

KMCT AYURVEDA MEDICAL COLLEGE

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TO WHOM SO EVERIT MAY CONCERN

This is to certify that the information in the attached documents is verified by me and is true to the best of my knowledge.

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INNOVATION AND
ENTREPRENEURSHIP
DEVELOPMENT CENTRE





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**EFFORTS OF THE INSTITUTION TOWARDS CONSERVATION AND
VALIDATION OF LOCAL HEALTH TRADITIONS DURING THE
LAST FIVE YEARS**

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SUVARNAPRASHANA SAMSKARA

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Dept. of Kaumarabhrtya had organized Suvarnaprashanasamskara on 27th February 2024



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GUEST LECTURE ON CLINICAL NEPHROLOGY IN AYURVEDA

Prath



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Dept.of Kayachikitsa & Dept.of Dravyaguna had organized a Guest lecture on clinical nephrology in ayurveda on 9th march 2023



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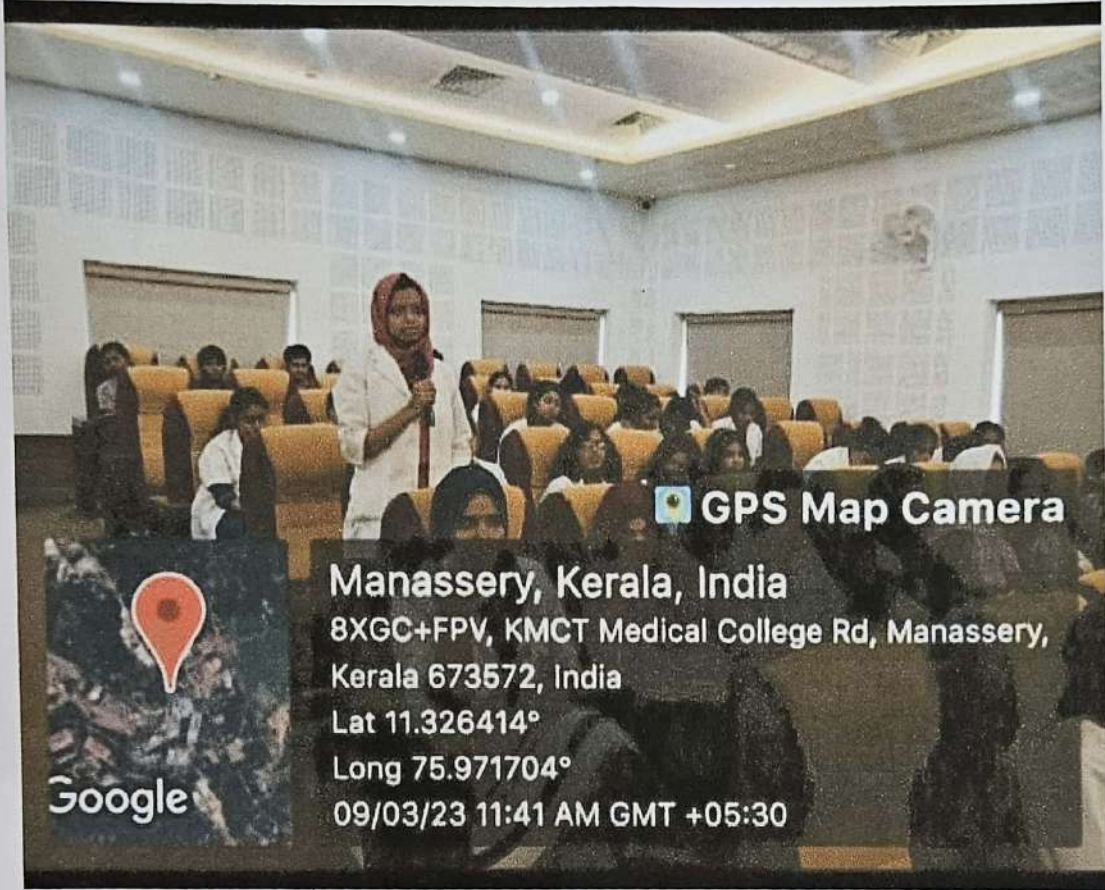
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Anil Kumar

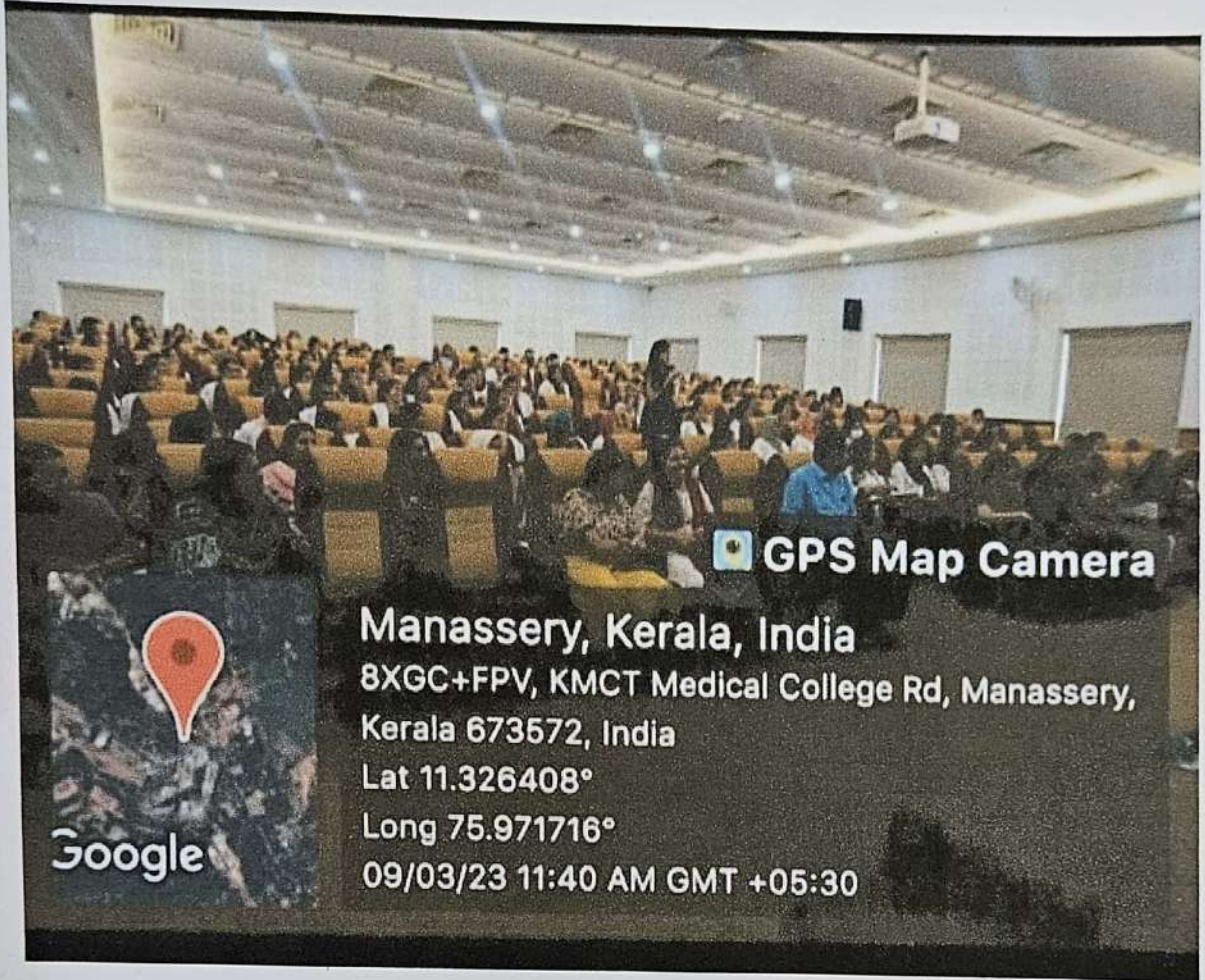
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GPS Map Camera



Manassery, Kerala, India
8XGC+FPV, KMCT Medical College Rd, Manassery,
Kerala 673572, India
Lat 11.326408°
Long 75.971716°
09/03/23 11:40 AM GMT +05:30



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WORKSHOP ON KIZHI

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Workshop on kizhi-An ancient wisdom to modern wellness organized by
Dept.of pachakarma on 21st December 2023



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WORKSHOP ON DEVELOPMENT OF INNOVATION ECOSYSTEM IN AYURVEDA



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Workshop on development of innovation ecosystem in Ayurveda organized by IEDC Unit of KMCTAMC on 9th December 2022



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**GUEST LECTURE ON STRESS IN WORKING WOMEN THROUGH
AYURVEDA**

Abdulla



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Guest lecture on Stress in working women through Ayurveda organized by Dep.of Kaya chikitsa on 8th March 2021



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BASIC LIFE SUPPORT TRAINING IN AYURVEDA

Arbhar

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Basic Life support Training in Ayurveda Organized by Dep.of Kayachikitsa on 9th January 2020



Aravind

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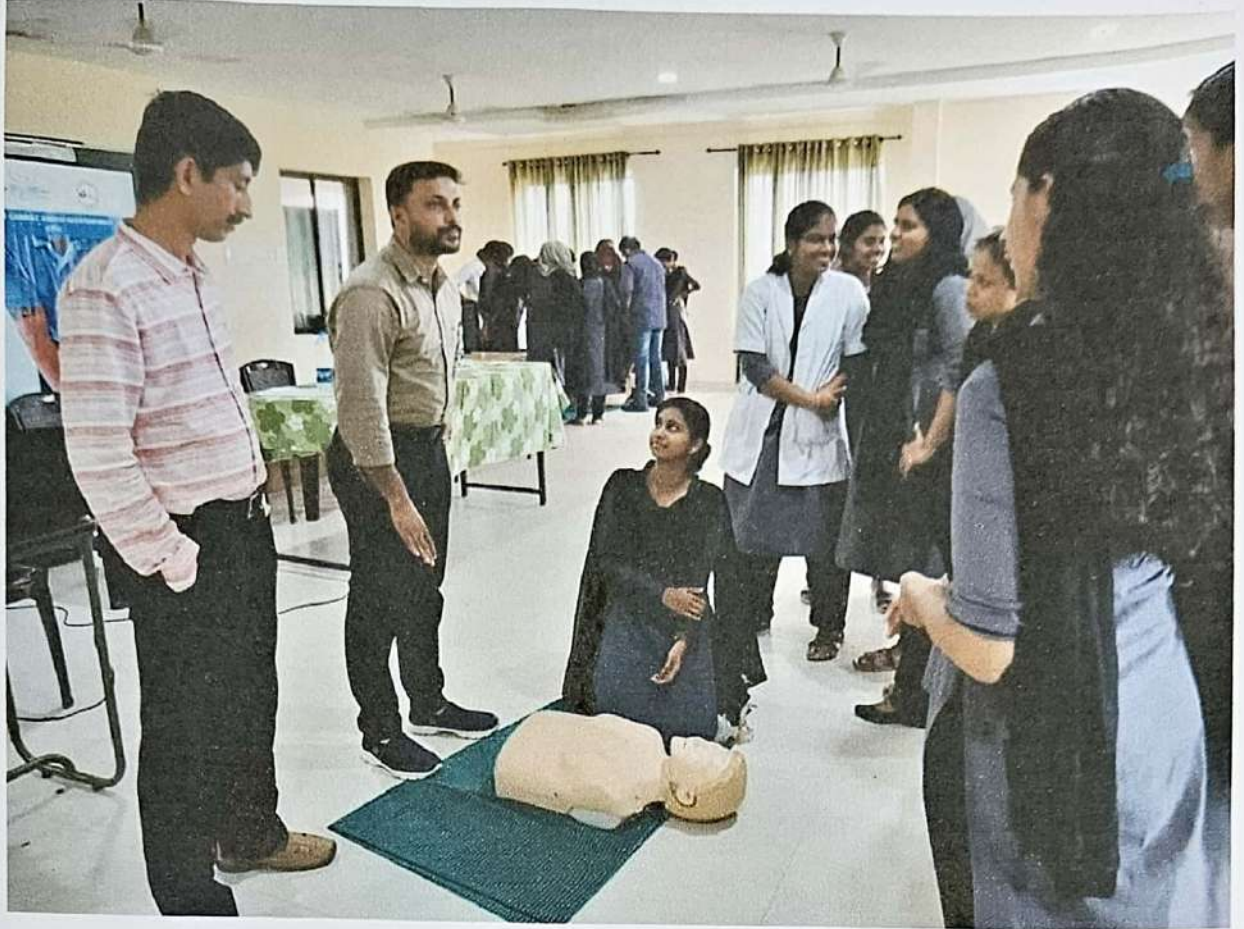
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WORKSHOP ON SHASTRA AND ANUSHAstra KARMA IN SHALAKYA ROGAS

Aradhya



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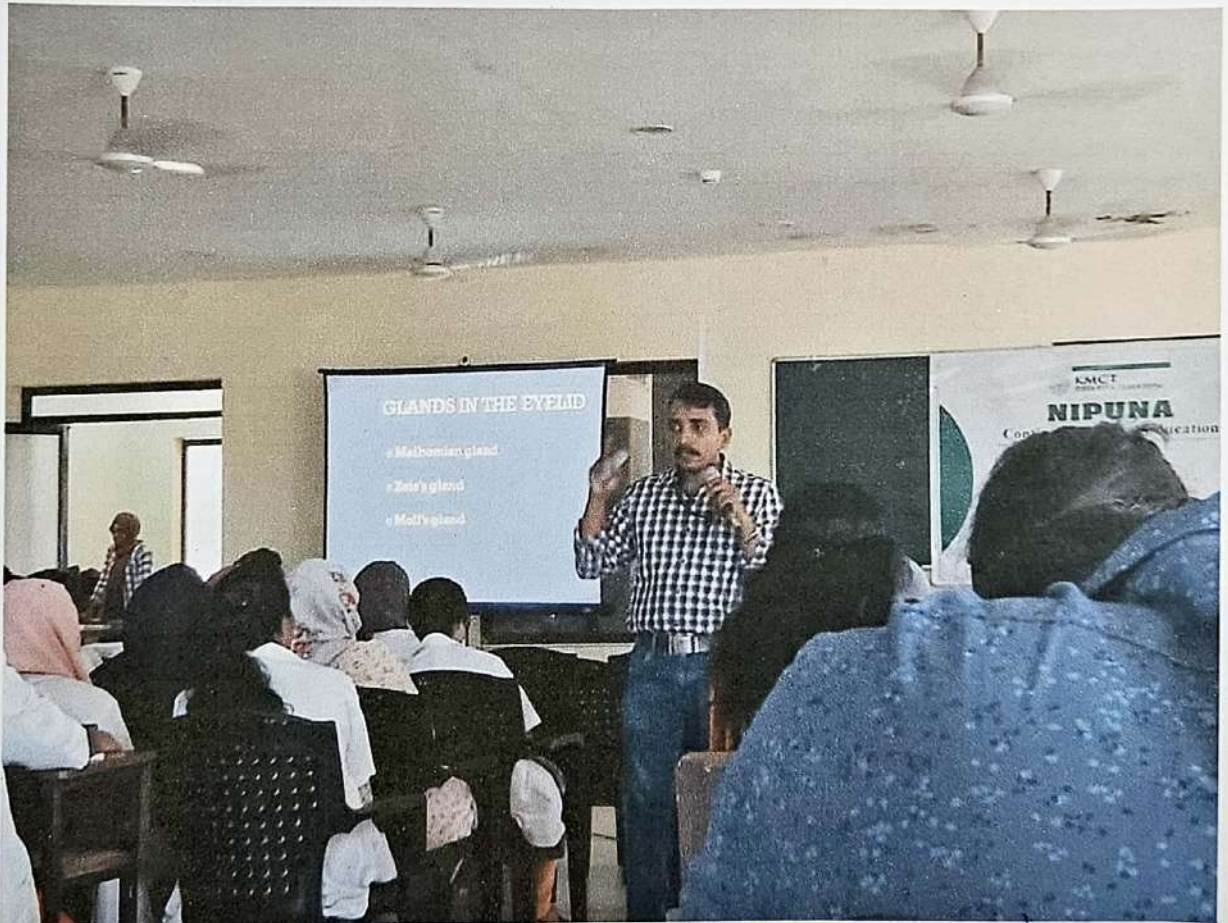




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Workshop on Shastra and Anushastra karma in Shalakya rogas organized by
Dep.of Shalakyatantra 6 th December 2019



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GUEST TALK ON STRESS IN WORKING WOMEN

A good interactive session about mental health and stress in working woman was led by Dr. Aswini. P.K on march 8th 2021. Managing stress effectively is crucial, and strategies such as seeking support from mentors or counselors, practicing self-care, setting boundaries, and finding ways to relax can be helpful. 38 students participated.

1	Fathima Farhana C
2	Fathima Shana K
3	Fathima Shareef
4	Gopika G
5	Hafna
6	Hereena Maria Morris
7	Harsha V G
8	Hiba Razak
9	Hida Parveen K C
10	Irfana C
11	Midhila Sajeev A
12	Mohammed Fayis K K
13	Nahala Nalakath
14	Nahila Fathima
15	Nazrin T
16	Nida Razak
17	Nithya B S
18	Rakendu A
19	Reshma A R
20	Revathy S
21	Roshana Abdul Salam
22	Sabira Rasheed
23	Sahla Shahanas C
24	Sandra C G
25	Sreya Unni C
26	Syama S Nath
27	Athira Biju
28	Athira D
29	Ayisha Femina T K
30	Binsha M F
31	Devapriya T V
32	Dhana Ashraf
33	Mahima S S
34	Megha Krishnan
35	Manassery Mina Dasheer K C

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36	Mizreen Fathima
37	Muhsina M T
38	Murshida C P

Murshida
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Year 2022 -2023

Awareness on ROLE OF AYURVEDA IN PUBLIC health

On 23rd February 2023, KMCT Ayurveda Medical College hosted a seminar titled "Role of Ayurveda in Public Health Programs," presented by Dr. Praveen, a respected Medical Officer with extensive experience in public health and Ayurveda. The seminar was organized to provide students with insights into how Ayurveda can be effectively utilized in public health initiatives to promote holistic well-being. Dr. Praveen began his presentation by discussing the foundational principles of Ayurveda and its emphasis on maintaining balance within the body, mind, and spirit. He explained how these principles align with modern concepts of preventive healthcare and can be applied in public health programs to address various health challenges. 60 students were participated.

1.	AbunVS
2.	AdithyaRaj
3.	AfraS
4.	AiswaryaBhaskaran
5.	AjanyaAravind
6.	AkhilaRemesh
7.	AksharaGopanS
8.	AkshayaKP
9.	AnuYohanan
10.	AnuvindaKP
11.	AparnaCDas
12.	AparnaU
13.	ArdraTP
14.	ArunimaK
15.	AryaLakshmiWilson
16.	AshinVS
17.	AshleyShaji
18.	AswathiVSatheesh
19.	AswathyK
20.	AyshaShafiqK
21.	BhavyaAS
22.	ChaithraT
23.	ChinmayK
24.	ChippyJoseph
25.	DevapriyaMP
26.	Faseela Usman
27.	FathimaFarhanaC
28.	FathimaShanaK
29.	FathimaShareef
30.	GopikaG
31.	Haflna

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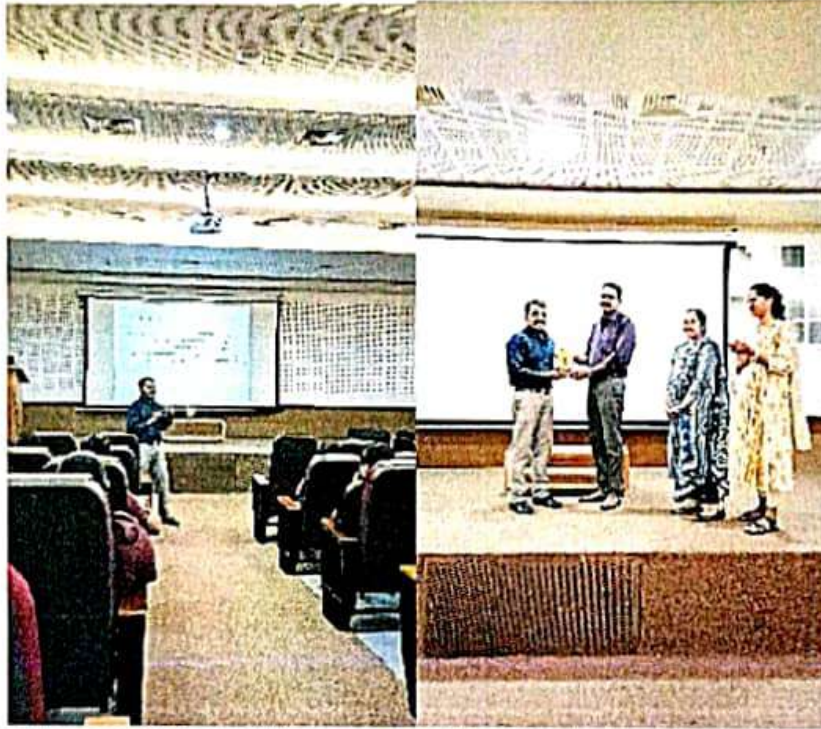


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Outreach Activity – 2022-2023

Awareness on ROLE OF AYURVEDA IN PUBLIC health

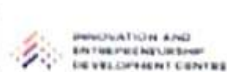


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Oral Health and Hygiene Awareness Program

On 20th March 2023, the students of KMCT Ayurveda Medical College organized an Oral Health and Hygiene Awareness Program. The initiative was part of the college's efforts to promote public health and educate the community on the importance of maintaining good oral hygiene. The program aimed to spread awareness about oral health, prevention of dental diseases, and the role of Ayurveda in maintaining oral hygiene. The program commenced with an inaugural session, where the faculty advisor and student representatives welcomed the participants. The importance of oral health as a key aspect of overall well-being was emphasized. The session set the tone for the day's activities by underlining the need for regular dental care and the prevention of oral diseases.

1.	AdheenaKB
2.	AdhithyaP Parames
3.	AjanyaTK
4.	AkhilaChandran
5.	AleenaTA
6.	AleeshaRoshni
7.	AmayaSreedharanA S
8.	Amina ShibillaK
9.	AmrithaBalu
10.	AnchuAji L
11.	AnjanabhaiTA
12.	AswinT
13.	AthulyaVV
14.	EezaSAramangalam
15.	FidaVaramkode
16.	GeethuAnilkumar
17.	GopikamohanP
18.	IrfanaFathima
19.	IrfanaNazarinKA
20.	JessyVT
21.	Jiji LS
22.	KeerthanaTM
23.	LinshaRoselC K
24.	ManjimaKrishnan
25.	MidhunSivan
26.	MuhammedFarisNK
27.	NadeeraK



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Oral Health and Hygiene Awareness Program



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On 20th March 2023, the students of KMCT Ayurveda Medical College organized an Oral Health and Hygiene Awareness Program.



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REGULATION AND
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PERSONALITY AND STRESS MANAGEMENT PROGRAM

As part of the Student Support and Guidance Program (SSGP), a session on "Personality and Stress Management" was conducted on 17th May 2023 at KMCT Ayurveda Medical College. The session was facilitated by Mr. Pranav Raj P, a Consultant Clinical Psychologist from KMCT Medical College, and was attended by students from the 2021 and 2022 batches. The primary objective of the session was to help students develop a better understanding of their personalities and equip them with effective strategies for managing stress. The session aimed to promote mental well-being among students and provide them with tools to handle academic and personal challenges more effectively. 84 students were attended.

1.	NahilaFathima
2.	NazrinT
3.	NidaRazak
4.	NithyaBS
5.	RakenduA
6.	ReshmaAR
7.	RevathyS
8.	AdheenaKB
9.	AdhithyaP Parames
10.	AjanyaTK
11.	AkhilaChandran
12.	AleenaTA
13.	AleeshaRoshni
14.	AmayaSreedharanA S
15.	Amina ShibillaK
16.	AmrithaBalu
17.	AnchuAji L
18.	AnjanabhaiTA
19.	AswinT
20.	AthulyaVV
21.	EezaSaramangalam
22.	FidaVaramkode
23.	GeethuAnilkumar
24.	GopikamohanP
25.	IrfanaFathima
26.	IrfanaNazarinKA
27.	JessyVT
28.	Jiji LS
29.	KeerthanaTM
30.	LinshaRoselC K
31.	ManjimaKrishnan
32.	MidhunSivan
33.	MuhammedFarisNK



Pranav Raj P
PRANAV RAJ P
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37.	MidhilaSajeevA
38.	MohammedFayisKK
39.	NahalaNalakath
40.	NahilaFathima
41.	NazrinT
42.	NidaRazak
43.	NithyaBS
44.	RakenduA
45.	ReshmaAR
46.	RevathyS
47.	RoshanaAbdul Salam
48.	SabiraRasheed
49.	SahlaShahanasC
50.	SandraC G
51.	SandraP
52.	SarahYousaffali
53.	SnehaKP
54.	SreeLekshmi P
55.	SreelakshmiSujan
56.	SreyaUnniC
57.	SyamaSNath
58.	TheerthaKV
59.	UmekhaUnnikrishnan
60.	VismayaP

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PERSONALITY AND STRESS MANAGEMENT PROGRAM



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SEASONAL NUTRITIONAL PROGRAM

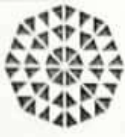
On the 23rd of November, 2023, the NSS (National Service Scheme) unit of KMCT Ayurveda Medical College organized a Seasonal Nutritional Program. The event aimed to educate students, faculty, and the local community about the importance of seasonal nutrition in maintaining health and preventing diseases. The program highlighted how eating seasonally and incorporating Ayurvedic principles into one's diet can enhance overall well-being. The program was planned and organized by the NSS volunteers in collaboration with the faculty of KMCT Ayurveda Medical College. The event included expert talks, interactive sessions, and a demonstration of seasonal recipes. It was well-publicized within the college and the surrounding community to encourage participation.

1.	AdheenaKB
2.	AdhithyaP Parames
3.	AjanyaTK
4.	AkhilaChandran
5.	AleenaTA
6.	AleeshaRoshni
7.	AmayaSreedharanA S
8.	Amina ShibillaK
9.	AmrithaBalu
10.	AnchuAji L
11.	AnjanabhaiTA
12.	AswinT
13.	AthulyaVV
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16.	GeethuAnilkumar
17.	GopikamohanP
18.	IrfanaFathima
19.	IrfanaNazarinKA
20.	JessyVT
21.	Jiji LS
22.	KeerthanaTM
23.	LinshaRoselC K
24.	ManjimaKrishnan
25.	MidhunSivan
26.	MuhammedFarisNK
27.	NadeeraK
28.	NandanaN
29.	NandanaPramod
30.	NarthanaS
31.	NehlaA
32.	NithyaMariaVariath
33.	AminaSherin

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34.	ArathyS
35.	AsiyaF
36.	AthulKrishnanK
37.	DivaUdayakumar
38.	FathimaShadiya
39.	GopikaUdayakumar
40.	JilsonKJob
41.	JitheshG
42.	JyothiV
43.	MadhuriMaruthiJadhav
44.	MisriaHaris
45.	NavanyaAB
46.	NavyaMohanP
47.	RMArunimajyothi
48.	RoseCT

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SEASONAL NUTRITIONAL PROGRAM



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Ayurvedic lifestyle awareness program 18/01/2024

On the 18th of January, 2024, the students of KMCT Ayurveda Medical College organized an Ayurvedic Lifestyle Awareness Program aimed at educating the public about the benefits of incorporating Ayurvedic principles into daily life. The event focused on promoting natural health practices, preventive care, and overall well-being through Ayurveda, the ancient Indian system of medicine. The program commenced with an inaugural session where the Principal of KMCT Ayurveda Medical College delivered a welcome address. The Principal emphasized the relevance of Ayurveda in today's fast-paced world and the importance of holistic health.

SlNo.	Name
1	ABAjmin
3	AhilaNoushad
4	AiswaryaA
5	AlanSuryaA
6	AlbinaJohnson
7	AlishaJimmy
8	AneenaJoy
9	AneettaJacob
10	AnishmaSPrasad
11	AnjuVP
12	AnujaMolJ
13	AnupamaT
14	AnushaK
15	AnusreeP
16	ArdraBharath
17	ArdraK
18	AyswaryaP C
19	ChaithanyaVA
20	DevikaV
21	DhanasreeU S
22	DiyaDasK
23	EliteTessLonappan
24	FathimaJumanaJebin K
25	FathimaSafaN
26	FebinaShereen
27	GayathriPrasanth
28	GayathriVP
29	GokulKrishnaVR
30	HarshaMuhammedM R



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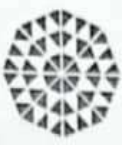
Drug Addiction awareness program

On the 16th of February, 2024, the NSS (National Service Scheme) unit of KMCT Ayurveda College organized a Drug Addiction Awareness Program. This initiative aimed to educate students, faculty, and the local community about the dangers of drug addiction, promote healthy lifestyle choices, and encourage preventive measures to combat this growing social issue. The program was meticulously planned by the NSS volunteers with guidance from faculty members. The agenda included expert talks, interactive sessions, and a Q&A session. The event was widely promoted within the college and the surrounding

1.	AbhinanthKumar
2.	AbhinavPK
3.	AbhiramChackolangara
4.	AbishAR
5.	AdithyaRaj
6.	AdithyaS
7.	AdithyaSRajeev
8.	AjunaT
9.	AleenaBrijiSoby
10.	AnaghaP
11.	AnamikaDNair
12.	AnamikaPS
13.	AnarghaMDinu
14.	AncetaDasM
15.	AnjithaSS
16.	AnjithaGS
17.	AnsaAnil
18.	AnsariAsfiyaAnjumGhulamHassan
19.	ArchanaAP
20.	ArdraN
21.	AryaChandran
22.	AryaN
23.	AswathiK
24.	AswathyT
25.	AthiraPM
26.	AyshathShumaima
27.	BettyBiju
28.	BhagwanSharminRafik
29.	BhagwanTauseefShaikhAsif
30.	FathimaSanaKallidumbil
31.	GouthamKC
32.	HannaC
33.	HarivismayaC
34.	JustaJerald
35.	KajalCleopatra

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36.	KarthikB
37.	KarthikaAS
38.	KhatikAaftaf
39.	LakshmiGayathriR
40.	LekshmiSShaj
41.	ManuM
42.	MehboobbaKA
43.	NandanaK
44.	NijammuddinYasinMemon
45.	NithyaRajP
46.	PadminiS
47.	RahulKrishna
48.	RaveenaRaveendran
49.	RihanaSherin
50.	SayantharaS
51.	ShaikhShahbazShaikhAinuddin
52.	ShalimaShaji
53.	ShivaniLakshmi
54.	SivaniKS
55.	TahaRashid
56.	TassurRajaAbdulVahidMansuri
57.	ThasniN

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Drug Addiction awareness program



On the 16th of February, 2024, the NSS (National Service Scheme) unit of KMCT Ayurveda College organized a Drug Addiction Awareness Program.

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Greeshma rithucharya for Summer Wellness

An initiative was undertaken to distribute Ayurvedic juices aimed at promoting summer wellness and enhancing knowledge about Ayurveda-based dietary practices on 04/03/2024. The objective was to provide campus with refreshing and health-enhancing beverages while educating them about the principles of Ayurveda and its dietary recommendations for the summer season. Prior to the camp, research was conducted to identify Ayurvedic ingredients and recipes suitable for preparing summer juices. Volunteers worked together to prepare the Ayurvedic juices using the selected ingredients and following the prescribed recipes. Emphasis was placed on hygiene and food safety practices to ensure the quality of the juices.

1.	AdheenaKB
2.	AdhithyaP Parames
3.	AjanyaTK
4.	AkhilaChandran
5.	AleenaTA
6.	AleeshaRoshni
7.	AmayaSreedharanA S
8.	Armina ShibillaK
9.	AmrithaBalu
10.	AnchuAji L
11.	AnjanabhaiTA
12.	AswinT
13.	AthulyaVV
14.	EezaSaramangalam
15.	FidaVaramkode
16.	GeethuAnilkumar
17.	GopikamohanP
18.	IrfanaFathima
19.	IrfanaNazarinKA
20.	JessyVT
21.	Jiji LS
22.	KeerthanaTM
23.	LinshaRoselC K
24.	ManjimaKrishnan
25.	MidhunSivan
26.	MuhammedFarisNK
27.	NadeeraK
28.	NandanaN
29.	NandanaPramod
30.	NarthanaS
31.	NehlaA
32.	NithyaMariaVariath
33.	AnsaAnil
34.	AnsariAsfiyaAnjumGhulamHassan


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Greeshma rithucharya for Summer Wellness – 04/03/2024



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Palliative Care Workshop – Home care

A practical demonstration was conducted to illustrate key aspects of patient care, such as positioning, hygiene, and comfort measures on 05/03/2024. Participants had the opportunity to observe and practice basic caregiving techniques under supervision. Case studies were presented to stimulate critical thinking and problem-solving skills among participants. Group discussions allowed for the sharing of experiences, challenges, and best practices in providing home-based palliative care. 36 students were participated

1.	TejaDas
2.	VarnaDas
3.	AminaSherin
4.	ArathyS
5.	AsiyaF
6.	AthulKrishnanK
7.	DivaUdayakumar
8.	FathimaShadiya
9.	GopikaUdayakumar
10.	JilsonKJob
11.	JitheshG
12.	JyothiV
13.	MadhuriMaruthiJadhav
14.	MisriaHaris
15.	NavanyaAB
16.	NavyaMohanP
17.	RMArunimajyothi
18.	RoseCT
19.	AdheenaKB
20.	AdhithyaP Parames
21.	AjanyaTK
22.	AkhilaChandran
23.	AleenaTA
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30.	AswinT
31.	AthulyaVV
32.	EezaSAramangalam
33.	FidaVaramkode
34.	GeethuAnilkumar
35.	GopikamohanP
36.	IrfanaFathima


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Palliative Care Workshop – Home care



A practical demonstration was conducted to illustrate key aspects of patient care, such as positioning, hygiene, and comfort measures on 06/03/2024



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32.	EezaSAramangalam
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35.	ArchanaAP
36.	ArdraN
37.	AryaChandran
38.	AryaN
39.	AswathiK
40.	AswathyT
41.	AthiraPM
42.	AyshathShumaima
43.	BettyBiju
44.	BhagwanSharminRafik
45.	BhagwanTauseefShaikhAsif
46.	FathimaSanaKallidumbil
47.	GouthamKC

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Palliative Care Workshop – Home care



A practical demonstration was conducted to illustrate key aspects of patient care, such as positioning, hygiene, and comfort measures on 06/03/2024



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An AIDS awareness class conducted on 1-12-2020 to educate people about HIV/AIDS, including its transmission, prevention, and treatment. These classes aim to reduce stigma, promote safe practices, and ensure that individuals are informed about how to protect themselves and others. 35 students participated. Dr. Vineetha.N associate professor, department of kayachikitsa delivered a speech about AIDS.

1	Athira Biju
2	Athira D
3	Ayisha Femina T K
4	Binsha M F
5	Devapriya T V
6	Dhana Ashraf
7	Mahima S S
8	Megha Krishnan
9	Mina Basheer K C
10	Mizreen Fathima
11	Muhsina M T
12	Murshida C P
13	Murshida Irfana K
14	Nada
15	Nashmiya Haseena Hussain
16	Nida Majeed
17	Rameesa Thaikkattu
18	Rasha T
19	Revathy T M
20	Riya K M
21	Ruvida Abdul Nasar
22	Sahla Shameer T P
23	Salsabeela C V
24	Shaifa Shamsudheen
25	Sherin Abdu Panchara
26	Shonima C
27	Smrithi K
28	Smrithi T R
29	Sreelakshmi S
30	Fathima Farhana C
31	Fathima Shana K
32	Fathima Shareef
33	Gopika G
34	Hafna
35	Hercena Maria Morris



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AIDS AWARENESS CLASS 1-12-2020

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