

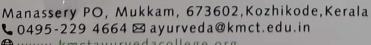
Approved by NCISM and Affiliated to Kerala University of Health Sciences.

## TO WHOM SO EVERIT MAY CONCERN

This is to certify that the information in the attached documents is verified by me and is true to the best of my knowledge.



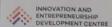




⊕ www.kmctayurvedacollege.org













Approved by NCISM and Affiliated to Kerala University of Health Sciences.

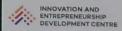
## DETAILS OF PROMOTIONAL MEASURES UNDERTAKEN FOR EACH **ACTIVITY**



Manassery PO, Mukkam, 673602, Kozhikode, Kerala **L** 0495-229 4664 ⊠ ayurveda@kmct.edu.in @www.kmctayurvedacollege.org











Approved by NCISM and Affiliated to Kerala University of Health Sciences.

The Department of Swasthavritta organizes Camps, Awareness programs, and Yoga sessions to discuss many issues concerning the senses and the function of the mind in the causation of illnesses, as well as ways for controlling the mind such as Counselling, Meditation, and others. These programs were conducted to the Jailers, Geriatric age group, KMCT staff and students and OPD patients to live Stress free and healthy life.

SI.NO	LOCATION	AWARENESS
1.	CALICUT	20
2.	THUSHARAGIRI	45
3.	MANASSERY	22
4.	MAIKAVU	41
5.	KODUVALLY	38
6.	KATTANGAL	25

## MENTAL HEALTH PROGRAM -BENEFICIARIES IN DIFFERENT CENTERS





Manassery PO, Mukkam, 673602, Kozhikode, Kerala • 0495-229 4664 

ayurveda@kmct.edu.in ⊕ www.kmctayurvedacollege.org





