridyaE	
32	IndhuR	
33	JenikaCG	
34	JyothikaBC	
35	KGAnupamaKrishnan	
36	KavyaMadhavan	
37	KavyaV	
38	Lakshmi I.	
39	MeghaMohan	
40	NadiyaSainu	
41	NivedithaKM	





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42	ParvathyMDev	
43	RadhikaKR	
44	Sajeena	
45	SayanaLal	
46	ShehinaFadusha	
47	SimrinP	
48	SonaPJ	
49	SooryaA	
50	SreekuttyR	
51	SreevaniES	
52	Vidyasreek	
53	VismayaViswanath	



PRINCIPAL  
K.M.C.T. AYURVEDA  
MEDICAL COLLEGE



PROVISIONAL AND  
EMERGENCY  
RECOGNITION CENTRE





# KMCT AYURVEDA MEDICAL COLLEGE

Approved by NCISM and Affiliated to Kerala University of Health Sciences

## GENDER EQUALITY SENSITIZATION PROGRAMME FOR ACADEMIC YEAR 2023-2024

### WOMEN'S REPRODUCTIVE HEALTH AND WELLNESS

#### ACTIVITY REPORT

VENUE: College auditorium

DATE: 01/03/2022

SPEAKER: Dr. Shalumol

Time 11-12 pm

PG Scholar, Dept of Gynaecology  
SAT Medical College TVM

KMCT Ayurveda college conducted an online Seminar on Women's reproductive health and wellness as a part of gender sensitization program. The program was inaugurated by Dr. Subhasree G.H. Dr. Shalumol, PG Scholar, Dept of Gynaecology, SAT Medical College TVM was the speaker of the program. She enlightened the topic with amazing explanations. She emphasized that A woman's reproductive system is a delicate and complex system in the 'body. It is important to take steps to protect it from infections and injury, and prevent problems including some long-term health problems. She enlisted the importance of reproductive health which includes prevention of STDs, contribution to family planning, early detection of reproductive cancers, sexual education, and the positive impact on the economy through informed decisions about workplace participation by women, the program lasted for 1 hour and total 60 members attended.



*Dr. Shalumol*  
PRINCIPAL  
K.M.C.T. AYURVEDA  
MEDICAL COLLEGE



INTEGRATION AND  
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**KMCT**  
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# WOMEN'S REPRODUCTIVE HEALTH AND WELLNESS

REPRODUCTIVE AGE OF WOMEN IS THE VERY  
CRUCIAL CUM PRODUCTIVE AGE WITH SURGE  
OF DIFFERENT HORMONES

**1<sup>ST</sup> MAR 2022, 11-12PM**  
VENUE: COLLEGE AUDITORIUM

*Speaker*

**Dr. SHALU MOL**

PG SCHOLAR, DEPT OF AYURVEDA  
SAT MEDICAL COLLEGE, TVM

[www.kmct.ac.in](http://www.kmct.ac.in)

KMCT Ayurveda Medical College, Muttam, Kollam - 673602  
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### MEMBERS ATTENDED

SL NO	NAME OF THE STUDENT	SIGNATURE
1	Abun V S	
2	Adithya Raj	
3	Afra S	
4	Aiswarya Bhaskaran	
5	Ajanya Aravind	
6	Akhila Remesh	
7	Akshara Gopan S	
8	Akshaya K P	
9	Anu Yohanan	
10	Anuvinda K P	
11	Aparna C Das	
12	Aparna U	
13	Ardra T P	
14	Arunima K	
15	Arya Lakshmi Wilson	
16	Ashin V S	
17	Ashley Shaji	
18	Aswathi V Satheesh	
19	Aswathy K	
20	Aysha Shafna K	
21	Bhavya A S	
22	Chaithra T	
23	Chinmay K	
24	Chippy Joseph	
25	Devapriya M P	
26	Faseela Usman	
27	Fathima Farhana C	
28	Fathima Shana K	
29	Fathima Shareef	
30	Gopika G	
31	Hafna	
32	Hereena Maria Morris	
33	Harsha V G	
34	Hiba Razak	
35	Hida Parveen K C	
36	Irfana C	
37	Midhila Sajeev A	
38	Mohammed Fayis K K	
39	Nahala Nalakath	
40	Nahila Fathima	
41	Nazrin T	





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42	NidaRazak	
43	Nithya B S	
44	Rakendu A	
45	Reshma A R	
46	Revathy S	
47	Roshana Abdul Salam	
48	Sabira Rasheed	
49	SahlaShahanas C	
50	Sandra C G	
51	Sandra P	
52	Sarah Yousaffali	
53	Sneha K P	
54	SreeLekshmi P	
55	SreelakshmiSujan	
56	SreyaUnni C	
57	Syama S Nath	
58	Theertha K V	
59	Umekhal/nnikrishnan	
60	Vismaya P	



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## GENDER EQUALITY SENSITIZATION PROGRAMME FOR ACADEMIC YEAR 2023-2024

### TALK ON THE TOPIC "WOMEN AND THYROID"

#### ACTIVITY REPORT

Venue: college Auditorium  
Speaker: Dr Aswathi Sara Varghese

Date 14/03/22  
Time 10-11 am

Women are more prone to have thyroid diseases compared to men. Thyroid hormonal issues lead to irregular menstrual period and generalized weakness which affects women mentally and physically. According to statistics, one in eight women develops thyroid issues during her life time. Hence awareness about early detection of thyroid diseases are mandatory. A talk on this topic was delivered by Dr Pradeep P V, Senior Consultant, Baby memorial hospital, Calicut. He explained about the Thyroid gland physiology and hormonal issues faced by women. The talk was very informative and interactive. A total of 60 students had attended the talk.



*Aswathi*  
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# WOMEN AND THYROID

THYROID IS THE MAJOR GLAND WITH VARIOUS  
FUNCTIONS WHICH HELPS THE WOMEN MORE FEMININE  
AND STAY RICH IN HER PHYSICAL AND MENTAL WELLBEING

**14<sup>TH</sup> MAR 2022, 10-11AM**

VENUE: COLLEGE AUDITORIUM

*Speaker*

**Dr. ASWATHI SARA VARGHESE**

ASSISTANT PROFESSOR  
DEPT OF PRASOOTHI TANTRA AND STREE ROGA

KMCT Medical College Campus, Mukkam, Kozhikode - 673602  
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*Amba*  
PRASOOTHY  
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Kozhikode





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35	Hida Parveen K C	
36	Irfana C	
37	Midhila Sajeev A	
38	Mohammed Fayis K K	
39	Nahala Nalakath	
40	Nahila Fathima	
41	Nazrin T	
42	Nida Razak	





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43	Nithya B S	
44	Rakendu A	
45	Reshma A R	<i>Reshma</i>
46	Revathy S	<i>Revathy</i>
47	Roshana Abdul Salam	<i>Roshana</i>
48	Sabira Rasheed	<i>Sabira</i>
49	SahlaShahanas C	<i>Sahla</i>
50	Sandra C G	<i>Sandra</i>
51	Sandra P	<i>Sandra</i>
52	Sarah Yousaffali	<i>Sarah</i>
53	Sneha K P	<i>Sneha</i>
54	SreeLekshmi P	<i>SreeLekshmi</i>
55	SreelakshmiSujan	<i>Sreelakshmi</i>
56	SreyaUmni C	<i>Sreya</i>
57	Syama S Nath	<i>Syama</i>
58	Theertha K V	<i>Theertha</i>
59	Umekhal/nnikrishnan	<i>Umekhal</i>
60	Vismaya P	<i>Vismaya</i>



*Anitha*  
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# ENVIRONMENT CONSCIOUSNESS

*Aravind*

Principal  
K.M.C.T. AYURVEDA  
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# KSCSTE-Kerala Forest Research Institute

(An Institution under Kerala State Council for Science, Technology and Environment)  
Peechi - 680 653, Thrissur, Kerala, India



## CERTIFICATE

28.02.2024

This is to Certify that the 39 students (2021-22 Batch BAMS) from KMCT Ayurveda College, Manassery, Kozhikode Visited Kerala Forest Research Institute, Thrissur on 28<sup>th</sup> of February 2024 (Wednesday) along with Faculty Members Dr. Dinesh Kumar P.M as part of the Field Visit. The students accomplished a good demonstration on the Instrumentation and Research facilities of the Institute, they were also familiarized themselves with Medicinal Garden, Forest Seed Centre, Bamboo Nursery, Entomology Lab, Pathology Lab, Wildlife Museum, Herbarium, Xylarium, Orchidarium and Biotechnology Lab (Tissue Culture & Molecular Biology)

Yours Faithfully,

Dr. A.V Raghu  
Principal Scientist & Head  
Extension & Training Division  
KFRRI, Peechi



*Aradhana*  
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## REPORT ON KERALA FOREST RESEARCH INSTITUTE VISIT

28/02/2024

The Kerala forest research institute Trissur on 28/02/2024 with 2<sup>nd</sup> year BAMS students (39students).It's a part of our Dravyagunadepartment syllabus curriculum. We started the visit from college at 5:30am by college bus and reached plant at 9am.The coordinator guided and explained the demonstration on the instruments and research facilities of the institute. They were also familiarized themselves with medicinal garden, forest seed care, bamboo nursery, entomology, pathology lab etc. DrDineeshkumar P M accompanied with students.



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## Setting Up of Vegetable Garden



As a part of NSS Activity, volunteers organizing a vegetable garden during an NSS camp in GLPS, Poovaranthodu - 10/03/2024



*Uthman*  
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## VEGETABLE GARDEN PLANTING



**MARCH**  
On the 9th of October, 2024, the NSS (National Service Scheme) unit of KMCT Ayurveda College conducted a community service project at GLPS Poovarantthodu,



*Pradeep*  
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Setting Up a Student Space in the Garden – 05/03/2024



*Lehnam*  
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## HERBAL GARDEN MODIFICATION 04/03/2024



On the 4th of March, 2024, the NSS (National Service Scheme) unit of Ayurveda College undertook a significant project to modify and enhance the herbal garden within the college premises.



*[Signature]*  
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MANASSERY PO  
MUKKAM  
KOZHIKODE





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Greeshma rithucharya for Summer Wellness – 04/03/2024



*Aravind*  
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## SEASONAL NUTRITIONAL PROGRAM



On the 23rd of November, 2023, the NSS (National Service Scheme) unit of KMCT Ayurveda Medical College organized a Seasonal Nutritional Program



*Chandran*  
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## FORGING OF HERBAL GARDEN ON NATIONAL AYURVEDA DAY



### വിഭവകരമായ വിദ്യാതിലകത്തിൽ ഔഷധ ഉദ്യാനം



☐ ഔഷധ സസ്യങ്ങൾ വിതരണത്തിൽ ഓരോർക്കും ഓരോരുത്തർക്കും കൈമാറുന്നതിനുള്ള പ്രവർത്തനങ്ങൾ നടത്തിയപ്പോൾ കോളേജിലെ വിദ്യാർത്ഥികൾക്കും അധ്യാപകർക്കും ഔഷധസസ്യങ്ങൾ വിതരണം ചെയ്യാൻ കഴിഞ്ഞു. ഇവയെല്ലാം കോളേജിലെ ഔഷധസസ്യ ഉദ്യാനം ആയി മാറും.

ഔഷധസസ്യങ്ങൾ വിതരണത്തിൽ കൈമാറുന്നതിനുള്ള പ്രവർത്തനങ്ങൾ നടത്തിയപ്പോൾ കോളേജിലെ വിദ്യാർത്ഥികൾക്കും അധ്യാപകർക്കും ഔഷധസസ്യങ്ങൾ വിതരണം ചെയ്യാൻ കഴിഞ്ഞു. ഇവയെല്ലാം കോളേജിലെ ഔഷധസസ്യ ഉദ്യാനം ആയി മാറും.

10/11/2022 MANASSERY P O

On 9th November 2023, the students of KMCT Ayurveda Medical College undertook a significant environmental and educational initiative by creating a Herbal Garden within the college campus.



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## Swachath Seva – 01/10/2023

On October 1, 2023, the students of KMCT Ayurveda Medical College participated in a



Swachhata Seva cleaning drive as part of the nationwide initiative to promote cleanliness and hygiene.



*[Signature]*  
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## DRAVYA OUTREACH ACTIVITY 09/12/2022



A study tour conducted to Jevaharlalnehru tropical botanical garden & research institute, Trivandrum, for 2020 batch. An interaction between senior scientists of the research centre helped the students to get insight in to recent research in medicinal plants. They also had chances to see rare species of tropical plants



*Anrobin*  
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## SHRAMADHAAN FOR SWACHATHA



On the 1st of October, 2022, the NSS (National Service Scheme) unit of KMCT Ayurveda College conducted a Shramadhaan (voluntary labor) for Swachhata (cleanliness) at Manassery.



*Andhra*  
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## WORLD ENVIRONMENT DAY

JUNE 5<sup>TH</sup> World Environment Day Was Observed by KMCT Ayurveda Medical College on 5/6/2020. Students planted medicinal plants.



*Chobran*

**KMCT Ayurveda Medical College** PRINCIPAL  
**WORLD ENVIRONMENT DAY** K.M.C.T. AYURVEDA  
**TREE PLANTING CAMPAIGN** MEDICAL COLLEGE



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ACTIVITY 2020-2021

PLANT A TREE CHALLENGE – 05/06/2020



*Ambrose*

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## HERBAL GARDEN PLANTATION

Holy family HSS Kattippara on 23/12/2019.



*Aravind*

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**Service week 30/09/2019 – 05/10/2019**



*Aradhya*



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## WORLD ENVIRONMENT DAY

JUNE 5 TH World Environment Day Was Observed By KMCT Ayurveda Medical College on 5/6/2019. Students Segregated Plastic Waste from the Manassery Town



*Signature*

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## HUMAN VALUES

*Ushitha*  
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## A Day with Lower Primary School Students; Providing Healthy Meals – SCHOOL HEALTH SERVICE on 07/03/2024

NSS volunteers collaborated with school authorities to plan the menu for the day, ensuring it meets nutritional requirements and dietary preferences. Ingredients were procured, and necessary arrangements were made for cooking and serving the meals. Volunteers, along with school staff, prepared nutritious meals in the school kitchen, following hygiene and safety standards.



*Dashra*  
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## Palliative Care Workshop – Home care



A practical demonstration was conducted to illustrate key aspects of patient care, such as positioning, hygiene, and comfort measures on 06/03/2024



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90P



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Svarnaprashana administration camp - 27/02/2024



*Aradhya*  
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## MEETING OF CHILDREN UNDER HOME EDUCATION AND AYURVEDA MEDICAL CAMP

ORGANISING UNIT: KMCT AYURVEDA MEDICAL in association with DEPARTMENT OF PUBLIC EDUCATION, KOZHIKODE BRC KUNNAMANGALAM



On 22/12/2023, KMCT Ayurveda Medical College, in collaboration with the Department of Public Education, Kozhikode BRC Kunnamangalam,



*Arshika*  
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Department of Public Education,  
Kozhikode BRC Kunnamangalam







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## Anti-ragging awareness program



On the 27th of August, 2022, the students of KMCT Ayurveda Medical College organized an Anti-Ragging Awareness Program to address the issue of ragging and promote a safe, inclusive, and supportive campus environment.



*Pravara*  
K.M.C.T. AYURVEDA  
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# KMCT AYURVEDA MEDICAL COLLEGE

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ANTI RAGGING AWARENESS CLASS 12-03-2021.



*Chobbin*



**RAGGING**

**ANTI - RAGGING AWARENESS CLASS FOR STUDENTS**

12.03.2021 - FRIDAY

Guest Speaker  
**Sri. Shivaprasad C**  
(Director of Education - Vaidyaratnam & ARI Corporation, Kozhikode)

**KMCT**  
AYURVEDA MEDICAL COLLEGE

Manassery PO, Mukkam,  
Kozhikode, Kerala 673602  
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PRATHEEKSHA SPECIAL SCHOOL CAMP 29/09/2019



*Ambar*

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## INDEPENDENCE DAY AND REPUBLIC DAY CELEBRATION



*Arin*  
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REGULATED BY  
Kerala State Council for Health and Family Welfare  
Kozhikode





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## MOU: SATHWANAM OLD AGE HOME

*Sathwanam*

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MEDICAL COLLEGE





# KMCT AYURVEDA MEDICAL COLLEGE

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## Memorandum of understanding

Between

Santhwanam charitable Trust, Reg. No.2205, Chathamangalam,  
Kozhikode

&

KMCT Ayurveda Medical College, Manassery, Kozhikode

## Memorandum of understanding

THE MEMORANDUM OF UNDERSTANDING is entered on the day of 19th  
November 2021

Between

SANTHWANAM CHARITABLE TRUST, Reg. No.2205,  
CHATHAMANGALAM, CALICUT

And

KMCT AYURVEDA MEDICAL COLLEGE, MANASSERY P.O, MUKKAM,  
CALICUT. PIN-673602(here in after referred to as KMCT AYURVEDA  
MEDICAL COLLEGE), represented by the Principal Dr Subhasree G H,  
KMCT AYURVEDA MEDICAL COLLEGE (Both Santhwanam and KMCT  
AYURVEDA MEDICAL COLLEGE are also jointly referred to herein as  
'Parties' and individually as 'Party')

*Subhasree*



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# KMCT AYURVEDA MEDICAL COLLEGE

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**On 19th November 2021**

WHEREAS, KMCT AYURVEDA MEDICAL COLLEGE, Kozhikode wishes to establish linkage and collaborate with Santhwanam Charitable Trust, Kozhikode on initiatives mutually valuable and beneficial to the two parties.

It is hereby AGREED as follows:

## 1. Purpose

The purpose of this MOU is to establish certain understanding of the parties in relation to the collaboration between the parties, in order to promote professional development

## 2. Definitions

2.1 Intellectual Property Rights means any rights of, including patents, knowhow, confidential information, trade secret designs, copyrights, trademarks, service marks, trade goodwill associated therewith and all rights or forms equivalent or similar effect (whether registered, unregistered or unregistrable):

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### 3. Collaboration

The collaboration shall include but not limited to.

- Ensuring support for carers and families (social protection)
- Identification allocation of resources for palliative care
- Identifying indicators and establishing monitoring of palliative care
- Identify patients who could benefit from palliative care.
- Assess and reassess patients for physical, emotional, social and spiritual distress and (re)assess family members for emotional, social, or spiritual distress:

Relieve pain and other distressing physical symptoms,

- Clarify the patient's values and determine culturally appropriate goals of care.
- Individualized, patient-centred care
- Symptomatic non-pharmacological treatment developing an individualized home-based care plan for each patient;

In some cases, providing treatments and instructing the family in this task,

- Facilitating access to supplies and medicines;
- Visiting the patient's home according to a regular schedule in order to anticipate problems and if possible, prevent them, reporting problems to a higher level and providing follow-up;
- Training the patient and family in care and comfort-giving procedures and checking that they are being carried out;

Based on the assessments, paying particular attention to ensure the availability of treatment, including for pain management.

- Answering questions, providing information and keeping records, encouraging the family to keep the patient involved in their daily life as much as possible.
- Helping/supporting/guiding the family in care and care of bedridden patients.
- Supply medicines to the patient or caregivers for use either immediately or when needed.
- Advise and educate the patients, families and community carers on how to prevent and manage common problems such as contractures and bedsores.



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MEDICAL COLLEGE



QUALITY ASSURED  
HEALTHCARE PROVIDER  
AND ACCREDITED COMPANY





# KMCT AYURVEDA MEDICAL COLLEGE

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IN WITNESS WHEREOF PARTIES HERE TO HAVE ENTERED INTO THIS AGREEMENT EFFECTIVE AS ON THIS DATE 19th November 2019

1. By The Principal, KMCT Ayurveda Medical College, Kozhikode, Kerala

Name: DR. SUBHASREE G.H

*[Signature]*

Date: 19-11-2021



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Witness:

By The Chairman, Santhwanam Reg No.2205, Chathamangalam, Kozhikode, Kerala charitable trust

Name: SUDHEER P.V

Date: 19-11-2021



Witness:

*[Signature]*

*[Signature]*



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KMCT AYURVEDA  
MEDICAL COLLEGE



REGISTRATION AND  
AFFILIATION BOARD  
AYURVEDA MEDICAL COLLEGE







**KMCT**  
**AYURVEDA MEDICAL COLLEGE**

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## DRUG ABUSE

*[Handwritten Signature]*

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**91P**



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## Drug Addiction awareness program



On the 16th of February, 2024, the NSS (National Service Scheme) unit of KMCT Ayurveda College organized a Drug Addiction Awareness Program.



*L. Anshika*  
PRINCIPAL  
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REGISTRATION NO:  
K/19/2019/MS/0001  
ISSUED ON: 16/02/2024





# KMCT AYURVEDA MEDICAL COLLEGE

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## Activity – 2021-2022

### ANTI DRUG HUMAN CHAIN AND PLEDGE AGAINST DRUGS



On November 1, 2021, the NSS (National Service Scheme) Volunteers of KMCT Ayurveda College organized an impactful event to raise awareness about the dangers of drug abuse.



*Ambika*  
PRINCIPAL  
K.M.C.T. AYURVEDA  
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RECOGNIZED AND  
AFFILIATED TO  
Kerala University of Health Sciences







**KMCT**  
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# RIGHT TO HEALTH AND EMERGING DEMOGRAPHIC ISSUES

*Arghya*

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# KMCT AYURVEDA MEDICAL COLLEGE

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## MEGA MEDICAL CAMP



**On 23/03/2024 , KMCT Ayurveda Medical College, in collaboration with the Grand Koduvally Mandalam Fest, organized a Mega Medical Camp at Koduvally.**



*Aradhya*  
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# KMCT AYURVEDA MEDICAL COLLEGE

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## Speciality medical camp for headache – 30/04/2024

**മെമ്മോറിയം (തലവേദന)**  
(കുറഞ്ഞുവരുന്ന റീമെമറൈസേഷൻ  
ബാധിക്കുന്നവരുടെയ്ക്ക്?)

- ലക്ഷണങ്ങൾ**
- > തലവേദന തുടരും
  - > തലവേദന തുടങ്ങുന്നതിന്  
പുറംകമ്പോളം വേണ്ട
  - > സ്വയം നല്ലതും തലവേദന  
തുടരും
  - > ഏറ്റവും കൂടുതൽ വേദന
  - > തലവേദന, ഹൃദി

- > റീമെമറൈസേഷൻ ക്ലിനിക്കിൽ
- > റീമെമറൈസേഷൻ ക്ലിനിക്കിൽ
- > റീമെമറൈസേഷൻ ക്ലിനിക്കിൽ

Booking Contact Number  
0602038003  
04952214664



30th April 2024  
Speciality Camp  
for Headache



*Wahab Khan*  
PRINCIPAL  
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# KMCT AYURVEDA MEDICAL COLLEGE

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## AYURVEDA MEDICAL EXPO



The Ayurveda Medical Expo, organized by KMCT Ayurveda Medical College in collaboration with Mukkam Muslim Orphanage, was held on 02/01/2024 at mukkam.



*Wahid*  
PRINCIPAL  
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# KMCT AYURVEDA MEDICAL COLLEGE

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## AYURVEDA MEDICAL CAMP FOR GERIATRIC CARE – 31/12/2023



*Chandran*  
PRINCIPAL  
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MEDICAL COLLEGE



# KMCT AYURVEDA MEDICAL COLLEGE

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## MEGA MEDICAL CAMP



On 13/11/2022, KMCT Ayurveda Medical College, in collaboration with the NSS Unit of GHSS, Nayarkuzhi, organized a Mega Medical Camp



*Amritha*  
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**25.02.2024- MANJERI**

**Kayachikitsa,Panchakarma departments conducted the camp,60 patients attended. It was very useful for the needy patients.**

SL NO	NAME OF FACULTY	NAME OF INTERNEES
1	Dr Anishma	Dr Aiswarya
2	Dr Vineetha	Dr Chaithra



*Ambr*  
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**03.04.2024- VALAYANNOOR**

**Kayachikitsa, Panchakarma departments conducted the camp, 60 patients attended. It was very useful for the needy patients.**

SL NO	NAME OF FACULTY	NAME OF INTERNEES
1	Dr Sarun Mohan	Dr Aswathy K
2	Dr Mrudula	Dr Theertha



*Arindam*  
PRINCIPAL  
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22.04.2024- MAPRAM,MAVOOR

**Kayachikitsa,Panchakarma departments conducted the camp,62 patients attended. It was very useful for the needy patients.**

SL NO	NAME OF FACULTY	NAME OF INTERNEES
1	Dr Ambujam	Dr Anita Jetto
2	Dr Aparna	Dr Harshida



*Anitha*  
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**26.03.2023-KANNADIKKAL**

**Kayachikitsa, Prasuti Tantra, Agatha Tantra departments conducted the camp, 85 patients attended. It was very useful for the needy patients.**

SL NO	NAME OF FACULTY	NAME OF INTERNEES
1	Dr Ambujam	Dr Aysha Femina
2	Dr Anjana	Dr Surya
3	Dr Aswathy sara	Dr Revathy



*Arshini*  
PRASUTI TANTRA  
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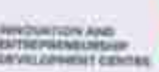
**17.11.2023-KUNNATH TEMBLE , MANASSERY**

**Kayachikitsa,Swastavritta departments conducted the camp,68 patients attended. It was very useful for the needy patients.**

SL NO	NAME OF FACULTY	NAME OF INTERNEES
1	Dr Sarun	Dr Fida
2	Dr Sijina	Dr Greena



*[Handwritten Signature]*  
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21.11.2023-EDAVANNA

Kayachikitsa, Panchakarma departments conducted the camp, 73 patients attended. It was very useful for the needy patients.

SL NO	NAME OF FACULTY	NAME OF INTERNEES
1	Dr Sarun	Dr Hafna
2	Dr Priyanka	Dr Gopika



*[Signature]*  
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## 12.1.2022- PERINGALAM, KUNNAMANGALAM

**Kayachikitsa, Shalya Tantra departments conducted the camp, 64 patients attended. It was very useful for the needy patients.**

SL NO	NAME OF FACULTY	NAME OF INTERNEES
1	Dr Najeeb T K	Dr Vismaya
2	Dr Sugeena	Dr Sreelakshmi G S
3	Dr Asif Ameen	Dr Mehnas



*Principals*  
PERINGALAM  
KMCT AYURVEDA  
MEDICAL COLLEGE



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**13.01.2022- VENNAKODE**

**Kayachikitsa, Prasuthi Tantra departments conducted the camp, 89 patients attended. It was very useful for the needy patients.**

SL NO	NAME OF FACULTY	NAME OF INTERNEES
1	Dr Aparna	Dr Yoonus
2	Dr Aswati k	Dr Kavya Joshi
3	Dr Sathyaja	Dr Krishnendu



*Aradhana*  
PRINCIPAL  
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**14.05.2022 –NARIKUNI**

**Kayachikitsa, Prasuthi Tantra departments conducted the camp, 89 patients attended. It was very useful for the needy patients.**

SL NO	NAME OF FACULTY	NAME OF INTERNEES
1	Dr Asif Ameen	Dr Mehnas
2	Dr Mrudula	Dr Akhila Ramesh
3	Dr Amrutha	Dr Athira K



*Ankita*  
PRINCIPAL  
K.M.C.T. AYURVEDA  
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**11.11.2021-CHIPILITHOD, KODENCHERY**

**Kayachikitsa, Prasuti Tantra, Panchakarma departments conducted the camp, 72 patients attended. It was very useful for the needy patients.**

SL NO	NAME OF FACULTY	NAME OF INTERNEES
1	Dr Apilanath	Dr Athira P A
2	Dr Basil	Dr Anjusha V
3	Dr Adarsh E K	Dr Dony Manuel



*Handwritten signature*  
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**28.11.2021- PULLAVOOR, KODUVALLY**

**Kayachikitsa.12.2021-MYSOORMALA,PARATHODE**

**Kayachikitsa,Panchakarma departments conducted the camp,56patients attended. It was very useful for the needy patients.**

SL NO	NAME OF FACULTY	NAME OF INTERNEES
1	Dr Asif Ameen	Dr Anusha
2	Dr Mrudula	Dr Nifina
3	Dr Suryasree	Dr Abhishek



*Abhishek*  
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26.12.2021 – MUKAVOOR

**Kayachikitsa, Swasthavrittaha, Shalakyata Tantra departments conducted the camp, 70 patients attended. It was very useful for the needy patients.**

SL NO	NAME OF FACULTY	NAME OF INTERNEES
1	Dr Sijna	Dr Anusha
2	Dr Meenu	Dr Remya
3	Dr Sreesha	Dr Nikhila



*Arshini*  
PRINCIPAL  
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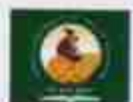
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MEDICAL CAMP 30.06.2019 – CHATHAMANGALAM



*Ambika*  
PRINCIPAL  
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MEDICAL CAMP 28.07.2019 - PANTHIRAMKAVU



*Handwritten signature*  
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Medical camp 10-08-2019 - CHATHAMANGLAM



*Christine*  
PRINCIPAL  
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## NIPUNA EYE CARE CAMP

7/12/2019 AT KMCT AYURVEDA MEDICAL COLLEGE



**KMCT**  
AYURVEDA MEDICAL COLLEGE & HOSPITAL

### NIPUNA 2019

Continuing Medical Education

**Topic**  
Shastra and Anushastra  
Karma in shalakya Rogas

**SPEAKER** | **Dr. Fayas**  
Medical Officer (DMS)

Date: 07-12-2019 Time: 9:00 - 5:00 KMCT Ayurveda Medical College



*Aradhya*  
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## AYURVEDA PRACHARAN YATRA



On November 8, 2023, students from KMCT Ayurveda Medical College actively participated in the Ayurveda Pracharana Yatra, an event organized in association with the Department of Indian Systems of Medicine (ISM).



*Anitha*  
PRINCIPAL  
K.M.G.T. AYURVEDA  
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## RUN FOR AYURVEDA



On 10/11/2023, KMCT Ayurveda Medical College organized the "Run for Ayurveda" event in association with National Ayush Mission, a marathon aimed at promoting the benefits of Ayurveda and encouraging a healthy lifestyle among participants and the community.



*Handwritten signature in green ink.*

PRINCIPAL  
K.M.C.T. AYURVEDA  
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## AYURSPARSHAM- ACTIVITY FLOOD AREA

NILAMBUR on 5-09-2019



*Chandrasekhar*

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## AMRITHAVARSHINI- CARE FOR DISABLED CHILD- 13/12/2019



*Aradhya*

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## MAZHAKALA CHARYA - AYUR EXPO 20/07/2019



മലയാളം പ്രസിദ്ധീകരണം, വേദികാ പരിഷ്കാരം, മലയാളം അക്കാദമി സമാഹാരം കെ.എ.എ. (K.A.A.),  
 വേദികാ മലയാളം മിഷൻ (N.A.M.K.M.C.T) മലയാളം അക്കാദമി കെ.എ.എ. 1999 മലയാളം അക്കാദമി സമാഹാരം  
 കൂടെയും സഹകരിക്കുന്നുണ്ട്

# മഴക്കാലചര്യ AYUR EXPO-2019

മലയാളം പ്രസിദ്ധീകരണം: **ഡോ. പൂർണ്ണിമ കടവുണ്ടി**  
 1984-ൽ ഏ.എ.എ.എ.

മലയാളം അക്കാദമി ഏറ്റെടുത്തു: **ഡോ. വി.പി.പി.**  
 1999-ൽ മലയാളം അക്കാദമി പ്രസിദ്ധീകരിച്ചു

**20-07-2019 തിങ്കളാഴ്ച, AUP സ്കൂൾ - മലയാളം**



*Principals*  
**PRINCIPAL  
 K.M.C.T. AYURVEDA  
 MEDICAL COLLEGE**

Manassery PO, Mulkam, 673602, Kozhikode, Kerala  
 ☎ 0495-229 4664 ✉ ayurveda@kmct.edu.in  
 🌐 www.kmctayurvedacollege.org







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## **AWARENESS CLASS**

*Chandran*  
PRINCIPAL  
K.M.C.T. AYURVEDA  
MEDICAL COLLEGE

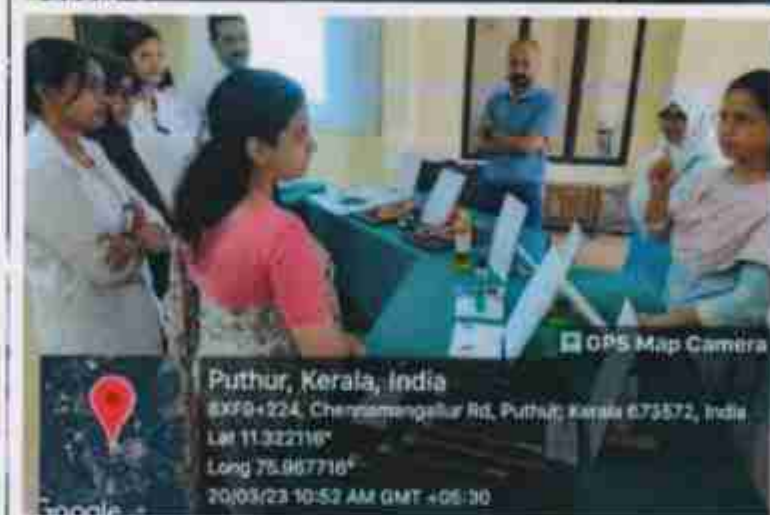




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## Oral Health and Hygiene Awareness Program



*Chithra*  
PRINCIPAL  
K.M.C.T. AYURVEDA  
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On 20th March 2023, the students of KMCT Ayurveda Medical College organized an Oral Health and Hygiene Awareness Program.



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INNOVATION AND  
ENTREPRENEURSHIP  
DEVELOPMENT CENTRE





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## Vaccination awareness program



On 16th March 2023, a Vaccination Awareness Program was conducted at Mambatta Anganwadi, aiming to educate the local community about the importance of vaccinations, particularly for children



*Aradhya*  
PRINCIPAL  
K.M.C.T. AYURVEDA  
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## Renal Disorder Awareness Program -09/03/2023



*Handwritten signature*  
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K.M.C.T. AYURVEDA  
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## Tuberculosis awareness program



*Chandran*  
K.M.C.T. AYURVEDA  
MEDICAL COLLEGE

the Swasthavritta Department of KMCT Ayurveda Medical College organized a Tuberculosis Awareness Program on 22nd March 2022.



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AIDS AWARENESS CLASS 1-12-2020



*Dr. Anitha*  
PRINCIPAL  
K.M.C.T. AYURVEDA  
MEDICAL COLLEGE

Manassery PO, Mukkam, 673602, Kozhikode, Kerala  
☎ 0495-229 4664 ✉ [ayurveda@kmct.edu.in](mailto:ayurveda@kmct.edu.in)  
🌐 [www.kmctayurvedacollege.org](http://www.kmctayurvedacollege.org)







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# BIOETHICS

*Arinim*  
PRINCIPAL  
K.M.C.T. AYURVEDA  
MEDICAL COLLEGE





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## Ayurvedic lifestyle awareness program 18/01/2024



On the 18th of January, 2024, the students of KMCT Ayurveda Medical College organized an Ayurvedic Lifestyle Awareness Program aimed at educating the public about the benefits of incorporating Ayurvedic principles into daily life



*Aradhana*  
PRINCIPAL  
K.M.C.T. AYURVEDA  
MEDICAL COLLEGE

# HUMAN VALUES AND ETHICS



Speaker

**Dr. BASIL**

ASSITANT PROFESSOR  
KMCT AMC



08 FEB 2024  
09 FEB 2024



8 AM - 5 PM



KMCT AMC



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*Dr. Basil*

PRINCIPAL  
K.M.C.T. AYURVEDA  
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# KMCT

## AYURVEDA MEDICAL COLLEGE

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### VALUE- ADDED COURSES 2023-2024

### HUMAN VALUES AND ETHICS

DATE: 8.2.24

BATCH: 2021, 2022, 2023

9.2.24

TIME: 8AM-5PM

VENUE: KMCT AMC

### ATTENDANCE SHEET

#### 2021 BATCH

SL NO	NAME OF THE STUDENT	SIGNATURE
1	Abhinav Sundar C	Abcent
2	Adheena K B	Adheena
3	Adhithya P Parames	Adhithya
4	Ajanya T K	Ajanya
5	Akhila Chandran	Akhila
6	Aleena T A	Aleena
7	Aleesha Roshni	Aleesha
8	Amaya Sreedharan A S	Amaya
9	Amina Shibilla K	Amina
10	Amritha Balu	Amritha
11	Anchu Aji L	Anchu
12	Anjanabhai T A	Anjanabhai
14	Aswin T	Aswin
15	Athulya V V	Athulya
16	Eeza S Aramangalam	Eeza
17	Fida Varamkode	Fida
18	Geethu Anilkumar	Geethu
19	Gopikamohan P	Gopikamohan
20	Irfana Fathima	Irfana
21	Irfana Nazarin K A	Irfana
22	Jessy V T	Jessy
23	Jiji L S	Jiji
24	Keerthana T M	Keerthana
25	Linsha Rosel C K	Linsha
26	Manjima Krishnan	Manjima
27	Midhun Sivan	Midhun
28	Muhammed Faris N K	Muhammed
29	Nadeera K	Nadeera
30	Nandana N	Nandana
31	Nandana Pramod	Nandana
32	Narthana S	Narthana
33	Nehla A	Nehla





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34	Nithya Maria Variath	<i>Nithya</i>
35	Robina R	<i>Robina</i>
36	Sangeeth Santhosh K	<i>Sangeeth</i>
37	Sayana C	<i>Sayana</i>
38	Sayooja Baiju B	<i>Sayooja</i>
39	Shabna S Nazeer	<i>Shabna</i>
40	Shafna A B	<i>Shafna</i>
41	Shahana Sherin T	<i>Shahana</i>
42	Shanima S	<i>Shanima</i>
43	Sheikha Nazar	<i>Sheikha</i>
44	Silpa K K	<i>Silpa</i>
45	Soofiya Beegum J	<i>Soofiya</i>
46	Sreesha P	<i>Absent</i>
47	Sreevaishnavi Saseendran	<i>Sree</i>
48	Teja Das	<i>Absent</i>
49	Varna Das	<i>Varna</i>

## 2022 BATCH

SL NO	NAME OF THE STUDENT	SIGNATURE
1	Amina Sherin	<i>Amina</i>
2	Arathy S	<i>Arathy</i>
3	Asiya F	<i>Asiya</i>
4	Athul Krishnan K	<i>Athul</i>
5	Diva Udayakumar	<i>Diva</i>
6	Fathima Shadiya	<i>Fathima</i>
7	Gopika Udayakumar	<i>Gopika</i>
8	Jilson K Job	<i>Jilson</i>
9	Jithesh G	<i>Jithesh</i>
10	Jyothi V	<i>Jyothi</i>
12	Madhuri Maruthi Jadhav	<i>Madhuri</i>
13	Misria Haris	<i>Misria</i>
14	Navanya A B	<i>Navanya</i>
15	Navya Mohan P	<i>Navya</i>
16	Priyanka	<i>Absent</i>
17	R M Arunimajyothi	<i>R M</i>
18	Rose C T	<i>Rose</i>

## 2023 BATCH

SL NO	NAME OF THE STUDENT	SIGNATURE
1	Abhinanth Kumar	<i>Abhinanth</i>
2	Abhinav P K	<i>Abhinav</i>
3	Abhiram Chackolangara	<i>Abhiram</i>







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4	Abish A R	
5	Adithya Raj	Adithya Raj
6	Adithya S	Adithya S
7	Adithya S Rajeev	Adithya S Rajeev
8	Ajuna T	Ajuna T
9	Aleena Brijji Soby	Aleena Brijji Soby
10	Anagha P	Anagha P
11	Anamika D Nair	Anamika D Nair
12	Anamika P S	Anamika P S
13	Anargha M Dinu	Anargha M Dinu
14	Aneeta Das M	Aneeta Das M
15	Anjitha S S	Anjitha S S
16	Anjitha G S	Anjitha G S
17	Ansa Anil	Ansa Anil
18	Ansari Asfiya Anjum Ghulam Hassan	Ansari Asfiya Anjum Ghulam Hassan
19	Archana A P	Archana A P
20	Ardra N	Ardra N
21	Arya Chandran	Arya Chandran
22	Arya N	Arya N
23	Aswathi K	Aswathi K
24	Aswathy T	Aswathy T
25	Athira P M	Athira P M
26	Ayshath Shumaima	Ayshath Shumaima
27	Betty Biju	Betty Biju
28	Bhagwan Sharmin Rafik	Bhagwan Sharmin Rafik
29	Bhagwan Tauseef Shaikh Asif	Bhagwan Tauseef Shaikh Asif
30	Fathima Sana Kallidumbil	Fathima Sana Kallidumbil
31	Goutham K C	Goutham K C
32	Hanna C	Hanna C
33	Harivismaya C	Harivismaya C
34	Justa Jerald	Justa Jerald
35	Kajalcleopatra	Kajalcleopatra
36	Karthik B	Karthik B
37	Karthika A S	Karthika A S
38	Khatik Aaftaf	Khatik Aaftaf
39	LakshmiGayathri R	LakshmiGayathri R
40	Lekshmi S Shaj	Lekshmi S Shaj
41	Manu M	Manu M
42	Mehboobba K A	Mehboobba K A
43	Nandana K	Nandana K
44	Nijammuddin Yasin Memon	Nijammuddin Yasin Memon
45	Nithya Raj P	Nithya Raj P
46	Padmini S	Padmini S
47	Rahul Krishna	Rahul Krishna
48	Raveena Raveendran	Raveena Raveendran
49	Rihana Sherin	Rihana Sherin







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50	Sayanthara S	
51	Shaikh Shahbaz Shaikh Ainuddin	
52	Shalima Shaji	
53	Shivani Lakshmi	
54	Sivani K S	
55	Taha Rashid	
56	Tassur Raja Abdul Wahid Mansuri	
57	Thasni N	



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## PERSONALITY AND STRESS MANAGEMENT PROGRAM



As part of the Student Support and Guidance Program (SSGP), a session on "Personality and Stress Management" was conducted on 17th May 2023 at KMCT Ayurveda Medical College.



*Let's learn*  
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MEDICAL COLLEGE



**KMCT**  
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Speaker

**DR. NAJEEB**

Associate Professor  
Shalyatantra Department  
KMCT AMC

# PALLIATIVE CARE AND SUPPORT

25 NOVEMBER 2022 | 09am-12pm | COLLEGE AUDITORIUM



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KMCT Medical College Campus, Mukkam Kozhikode - 673602  
[www.kmctayurvedacollege.org](http://www.kmctayurvedacollege.org)



*Omshree*  
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### ADD ON COURSES 2022-2023

### PALLIATIVE CARE AND SUPPORT

DATE: 25.11.22

BATCH: 2018, 2020, 2021

TIME: 9-12 PM

VENUE: COLLEGE AUDITORIUM

### ATTENDANCE SHEET

### 2018 BATCH

SL NO	NAME OF THE STUDENT	SIGNATURE
1	Abun V S	Abun
2	Adithya Raj	Adithya
3	Afra S	Afra
4	Aiswarya Bhaskaran	Aiswarya
5	Ajanya Aravind	Ajanya
6	Akhila Remesh	Akhila
7	Akshara Gopan S	Akshara
8	Akshaya K P	Akshaya
9	Anu Yohanan	Anu
10	Anuvinda K P	Anuvinda
11	Aparna C Das	Aparna
12	Aparna U	Aparna
13	Ardra T P	Ardra
14	Arunima K	Arunima
15	Arya Lakshmi Wilson	Arya
16	Ashin V S	Ashin
17	Ashley Shaji	Ashley
18	Aswathi V Satheesh	Aswathi
19	Aswathy K	Aswathy
20	Aysha Shafna K	Aysha
21	Bhavya A S	Bhavya
22	Chaithra T	Chaithra
23	Chinmay K	Chinmay
24	Chippy Joseph	Chippy
25	Devapriya M P	Devapriya
26	Faseela Usman	Faseela
27	Fathima Fathana C	Fathima
28	Fathima Shana K	Fathima
29	Fathima Shareef	Fathima
30	Gopika G	Gopika
31	Hafna	Hafna
32	Hereena Maria Morris	Hereena



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33	Harsha V G	[Signature]
34	Hiba Razak	[Signature]
35	Hida Parveen K C	[Signature]
36	Irfana C	[Signature]
37	Midhila Sajeev A	[Signature]
38	Mohammed Fayis K K	[Signature]
39	Nahala Nalakath	[Signature]
40	Nahila Fathima	[Signature]
41	Nazrin T	[Signature]
42	Nida Razak	[Signature]
43	Nithya B S	[Signature]
44	Rakendu A	[Signature]
45	Reshma A R	[Signature]
46	Revathy S	[Signature]
47	Roshana Abdul Salam	[Signature]
48	Sabira Rasheed	[Signature]
49	Sahla Shahanas C	[Signature]
50	Sandra C G	[Signature]
51	Sandra P	[Signature]
52	Sarah Yousaffali	[Signature]
53	Sneha K P	[Signature]
54	Sree Lekshmi P	[Signature]
55	Sreelakshmi Sujan	[Signature]
56	Sreya Unni C	[Signature]
57	Syama S Nath	[Signature]
58	Theertha K V	[Signature]
59	Umekha Unnikrishnan	[Signature]
60	Vismaya P	[Signature]

## 2020 BATCH

SL NO	NAME OF THE STUDENT	SIGNATURE
1	A B Ajmin	[Signature]
2	Ahila Noushad	[Signature]
3	Aiswarya A	[Signature]
4	Alan Surya A	[Signature]
5	Albina Johnson	[Signature]
6	Alisha Jimmy	[Signature]
7	Aneena Joy	[Signature]
8	Aneetta Jacob	[Signature]
9	Anishma S Prasad	[Signature]
10	Anju V P	[Signature]
11	Anuja Mol J	[Signature]







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12	Anupama T	<i>[Signature]</i>
13	Anusha K	<i>[Signature]</i>
14	Anusree P	<i>[Signature]</i>
15	Ardra Bharath	<i>[Signature]</i>
16	Ardra K	<i>[Signature]</i>
17	Ayswarya P C	<i>[Signature]</i>
18	Chaithanya V A	<i>[Signature]</i>
19	Devika V	<i>[Signature]</i>
20	Dhanasree U S	<i>[Signature]</i>
21	Diya Das K	<i>[Signature]</i>
22	Elite Tess Lonappan	<i>[Signature]</i>
23	Fathima Jumana Jebin K	<i>[Signature]</i>
24	Fathima Safa N	<i>[Signature]</i>
25	Febina Shereen	<i>[Signature]</i>
26	Gayathri Prasanth	<i>[Signature]</i>
27	Gayathri V P	<i>[Signature]</i>
28	Gokul Krishna V R	<i>[Signature]</i>
29	Harsha Muhammed M R	<i>[Signature]</i>
30	Hilda	<i>[Signature]</i>
31	Hridya E	<i>[Signature]</i>
32	Indhu R	<i>[Signature]</i>
33	Jenika C G	<i>[Signature]</i>
34	Jyothika B C	<i>[Signature]</i>
35	K G Anupama Krishnan	<i>[Signature]</i>
36	Kavya Madhavan	<i>[Signature]</i>
37	Kavya V	<i>[Signature]</i>
38	Lakshmi L	<i>[Signature]</i>
39	Megha Mohan	<i>[Signature]</i>
40	Nadiya Sainu	<i>[Signature]</i>
41	Niveditha K M	<i>[Signature]</i>
42	Parvathy M Dev	<i>[Signature]</i>
43	Radhika K R	<i>[Signature]</i>
44	Sajeena	<i>[Signature]</i>
45	Sayana Lal	<i>[Signature]</i>
46	Shehina Fadusha	<i>[Signature]</i>
47	Simrin P	<i>[Signature]</i>
48	Sona P J	<i>[Signature]</i>
49	Soorya A	<i>[Signature]</i>
50	Sreekutty R	<i>[Signature]</i>
51	Sreevani E S	<i>[Signature]</i>
52	Vidyasree k	<i>[Signature]</i>
53	Vismaya Viswanath	<i>[Signature]</i>





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## 2021 BATCH

SL NO	NAME OF THE STUDENT	SIGNATURE
1	Abhinav Sundar C	[Signature]
2	Adheena K B	[Signature]
3	Adhithya P Parames	[Signature]
4	Ajanya T K	[Signature]
5	Akhila Chandran	[Signature]
6	Aleena T A	[Signature]
7	Aleesha Roshni	[Signature]
8	Amaya Sreedharan A S	[Signature]
9	Amina Shibilla K	[Signature]
10	Amritha Balu	[Signature]
11	Anchu Aji L	[Signature]
12	Anjanabhai T A	[Signature]
14	Aswin T	[Signature]
15	Athulya V V	[Signature]
16	Eeza S Aramangalam	[Signature]
17	Fida Varamkode	[Signature]
18	Geethu Anilkumar	[Signature]
19	Gopikamohan P	[Signature]
20	Irfana Fathima	[Signature]
21	Irfana Nazarin K A	[Signature]
22	Jessy V T	[Signature]
23	Jiji L S	[Signature]
24	Keerthana T M	[Signature]
25	Linsha Rosel C K	[Signature]
26	Manjima Krishnan	[Signature]
27	Midhun Sivan	[Signature]
28	Muhammed Faris N K	[Signature]
29	Nadeera K	[Signature]
30	Nandana N	[Signature]
31	Nandana Pramod	[Signature]
32	Narthana S	[Signature]
33	Nehla A	[Signature]
34	Nithya Maria Variath	[Signature]
35	Robina R	[Signature]
36	Sangeeth Santhosh K	[Signature]
37	Sayana C	[Signature]
38	Sayooja Baiju B	[Signature]
39	Shabna S Nazeer	[Signature]
40	Shafna A B	[Signature]
41	Shahana Sherin T	[Signature]





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42	Shanima S	<i>Shanima</i>
43	Sheikha Nazar	<i>Abirah</i>
44	Silpa K K	<i>Silpa</i>
45	Soofiya Beegum J	<i>Beegum</i>
46	Sreesha P	<i>Sreesha</i>
47	Sreevaishnavi Saseendran	<i>Saseendran</i>
48	Teja Das	<i>Teja</i>
49	Varna Das	<i>Varna</i>



*Shanima*  
PRINCIPAL  
K.M.C.T. AYURVEDA  
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# MEDICAL ETHICS

SPEAKER

**DR VIVEK**

ASSISTANT PROFESSOR  
AGADATANTRA DEPT  
KMCT AMC

11 DECEMBER 2020

10:00AM - 12:00PM

COLLEGE AUDITORIUM



KMCT Medical College Campus, Mukkam Kozhikode - 673602  
[www.kmctayurvedacollege.org](http://www.kmctayurvedacollege.org)



*Ambika*  
PRINCIPAL  
KMCT AYURVEDA  
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### ADD ON COURSE 2020-2021

### MEDICAL ETHICS

DATE: 11.12.20

TIME: 10-12PM

BATCH: 2016 and 2018

VENUE: College Auditorium

### ATTENDANCE SHEET 2016 BATCH

SL NO	NAME OF THE STUDENT	SIGNATURE
1	Abhirami Radhakrishnan	Abhirami
2	Abin Johny	Abin
3	Ahalya Suresh A	Ahalya
4	Akhila Remanan	Akhila
5	Akshara E	Akshara
6	Akshay K	Akshay
7	Alfia Arshad	Alfia
8	Anavadhya J Prakash	Anavadhya
9	Anitha C U	Anitha
10	Anitta Jetto	Anitta
11	Anju Rahna K	Anju
12	Arya Kirshnan	Arya
13	Athira K	Athira
14	Ayisha C	Ayisha
15	Aysha Shahna	Aysha
16	Bavana Gopinath	Bavana
17	Bushina	Bushina
18	Famine Zackariya	Famine
19	Fasina Bindiya RM	Fasina
20	Gopika T Panicker	Gopika
21	Hanan Hamza	Hanan
22	Harshida	Harshida
23	Hridhya Thilakan	Hridhya
24	Megha Pillai	Megha
25	Mehnas Ahammed	Mehnas
26	Mehnaz Noushad	Mehnaz
27	Nasny Kurshid	Nasny
28	Nayana M	Nayana
29	Nikhila N K	Nikhila
30	Nimisha P	Nimisha
31	Niranjana K	Niranjana





# KMCT

## AYURVEDA MEDICAL COLLEGE

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32	Panchami Rajeev	
33	Rasha Zehara Abdul Gafoor	
34	Ruksana P K	
35	Sachin A M	
36	Sahla P C	
37	Sai Nandana M C	
38	Sajidha Baby	
39	Saniya Said	
40	Sayand A S	
41	Shahma N	
42	Sourav N Mohan	
43	Sreeparvathi K S	
44	Sumayya Nazar	
45	Sunecesh V S	
46	Thasneem	
47	V Rezvana Razak	
48	Yasmin K C	

### 2018 BATCH

Sl No	Name Of The Student	Signature
1	Abun V S	
2	Adithya Raj	
3	Afra S	
4	Aiswarya Bhaskaran	
5	Ajanya Aravind	
6	Akhila Remesh	
7	Akshara Gopan S	
8	Akshaya K P	
9	Anu Yohanan	
10	Anuvinda K P	
11	Aparna C Das	
12	Aparna U	
13	Ardra T P	
14	Arunima K	
15	Arya Lakshmi Wilson	
16	Ashin V S	
17	Ashley Shaji	
18	Aswathi V Satheesh	
19	Aswathy K	
20	Aysha Shafna K	
21	Bhavyya A S	
22	Chaithra T	
23	Chinmay K	

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24	Chippy Joseph	
25	Devapriya M P	
26	Faseela Usman	
27	Fathima Farhana C	
28	Fathima Shana K	
29	Fathima Shareef	
30	Gopika G	
31	Hafna	
32	Hereena Maria Morris	
33	Harsha V G	
34	Hiba Razak	
35	Hida Parveen K C	
36	Irfana C	
37	Midhila Sajeev A	
38	Mohammed Fayis K K	
39	Nahala Nalakath	
40	Nahila Fathima	
41	Nazrin T	
42	Nida Razak	
43	Nithya B S	
44	Rakendu A	
45	Reshma A R	
46	Revathy S	
47	Roshana Abdul Salam	
48	Sabira Rasheed	
49	Sahla Shahanas C	
50	Sandra C G	
51	Sandra P	
52	Sarah Yousaffali	
53	Sneha K P	
54	Sree Lekshmi P	
55	Sreelakshmi Sujan	
56	Sreya Unni C	
57	Syama S Nath	
58	Theertha K V	
59	Umekha Unnikrishnan	
60	Vismaya P	



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# KMCT AYURVEDA MEDICAL COLLEGE

KAMC/2841/2021

28/04/2021

To,

The Honourable District Collector  
Kozhikode District

Respected Sir,

As per the directions from your esteemed office, KMCT Ayurveda Medical College has converted to Covid 19 Hospital with effect from 01.05.2021. So we are in need of Government order from District Administration for the purpose of producing at KUHS and CCIM as early as possible.

Please do the needful

Thanking you

K M C T Sir

Yours faithfully

functioning as Covid  
Hospital. Ayurveda  
Med cell building is  
also used for the purpose

Sarba k/-

District Collector  
Kozhikode



  
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**REGIONAL LEVEL AYURVEDA COVID 19 RESPONSE CELL (RACRC)**

**KANNUR (NORTH REGION)**

- Chairperson : Dr. Anny Yohannan, Principal, Govt. Ayurveda College, Kannur.
- Regional Co-ordinator : Dr. Ajithkumar K C, District Programme Manager, NAM, Kannur.
- Members :
1. District Medical Officer (Ayurveda) of the region - Dr. Manzoor K M, DMO (ISM), Kozhikkod.
  2. District Programme Manager of National AYUSH Mission or CMO (Ayurveda) - Dr. A Ramachandran, CMO, GAH, Irinavu, Kannur.
  3. One senior Professor from Govt. Ayurveda College in the region - Dr. Sheela, Professor, Department of Swasthavritam, Govt. Ayurveda College, Kannur.
  4. One senior doctor from Indian system of Medicine in the region - Dr. E V Sudheer, GAD, Pappinissery, Kannur.
  5. One representative from major professional organisation of Ayurveda doctors in Kerala - Dr. V G Udayakumar, (Former Executive Committee Member CCIM) Aarabhi, Areekkal, Edarikkode, Malappuram, Pin - 676 501.
  6. One representative from Ayurveda Industry from the region - Sri. C. Prakasan, Managing Director, Pattiams Ayurvedics, Pattiam Social Service Society, Kannur.
  7. Senior eminent clinical practitioner from the region - Dr. Bhavadasan Nambuthiri, Idoozhi Ayurveda Nursing Home, Mayyil, Kannur.



*Anny Yohannan*  
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3. One Senior faculty from each of the nearest Ayurveda College -
  - 1) Dr. M V Vinod Kumar, Professor, VPSV Ayurveda College, Kottakkal, Malappuram.
  - 2) Dr. Rahul R Nair, Associate Professor, Ashtangam Ayurveda Medical College, Vavannur, Koottanadu.
4. One representative from the major professional organisation of Ayurveda doctors in Kerala - Dr. Habeebulla, Secretary, Ayurveda Medical Association of India, Malappuram.
5. Two senior eminent clinical practitioners from the district :
  1. Dr. Madhavan, Thirur, Malappuram.
  2. Dr. Rahmathulla, Kottakkal Ayurveda Nursing Home, Changuvetty, Kottakkal, Malappuram.
6. Health Standing Committee Chairman from Dist. Panchayath.

#### KOZHICKODE

- District Chairman : Dr. Manzoor, DMO, Kozhikkode.
- District Co-ordinator : Dr. Praveen, MO, GAD Kattippara, Kozhikkode.
- Members :
1. District Programme Manager, National AYUSH Mission - Dr. Sugeshkumar G S, DPM, Kozhikkode.
  2. One Senior Doctor from Indian Systems of Medicine in the District - Dr. Rajesh N, SMO, GAD Purameri, Kozhikkode.
  3. One Senior faculty from nearest Ayurveda College - Dr. Subin, Associate Professor, KMCT Ayurveda Medical College, Mukkam, Kozhikkode.
  4. One representative from the major professional organisation of Ayurveda doctors in Kerala - Dr. Sudheer M, Secretary, Ayurveda Medical Association of India, Kozhikkode.



*Aradhya*  
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## Covid 19 - Break the chain campaign



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## Ayur raksha clinic covid 19 treatment plan



*Andhra*  
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ACTIVITY 2019-2020

## PREVENTION AGAINST COVID 19



*Handwritten signature in green ink.*

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