



# KMCT

## AYURVEDA MEDICAL COLLEGE

Affiliated to MCI(M) and AFFILIATED TO BHU(BANGLA HINDU UNIVERSITY) OF HEALTH SCIENCES.

**TO WHOM SO EVER IT MAY CONCERN**

This is to certify that the information in the attached documents is verified by me and is true to the best of my knowledge.





### **3.2.2**

### **Report of the workshops/seminars**





# KMCT

## AYURVEDA MEDICAL COLLEGE

Approved by MCI and Affiliated to Kerala University of Health Sciences

2021-2022

*Dr. S. S. S. S. S.*

PRINCIPAL  
KMCT AYURVEDA  
MEDICAL COLLEGE





**Infection control training**

ACTIVITY REPORT : "Infection control training"

Venue: Auditorium

Date: 6/8/2021

Speaker: Dr Anupama A.

Summary: The "Infection control training" class conducted in the college was led by Dr. Anupama. The training session focused on educating participants about the importance of infection control measures in various settings, particularly within educational institutions like colleges. Dr. Anupama likely covered topics such as proper hand hygiene, disinfection protocols, personal protective equipment usage, and strategies to prevent the spread of infectious diseases. The training aimed to enhance the knowledge and skills of the participants in effectively managing and controlling infections to create a safer and healthier environment within the college community.

List of faculties

S.NO.	FACULTY NAME	DEPT.	sign
1	Dr. Rathesh V V	Samhita and Siddanta	
2	Dr. Kishore S	Samhita and Siddanta	
3	Mrs. Prajisha T	Samhita and Siddanta	
4	Dr. Vigin P C	Rasayanasareera	
5	Dr. Archana Radhakrishnan	Rasayanasareera	
6	Dr. Jaseeta C	Kriyasaareera	
7	Dr. Basil P Jacob	Kriyasaareera	
8	Dr. P M Dinesh Kumar	Dravyaguna	
9	Dr. Deepa K K	Dravyaguna	
10	Dr. Sreelakshmi S	Dravyaguna	
11	Dr. T N Harikrishnan	Rasasudha and Bhizashayakalpana	
12	Dr. Suganya P	Rasasudha and Bhizashayakalpana	
13	Dr. Sarat K Babu	Rogodidana	
14	Dr. Sobhairae G H	Agad Tantra	
15	Dr. Vivek K	Agad Tantra	
16	Dr. Anjana Molan	Agad Tantra	
17	Dr. Suresh V S	Swasthavrittha	
18	Dr. Sujata V P	Swasthavrittha	
19	Dr. Suman Molan	Kayachikitsa	
20	Dr. Vinodha N	Kayachikitsa	
21	Dr. Arathi V	Panchakarma	
22	Dr. Priyanka P S	Panchakarma	
23	Dr. Neetu J K	Satiyatnamma	
24	Dr. Anjana R	Kaumaraabhyutsa	





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## AYURVEDA MEDICAL COLLEGE

Approved by NCBM and affiliated to Kerala University of Health Sciences

### Covid 19 protocols in Ayurveda practice"

ACTIVITY REPORT "Covid 19 protocols in Ayurveda practice"

Venue: Auditorium

Date: 31/08/2021

Speaker: Dr Jasir Ahammed N

**Summary:** The session taken by Dr Jasir Ahammed likely focused on the specific protocols and guidelines that Ayurvedic practitioners should follow in the context of the Covid-19 pandemic. These protocols may include recommendations for patient care, safety measures, hygiene practices, and treatment approaches aligned with Ayurvedic principles. The class aimed to educate healthcare professionals, particularly those practicing Ayurveda, on how to effectively manage and adapt their practices in response to the challenges posed by the Covid-19 situation.

#### List of faculties

S.NO.	FACULTY NAME	DEPT.	sign
1	Dr. Rathieeth V V	Sambutha and Siddhanta	
2	Dr. Rishmaya S	Sambutha and Siddhanta	
3	Mrs. Prajisha T	Sambutha and Siddhanta	
4	Dr. Vipin P C	Rachanasareera	
5	Dr. Archana Radhakrishnan	Rachanasareera	
6	Dr. Jascena C	Kryasareera	
7	Dr. Basil P Jacob	Kryasareera	
8	Dr. P M Dinesh Kumar	Dravyaguna	
9	Dr. Deepa K. K.	Dravyaguna	
10	Dr. Suganya P	Rasayana and Bhaishajyakalpana	
11	Dr. Sarat K Babu	Rogividhana	
12	Dr. Subhasree G H	Agad Tantra	
13	Dr. Vivek K	Agad Tantra	
14	Dr. Anjana Mohan	Agad Tantra	
15	Dr. Suresh V S	Swasthavrittu	
16	Dr. Sujna V P	Swasthavrittu	
17	Dr. Sarun Mohan	Kayachikitsa	
18	Dr. Vineetha N	Kayachikitsa	
19	Dr. Arathi V	Panchakarma	
20	Dr. Priyanka P S	Panchakarma	
21	Dr. Najeeb T K	Salyatantra	
22	Dr. Anjana R	Kutamarubhitya	

ACCREDITED BY  
K.M.C.T. AYURVEDA  
MEDICAL COLLEGE





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## AYURVEDA MEDICAL COLLEGE

Approved by NCISM and Affiliated to Kerala University of Health Sciences

### ACADEMIC YEAR 2021-2022

#### PROFESSIONAL DEVELOPMENT /ADMINISTRATIVE TRAINING

#### ACTIVITY REPORT: DIAGNOSTIC TOOL FOR RA

VENUE: Lecture hall - 1/Neft - acr

DATE - 5/5/2022

SPEAKER - DR SHIBU VARGHESE

SUMMARY: An informative class on "DIAGNOSTIC TOOL FOR RA" was taken by Dr Shibu Varghese for teaching staff. The program was very informative and gave an idea on the diagnostic techniques used for the diagnosis of RA.

#### List of faculties

SI NO.	FACULTY NAME	DEPT.	sign
1	Dr. Ratheesh V V	Samvitha and Siddhanta	
2	Dr. Vipin P C	Rachanasareera	
3	Dr. Archana Radhakrishnan	Rachanasareera	
4	Dr. Sudhagopalan	Kriyasareera	
5	Dr. Jascena C	Kriyasareera	
6	Dr. P M Dinesh Kumar	Dravyaguna	
7	Dr. Deepa K K	Dravyaguna	
8	Dr. T N Harikrishnan	Rasavasthra and Bhaishajyakalpana	
9	Dr Suganya P	Rasavasthra and Bhaishajyakalpana	
10	Dr Sarat K Babu	Rogindana	
11	Dr. Nidhin V	Rogindana	
12	Dr Subhasree G H	Agad Tantra	
13	Dr. Suresh V S	Swasthavritta	
14	Dr. Saran Muthuram	Kayachikitsa	
15	Dr. Vineetha N	Kayachikitsa	
16	Dr. Adarsh E K	Panchakarma	
17	Dr. Ranjith R P	Prasutitutra	
18	Dr. D Sheela	Praekshatutra	
19	Dr. Sabu S	Kocharabhatiya	
20	Dr. Ajayna R	Kocharabhatiya	





**ACADEMIC YEAR 2021-2022**

PROFESSIONAL DEVELOPMENT /ADMINISTRATIVE TRAINING

ACTIVITY REPORT: AYURVEDA RESEARCH METHODOLOGY

VENUE: Lecture hall

DATE - 11/3/2022

SPEAKER - DR PRADEEP K

**SUMMARY:** An informative class on "AYURVEDA RESEARCH METHODOLOGY" was taken by Dr Pradeep K for teaching staff. The program gave an overview on Ayurveda research methodology and the importance of research in the health care field.

List of faculties

SENO.	FACULTY NAME	DEPT.	Signature
1.	Dr. Ratheesh V V	Samhita and Siddhanta	Ratheesh
2.	Dr. Rishmya S	Samhita and Siddhanta	Rishmya
3.	Dr. Anishma	Samhita and Siddhanta	Anishma
4.	Mrs. Prajista T	Samhita and Siddhanta	Prajista
5.	Dr. Vipin P C	Rachanasaareera	Vipin
6.	Dr. Archana Radhakrishnan	Rachanasaareera	Archana
7.	Dr. Jagannath C	Kriyasareeta	Jagannath
8.	Dr. Basid P Jacob	Kriyasareeta	Basid
9.	Dr. P M Dinesh Kumar	Dravyaguna	Dinesh Kumar
10.	Dr. Deepa K K	Dravyaguna	Deepa
11.	Dr. Sreelakshmi S	Dravyaguna	Sreelakshmi
12.	Dr. T N Harikrishnan	Rasasasthra and Bhauithayakalpana	T N Harikrishnan
13.	Dr. Suganya P	Rasasasthra and Bhauithayakalpana	Suganya
14.	Dr. Sabina S	Koumarabhritya	Sabina
15.	Dr. Sarat K Balu	Rignidana	Sarat
16.	Dr. Nellu V	Rignidana	Nellu
17.	Dr. Betsy Baby	Rignidana	Betsy Baby
18.	Dr. Subhainav G H	Agad Tantra	Subhainav
19.	Dr. Viveek K	Agad Tantra	Viveek
20.	Dr. Anjana Mohan	Agad Tantra	Anjana
21.	Dr. Suresh V S	Swasthavritta	Suresh
22.	Dr. Sijna V P	Swasthavritta	Sijna
23.	Dr. Sarun Mohan	Kayachikitsa	Sarun
24.	Dr. Vincentu N	Kayachikitsa	Vincentu



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## AYURVEDA MEDICAL COLLEGE

Approved by NISCM and Affiliated to KMC, University of Health Sciences.

### ACADEMIC YEAR 2021-2022

#### PROFESSIONAL DEVELOPMENT / ADMINISTRATIVE TRAINING

#### ACTIVITY REPORT: BREATHING TECHNIQUE IMPORTANCE IN POST COVID

VENUE: Lecture hall - Yoga Hall

DATE - 30/12/2021

SPEAKER - Dr Sujna V.P.

**SUMMARY:** An informative class on "BREATHING TECHNIQUE IMPORTANCE IN POST COVID" was taken by Dr Sujna V.P the teaching staff. The program gave an overview on Breathing technique and its Importance in Post Covid period.

List of faculties

S.NO.	FACULTY NAME	DEPT.	Signature
1	Dr. Sarat K Babu	Rognidata	<i>Open T</i> <i>circle</i>
2	Dr. Nithin V	Rognidata	<i>circle</i>
3	Dr. Betsy Baby	Regnidana	<i>B</i> <i>circle</i>
4	Dr. Subhasree G H	Ayad Tantra	<i>JK</i>
5	Dr. Vivek K	Ayad Tantra	<i>Vivek K</i>
6	Dr. Anjana Mohan	Ayad Tantra	<i>Anjana Mohan</i>
7	Dr. Suresh V S	Swasthavridha	<i>S</i>
8	Dr. Sarah Mohan	Kayachikitsa	<i>Dr. Sarah</i>
9	Dr. Mridula J	Kayachikitsa	<i>Mridula J</i>
10	Dr. Adarsh E K	Panchakarma	<i>Adarsh E K</i>
11	Dr. Anithi V	Panchakarma	<i>Anithi V</i>
12	Dr. Priyanka P S	Panchakarma	<i>Priyanka P S</i>
13	Dr. Nagash T K	Salyatantra	<i>Nagash T K</i>
14	Dr. Meenu P R	Shalakyatantra	<i>Meenu P R</i>
15	Dr. Aswathy K	Prasutitantra	<i>Aswathy K</i>
16	Dr. Aswathy Sara Varghese	Prasutitantra	<i>Aswathy Sara Varghese</i>
17	Dr. Suhin S	Koumarabhrithya	<i>Suhin S</i>
18	Dr. Anjana R	Koumarabhrithya	<i>Anjana R</i>



*Dr. Sujna V.P.*  
PROFESSOR  
K.M.C.T. AYURVEDA  
MEDICAL COLLEGE  
KANNUR  
Kerala  
INDIA



**ACADEMIC YEAR 2021-2022**

PROFESSIONAL DEVELOPMENT /ADMINISTRATIVE TRAINING

ACTIVITY REPORT AYURVEDA RESEARCH METHODOLOGY

VENUE: Lecture hall

DATE - 11/3/2022

SPEAKER – DR. PRADEEP K.

SUMMARY: An informative class on "AYURVEDA RESEARCH METHODOLOGY" was taken by Dr Pradeep K for teaching staff. The program gave an overview on Ayurveda research methodology and the importance of research in the health care field.

List of faculties

SENO	FACULTY NAME	DEPT.
1	Dr. Rathheesh V.V	Santhita and Siddhanta
2	Dr. Rishmaya S	Santhita and Siddhanta
3	Dr. Anushma	Santhita and Siddhanta
4	Mrs. Pragya T	Santhita and Siddhanta
5	Dr. Virgin P.C	Rachanavireesa
6	Dr. Archana Radhakrishnan	Rachanavireesa
7	Dr. Jaseena C	Kriyasaareem
8	Dr. Basil P Jacob	Kriyasaareem
9	Dr. P.M.Dinesh Kumar	Dravyaguna
10	Dr. Deepa K.K	Dravyaguna
11	Dr. Sreelakshmi S	Dravyaguna
12	Dr. T.N.Harikrishnan	Rasashastra and Bhaishajyakalpana
13	Dr. Suganya P	Rasashastra and Bhaishajyakalpana
14	Dr. Subha S	Kousharabhrithya
15	Dr. Sarita K. Hathi	Rognidhan
16	Dr. Nadhir V	Rognidhan
17	Dr. Betsy Baby	Rognidhan
18	Dr. Subhasree G.H	Agad Tantra
19	Dr. Vivek K	Agad Tantra
20	Dr. Anjana Mohan	Agad Tantra
21	Dr. Suresh V.S	Swasthavrittha
22	Dr. Sengi V.P	Swasthavrittha
23	Dr. Sarun Mohan	Kayachikitsa
24	Dr. Vinodha N	Kayachikitsa



PROOF



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## AYURVEDA MEDICAL COLLEGE

Approved by NCM&H and Affiliated to MGRS University of Health Sciences

### HEALTHY DIETING

#### ACTIVITY REPORT HEALTHY DIETING

VENUE: Lecture hall - Webinar

DATE - 7/9/2021

SPEAKER - Dr.Drishyanjali J

SUMMARY: An informative class on "HEALTHY DIETING" was taken by Dr.Drishyanjali J for teaching staff. The program gave an overview on healthy dieting.

#### List of faculties

S.NO.	FACULTY NAME	DEPT.	
1.	Dr. Ratheesh V.V	Samhita and Siddhanta	<i>Rat</i>
2.	Dr. Raniya S	Samhita and Siddhanta	<i>Raniya</i>
3.	Dr. Archana Radhakrishnan	Rachanashastra	<i>Archana</i>
4.	Dr. Jaseena C	Kriyavareem	<i>Jaseena</i>
5.	Dr. Basil P Jacob	Kriyavareem	<i>Basil</i>
6.	Dr. P.M.Dinesh Kumar	Dravyaguna	<i>Dinesh Kumar</i>
7.	Dr. Deepa K.K	Dravyaguna	<i>Deepa</i>
8.	Dr. Snehalakshmi S	Dravyaguna	<i>Snehalakshmi</i>
9.	Dr. T.N.Harikrishnan	Rasashastra and Bhaishajyakalpam	<i>T.N.Harikrishnan</i>
10.	Dr. Suganya P	Rasashastra and Bhaishajyakalpam	<i>Suganya</i>
11.	Dr. Anjana R	Koumarabuthya	<i>Anjana</i>
12.	Dr. Sarat K.Babu	Rogadana	<i>Sarat</i>
13.	Dr. Subbarao G.H	Agad Tantra	<i>Subbarao</i>
14.	Dr. Vivek K	Agad Tantra	<i>Vivek</i>
15.	Dr. Anjana Mohan	Agad Tantra	<i>Anjana</i>
16.	Dr. Suresh V.S	Swasthavrittu	<i>Suresh</i>
17.	Dr. Siva V.P	Swasthavrittu	<i>Siva</i>
18.	Dr. Sarun Mohan	Kayachikitsa	<i>Sarun</i>
19.	Dr. Meenakshi J	Kayachikitsa	<i>Meenakshi</i>
20.	Dr. Adarsh E.K	Panchakarma	<i>Adarsh</i>
21.	Dr. Meenu P.R	Shalakyatantra	<i>Meenu</i>
22.	Dr. Aswathy K	Praunitantra	<i>Aswathy</i>
23.	Dr. Aswathy Sara Varghese	Praunitantra	<i>Aswathy</i>
24.	Dr. Subin S	Koumarabuthya	<i>Subin</i>





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## AYURVEDA MEDICAL COLLEGE

Approved by NIOSM and Affiliated to Kerala University of Health Sciences

### PROFESSIONAL DEVELOPMENT /ADMINISTRATIVE TRAINING

#### ACTIVITY REPORT PRE CONCEPTIONAL CARE

VENUE: Lecture hall – *Faculty room*  
DATE - 8/9/2021

SPEAKER – Dr Jeney C

**SUMMARY:** An informative class on "PRE CONCEPTIONAL CARE - AYURVEDA" was taken by Dr Jeney C for teaching staff. The program gave an overview on Pre conceptional care.

#### List of faculties

SI NO.	FACULTY NAME	DEPT.
1	Dr. Rishmaya	Samhita and Sodhana
2	Dr. Vipin P.C.	Rasayanareera
3	Dr. Archana Radhakrishnan	Rasayanareera
4	Dr. Jeney C	Kriyasareera
5	Dr. Basil P Jacob	Kriyasareera
6	Dr. P M Dinesh Kumar	Dravyaguna
7	Dr. Deepa K.K.	Dravyaguna
8	Dr. Neelakshi S	Dravyaguna
9	Dr. T N Hari Krishnan	Bhasashtra and Brahmakalpana
10	Dr. Sarath	Rignidara
11	Dr. Betsy Baby	Rignidara
12	Dr. Subhasree G H	Agar Tantra
13	Dr. Suresh V.S.	Swaasthavireeta
14	Dr. Sunita V.P.	Swaasthavireeta
15	Dr. Sameer Mohan	Kayachikitsa
16	Dr. Mridula J	Kayachikitsa
17	Dr. Adarsh E.K	Panchakarma
18	Dr. Naresh P.K.	Selvatantra
19	Dr. Meenu P.R	Shilakyan tantra
20	Dr. Aswathy K	Prasutitantra
21	Dr. Aswathy Sara Varghese	Prasutitantra
22	Dr. Subin S	Keumarabrithya
23	Dr. Anjana R	Keumarabrithya



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### New trends in Ayurvedic geriatric care

**ACTIVITY REPORT: "New trends in Ayurvedic geriatric care"**

Venue: Auditorium

Date: 23/09/2021

Speaker: Dr Adarsh K.

Summary: Dr. Adarsh took a class on "New trends in Ayurvedic geriatric care" as part of a quality improvement program. The class likely focused on emerging trends and advancements in Ayurvedic care for the elderly population. Topics may have included holistic approaches to geriatric health, personalized treatment plans, lifestyle modifications, herbal remedies, and integrative practices to enhance the well-being of elderly individuals. Participants may have gained insights into innovative strategies for promoting healthy aging and improving the quality of life for geriatric patients through Ayurvedic principles.

#### List of faculties

SENO.	FACULTY NAME	DEPT.	sign
1.	Dr. Rithveesh V V	Somnath and Siddhanta	
2.	Dr. Rishmiya S	Somnath and Siddhanta	
3.	Mrs. Pragathi J	Somnath and Siddhanta	
4.	Dr. Yogan P T	Rasayanaanya	
5.	Dr. Archana Radhakrishnan	Rasayanaanya	
6.	Dr. Jyotsna T	Kriyaayurveda	
7.	Dr. Basil P Jacob	Kriyaayurveda	
8.	Dr. P M Uresh Kumar	Dosayogam	
9.	Dr. Deepa K K	Dosayogam	
10.	Dr. Sreelekshmi S	Dosayogam	
11.	Dr. T N Hanckrishnan	Rasayasta and Bhavajayakalpana	
12.	Dr. Suganya P	Rasayasta and Bhavajayakalpana	
13.	Dr. Sarat K Dube	Reproductive	
14.	Dr. Subhashini G H	Agad Tantra	
15.	Dr. Vivek K	Agad Tantra	
16.	Dr. Anjana Mehan	Agad Tantra	
17.	Dr. Surendra V S	Swasthavanya	
18.	Dr. Sujata V P	Swasthavanya	
19.	Dr. Savitri Mehan	Kriyaayurveda	
20.	Dr. Vinayena S	Kriyaayurveda	
21.	Dr. Arathi V	Panchakarma	
22.	Dr. Priyanka P S	Panchakarma	
23.	Dr. Nagesh J K	Salyanayaka	
24.	Dr. Anjanu R	Koumarabhritya	



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## AYURVEDA MEDICAL COLLEGE

Approved by NCIAM and Affiliated to Kerala University of Health Sciences.

### Questionnaire validation

#### ACTIVITY REPORT: "Questionnaire validation"

Venue: Auditorium    *Stephens Hall*

Date: 25/01/2022

Speaker: Dr Anupama Krishnan

Summary: Dr. Anupama Krishnan led a class on questionnaire validation programs. The session likely covered the process of validating questionnaires, ensuring their reliability and accuracy in research studies. Participants may have learned about the importance of validation methods, such as pilot testing, factor analysis, and reliability testing, to ensure the effectiveness of the questionnaire in gathering relevant data. The class likely provided insights into best practices for validating questionnaires and the significance of this process in research methodology.

#### List of faculties

S.NO.	FACULTY NAME	DEPT.	sign
1.	Dr. Rathesh V.V.	Santhita and Siddha	<i>Rathesh</i>
2.	Dr. Rishmya S	Santhita and Siddha	<i>Rishmya</i>
3.	Dr. Vipin P.C.	Rachanasaaranya	<i>Vipin</i>
4.	Dr. Archana Radhakrishnan	Rachanasaaranya	<i>Archana</i>
5.	Dr. Jaseena C	Kriyasareera	<i>Jaseena</i>
6.	Dr. Basil P Jacob	Kriyasareera	<i>Basil</i>
7.	Dr. P.M Dinesh Kumar	Dravyaguna	<i>Dinesh</i>
8.	Dr. Deepa K.K	Dravyaguna	<i>Deepa</i>
9.	Dr. Sriyakalvini S.	Dravyaguna	<i>Sriyakalvini</i>
10.	Dr. T.N. Harikrishnan	Rasasastra and Bhaishajyakalpana	<i>T.N.Hari</i>
11.	Dr. Sugeeta P	Rasasastra and Bhaishajyakalpana	<i>Sugeeta</i>
12.	Dr. Sarat K. Babu	Rogindran	<i>Sarat</i>
13.	Dr. Sujna V.P	Swasthavitha	<i>Sujna</i>
14.	Dr. Sarun Mohan	Kayachikitsa	<i>Sarun</i>
15.	Dr. Vinodha N	Kayachikitsa	<i>Vinodha</i>
16.	Dr. Arathi V	Panchakarma	<i>Arathi</i>
17.	Dr. Priyanka P.S	Panchakarma	<i>Priyanka</i>
18.	Dr. Nageeth T.K	Salyantra	<i>Nageeth</i>
19.	Dr. Anjana R	Koumarabhrithya	<i>Anjana</i>



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MEDICAL COLLEGE



**ACADEMIC YEAR 2021-2022**

**PROFESSIONAL DEVELOPMENT /ADMINISTRATIVE TRAINING**

**ACTIVITY REPORT: IMPORTANCE OF AGNI**

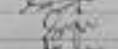
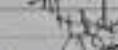
**VENUE:** Lecture hall

**DATE -** 12/10/2021

**SPEAKER -** Dr Hakkim P (Associate professor, Pariyaram ayurveda college)

**SUMMARY:** An informative class on "IMPORTANCE OF AGNI " was taken by Dr Hakkim P for teaching staff. The program gave an overview on importance of agni and its clinical importance.

**LIST OF FACULTIES**

<b>SI NO.</b>	<b>FACULTY NAME</b>	<b>DEPT.</b>	
1.	Dr. Rishmiya	Sambhitam and Siddhanta	
2.	Mrs. Prajisha T	Sambhitam and Siddhanta	
3.	Dr. Vipin P C	Rachanasareera	
4.	Dr. Archana Radhakrishnan	Rachanasareera	
5.	Dr. Jaseena C	Kriyasareera	
6.	Dr. Sreelakshmi S	Dravyaguna	
7.	Dr. Sugeeta	Rasasastra and Bhanshayakalpana	
8.	Dr. Sarat K Babu	Rognidhana	
9.	Dr. Nidhin V	Rognidhana	
10.	Dr. Anjana Mohan	Agad Tantra	
11.	Dr. Suresh V S	Swasthavrittha	
12.	Dr. Sujata V P	Swasthavrittha	
13.	Dr. Aparna J	Kayachikitsa	
14.	Dr. Mridula J	Kayachikitsa	
15.	Dr. Priyanka P S	Panchakarma	
16.	Dr. Najeeb I K	Salyavardha	



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ACADEMIC YEAR 2021-2022

PROFESSIONAL DEVELOPMENT ADMINISTRATIVE TRAINING

## ACTIVITY REPORT: DERMATITIS

VENUE: Lecture hall

DATE - 26/11/2021

SPEAKER: Dr Naresh Kumar

**SUMMARY:** An informative class on "DERMATITIS" was taken by Dr. Najeeba Riyas for teaching staff.

### List of faculties

S.I.NO.	FACULTY NAME	DEPT.	
1.	Dr. Rathgesh V.V	Sambhita and Sishanta	<i>Rathgesh</i>
2.	Dr. Roshniya S	Sambhita and Sishanta	<i>Roshniya</i>
3.	Dr. Anishma	Sambhita and Sishanta	<i>Anishma</i>
4.	Mrs. Prajisha T	Sambhita and Sishanta	<i>Prajisha</i>
5.	Dr. Vipin P.C	Rachanaswara	<i>Vipin</i>
6.	Dr. Archana Radhakrishnan	Rachanaswara	<i>Archana</i>
7.	Dr. Jaseena C	Kriyaswara	<i>Jaseena</i>
8.	Dr. Basil P Jacob	Kriyaswara	<i>Basil</i>
9.	Dr. P M Dinesh Kumar	Dravyaguna	<i>Dinesh</i>
10.	Dr. Deepa K.K	Dravyaguna	<i>Deepa</i>
11.	Dr. Madhu J	Kriyachikitsa	<i>Madhu</i>
12.	Dr. Adarsh F.K	Panchakarma	<i>Adarsh</i>
13.	Dr. Arathi V	Panchakarma	<i>Arathi</i>
14.	Dr. Priyanka P.S	Panchakarma	<i>Priyanka</i>
15.	Dr. Najeeth T.K	Salyatantra	<i>Najeeth</i>
16.	Dr. Meenu P.R	Shalakyatantra	<i>Meenu</i>
17.	Dr. Aswathy K	Prasutitamtra	<i>Aswathy</i>
18.	Dr. Aswathy Saro Varghese	Prasutitamtra	<i>Aswathy Saro</i>
19.	Dr. Subin S	Koumarabhrithya	<i>Subin</i>
20.	Dr. Anjana R	Koumarabhrithya	<i>Anjana</i>



*Archae*  
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MISSIONS



Quality improvement program'

ACTIVITY REPORT - "Post Covid management in Ayurveda"

Venue: Auditorium - Seminar Hall

Date: 11/03/2022

Speaker: Dr Biju K V

Summary: Dr. Biju led a class on "Post Covid management in Ayurveda" for teaching staff. The session likely covered strategies and approaches within Ayurveda for managing health post Covid, focusing on holistic and natural methods to support recovery and well-being. Participants may have learned about specific Ayurvedic practices, herbs, diet recommendations, lifestyle modifications, and other traditional remedies to aid in post-Covid recovery and overall health maintenance.

S.NO.	FACULTY NAME	DEPT.	sign
1	Dr. Rathesh V.V	Samanya and Siddhanta	
2	Dr. Vipin P.C	Ruchanasareera	
3	Dr. Arghava Radhakrishnan	Ruchanasareera	
4	Dr. Sudhagopal	Kriyasareera	
5	Dr. Jayendra C	Kriyasareera	
6	Dr. P.M. Dinesh Kumar	Dvayagama	
7	Dr. Deepa K.K.	Dvayagama	
8	Dr. T.N. Harikrishnan	Rasayana and Bharshayakalpana	
9	Dr Suganya P	Rasayana and Bharshayakalpana	
10	Dr. Sanat K. Balu	Rogdarsh	
11	Dr. Nidhin V	Roga-darsan	
12	Dr. Subhavaree G.H	Agni-Tamma	
13	Dr. Swapnil V.S	Swasthavrittha	
14	Dr. Sarun Mohan	Kayachikitsa	
15	Dr. Vjaestha N	Kayachikitsa	
16	Dr. Adithi T.K.	Panchakarma	
17	Dr. Renjith R.P	Praaktishatra	
18	Dr. D. Shreela	Praaktishatra	
19	Dr. Susee S	Koumarabhrithya	
20	Dr. Anjana R	Koumarabhrithya	

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# Infection Control Training

06 AUG 2021 | 02 PM -04 PM

**Webinar**

*Speaker*

**Dr. Anupama A.**

Assistant Professor  
Dept. of Community medicine  
KMCT Medical College



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# COVID 19 PROTOCOLS IN **AYURVEDA PRACTICE**

31 AUG 2021 | 10 AM -12.00 PM

**Webinar**

Speaker

**Dr. Jasir Ahammed A.**

Medical Officer  
District Ayurved Hospital-Calicut



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Manassery P.O., Mukkam, 673602, Kozhikode, Kerala  
+91 0495-229-4664-55 ayurveda@kmct.edu.in



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# NEW TRENDS IN AYURVEDIC GERIATRIC CARE



Class Room - Third Year

Speaker

**Dr. Adarsh K.**

Prof. and HOD  
Dept of Panchakarma  
KMCT AMC

■ 23-09-2021 ■ 02 PM-04 PM



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# QUESTIONNAIRE VALIDATION



SEMINAR HALL

Speaker

**Dr Anupama Venkman**

Associate professor  
VPZV Ayurveda College

■ 25-01-2022 • 10Am -12.00PM



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# Pre conceptional care



College Auditorium



08-09-2021



10AM-12:00PM

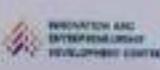
Speaker

**Dr. Jency C.**

Senior Resident, Obg. Ang Gync.  
K.M.C.T Medical College



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*Dr. Jency C.*  
K.M.C.T AYURVEDA  
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0495-229 4664 | [ayurveda@kmct.edu.in](mailto:ayurveda@kmct.edu.in)



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DEVELOPMENT  
CENTRE





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# Healthy Dieting

09 JULY 2021 | 02 PM -04 PM

**Webinar**

*Speaker*

**Dr. Drishyanjali J.**

Lifestyle specialist



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# Importance of **AGNI**

12-10-2021 • 02-04PM

Speaker

## Dr. Hakkim P.

Assistant Professor  
Govt. Ayurveda College-Kannur



SEMINAR HALL



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# DERMATITIS



Seminar Hall

26-11-2021

02 am - 04 pm

Speaker

**Dr Najeeba Riyas**

Prof and HOD, Dermatology  
K M C T Medical College



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*Dr. N. Riyas*  
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# BREATHING TECHNIQUE IMPORTANCE IN POST COVID

Yoga Hall

**Dr Sijna V.P**

Assistant Professor  
K M C T A M C

30-12-2021

9:30-11.00 am



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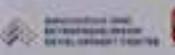
YUP

Dr. Sijna V.P.  
K M C T A Y U R V E D A  
M E D I C A L C O L L E G E

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# Ayurveda **RESEARCH METHODOLOGY**

Speaker

**Dr. Pradeep K.**

11-03-2022

10 Am -12.00PM



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# POST COVID MANAGEMENT IN *Ayurveda*

SEMINAR HALL

SPEAKER  
**Dr Biju K.V.**

SMC  
Govt. Hospital Pannikottur

■ 11-03-2022 ■ 02 PM-04 PM



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# DIAGNOSTIC TOOL\_RA

**WEBINAR**

05-05-2022 02-04PM

Speaker

**Dr. Shibu Varghese**

Professor  
Dept. of Panchakaram  
Nangall Ayurveda Medical college



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