



# KMCT

## AYURVEDA MEDICAL COLLEGE

Approved by NCISM and Affiliated to Kerala University of Health Sciences.

### TO WHOM SO EVERIT MAY CONCERN

This is to certify that the information in the attached documents is verified by me and is true to the best of my knowledge.



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PRINCIPAL  
K.M.C.T. AYURVEDA  
MEDICAL COLLEGE





**KMCT**  
**AYURVEDA MEDICAL COLLEGE**

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## 6.5.3 Annual report of the College



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INNOVATION AND  
ENTREPRENEURSHIP  
DEVELOPMENT CENTRE





# KMCT AYURVEDA MEDICAL COLLEGE

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## ANNUAL REPORT 2023-2024

### STUDENTS UNION

2022-23 students union formally stepped down and a new union 2023-24 took over on 22/05/23 after the election. It has been decided to select the following students for various posts and transfer the union responsibilities to the new general secretary.

#### **College union 23-24**

Chief – DrSubhasree G H

Chairperson – Ardra K

General secretary – AhilaNoushad

UUC – Anju V P

Joint secretary – Dhanasree U S

Arts secretary – Sreekutty R

Sports secretary – Aswin Mohan

Magazine editor – Elite Tess Lonappan

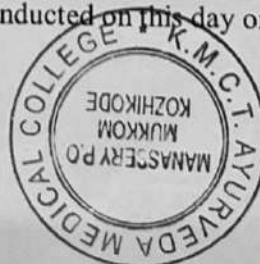
Staff advisor – Dr Dinesh

#### **Reading day competition- 19/06/23**

On account of reading day a quiz competition was conducted by the students union. Three groups including two students from each batch competed in this competition

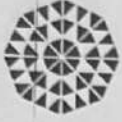
#### **International yoga day -21/06/23**

Yoga poster competition and yoga dance were conducted on this day on account of international yoga day.



*Dr. Subhasree G H*  
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## Logo launch on 21/08/23

KMCT ayurveda medical college students union 23-24 logo launch was held on August 21. the union was named as "ADHISHTA"

## Onam celebration- 29/08/23

"ARAVAM" 2023 - KMCT Ayurveda medical college onam celebrations were conducted. Programs included were pookalam, different games for teachers and students, onam feast, cultural events, shinkarimelam etc

## Teacher's day – 05/09/2023

Teacher's day was celebrated by the ADHISHTA students union by felicitating all the teaching faculties of KMCT Ayurveda medical college.

## Halloween day -1/11/2023

Halloween day was celebrated by conducting photo contest for the students.

## Ayurveda day competition – 10/11/2023

On account of ayurveda day celebration quiz competition, essay writing competition (English and Malayalam), Rangoli competition

## ADHISHTA STUDENTS UNION 2023-2024 INAUGURATION -19/12/2023

Inaugural ceremony of ADHISHTA students union was conducted at KMCT ayurveda medical college auditorium on 19<sup>th</sup> of December.

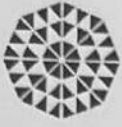
## COLLEGE DAY CELEBRATION- "DRUVA -23" -19/12/2023

College day was celebrated on 19<sup>th</sup> of December (afternoon). The event was mesmerized by the live performance of students and playback singer NIHAL SADIQUE. The event got wind up by 9.30pm.



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## **Christmas day celebration- 22/12/23**

ADHISHTA students union celebrated Christmas at KMCT Ayurveda medical college auditorium on December 22<sup>nd</sup> 2023. Cultural programs by the students, Christmas cake cutting, games for teachers and students were conducted.

## **Biryani fest – 24/01/24**

Biryani fest was conducted in collaboration with Grace palliative care mukkam including all faculties and students on 24/01/24.

## **Valentine's Day celebration- 14/02/24**

Valentine's Day was celebrated for faculties and students at KMCT ayurveda medical college campus on 14/02/24

## **UNIVERSITY EXAMS**

Fourth year exams were held for 2018 batch from 5<sup>th</sup> June 2023

First professional university exams were held for 2021 batch from July 31<sup>st</sup>

## **CULTURAL ACTIVITIES**

Arts day was conducted for students from September 11<sup>th</sup> 2023 to September 13<sup>th</sup> 2023 with different events and competitions held at KMCT Ayurveda medical college campus.

Sports day was celebrated from 14<sup>th</sup> September to 15<sup>th</sup> September 2023 at KMCT campus ground.



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## FACULTY DEVELOPMENT PROGRAMMS

1. Entrepreneurship development program for faculties
2. Moodle training program
3. Fire and safety training
4. Training on yoga and meditation
5. National health status, goals and policies
6. An awareness class on SSGP
7. Stress management and capacity building to address medical challenges
8. Discussion on common panchakarma procedures and complication management
9. Session on common gynecological procedures in ayurveda
10. An interactive session on netrakriyakalpa and ENT procedures
11. Biomedical waste management
12. A training session on CPR
13. Overview of revised naac manual
14. Documentation and profile management for accreditation process
15. Integrative approach on management of acute joint pain through physiotherapy
16. Workshop on recent advancements in laboratory investigations
17. Training course on basic life support
18. Article writing workshop
19. Training course on research grand
20. Workshop on prakrithi assessment tool
21. An awareness class on Ca cervix



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## VALUE ADDED PROGRAMS

1. Self-evaluation skill
2. Project management skill
3. Social media communication
4. Society services
5. Self-defense learning
6. Human values and ethics
7. How to become an entrepreneur?
8. Interview techniques

## ADD ON COURSES

1. Kidney health and management
2. Vrikshayurveda
3. Ayurveda in public and primary healthcare
4. Drug standardization parameters
5. Basic life supports programs
6. Importance of postnatal care in women health

## NATIONALSERVICESSCHEME– 2023-2024 report

Unit number's/FU/CLT/KUHS/2

The national service scheme is a unit lead by the NSS Programme officer Dr. Sija V.P.

(Assistant Professor of Department of Swasthavritta).

- The seven day annual camp “നമ്മളിടം” for the Academic year 2023-2024 was held at Government LP school Poovaranthode from 4<sup>th</sup> March 10<sup>th</sup> 2024.

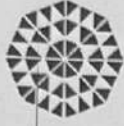
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- 05/06/23-WorldEnvironmentalday
- 19/06/23 - Reading day
- 13/06/23 to 21/06/23-Yoga week
- 21/06/23-InternationalYogaday
- 16/08/23-Merimaatimeradesh, Nationwide campaign
- 22/09/23-SwachthaHiSeva
- 24/09/23 -NSS day
- 24/09/23to03/10/23-ManavaMaithri week celebration
- 02/10/23 – Gandhi Jayanthi
- 28/10/23 – KhadiMahotsav
- 10/11/23-AyurvedaDaycelebration
- 30/11/23 -WorldAids Day
- 26/01/24-Republic day
- 05/02/24-Palliativecare–Seminar
- 04/03/24 -First pre-camp, undertook a significant project to modify and enhance the herbal garden within the college premises.
- 
- 05/03/24-Secondpre-camp
- 06/03/24 -Third pre-camp
- 07/03/24to 10/03/24–Annual camp

## INSTITUTIONAL RESEARCH COMMITTEE:

Meeting held on- 14/08/2023



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## GENDER SENSITIZATION PROGRAMME

1. Importance of self defense learning
2. Antisexual harassment
3. An awareness class on CA cervix
4. Awareness program on rights of women and children Equal rights, equal voice, advocating for women and children
5. Talk on gender balance -balance for health maintaining gender balance for better world



*W. S. S. S.*  
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## ANNUAL REPORT 2022-2023

### STUDENTS UNION

2021-22 students union formally stepped down and a new union 2022-23 took over union responsibilities..

#### **College union 22-23**

Chief – DrSubhasree G H

Chairperson – Abun V S

General Secretary – SreyaUnni

UUC – Chaitanya V A

Joint secretary – AjanyaAravind

Arts secretary – AnuYohannan

Sports secretary – Gokul Krishna

Magazine editor – Aparna U

Staff advisor – DrVineetha N

#### **Independence Day quiz competition – 16/08/2022**

On account of Independence Day a quiz competition was conducted at KMCT Ayurveda medical college campus on 16<sup>th</sup> August 2022. Two students representing each batch participated in the quiz competition.

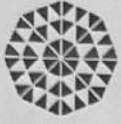
#### **Logo launch on 3/09/2022**

KMCT Ayurveda medical college student's union 23-24 logo launch was held on September 3<sup>RD</sup> 2022 the union was named as "AYUKTHA"



*Dr. Vinod*  
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## **KUHS North zone Arts fest**

KUHS north zone arts fest was held from 2/9/22 to 5/9/22 at Kasargod Periya C – MET Nursing college. Fifty one students from our college participated in the arts fest.

## **Onam celebration – “ON AAKIKKO ONAM”- 06/09/2022**

After the covid pandemic KMCT Ayurveda medical college students conducted onam celebrations on 6<sup>th</sup> september 2022 with different cultural activities, pookalam competition, various games for staff and students, onam feast, shinkarimelam etc programs.

## **Teacher’s day – 05/09/2022**

Teacher’s day was celebrated by the AYUKTHA students union by felicitating all the teaching faculties of KMCT Ayurveda medical college.

## **AYUKTHA Students union inauguration – 22/12/22**

Inaugural ceremony of AYUKTHA students union was conducted at KMCT ayurveda medical college auditorium on 22<sup>nd</sup> of December.

## **Christmas day celebration - “CELESTE – 22”– 23/12/22**

AYUKTHA students union celebrated Christmas at KMCT Ayurveda medical college auditorium on December 23<sup>rd</sup> 2022. Cultural programs by the students, Christmas cake cutting, games for teachers and students were conducted.

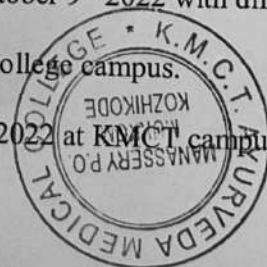
## **Holi celebration – 8/03/23**

Holi was celebrated at KMCT Ayurveda medical college campus on 8<sup>th</sup> march 2023

## **CULTURAL ACTIVITIES**

Arts day was conducted for students from October 7<sup>th</sup> to October 9<sup>th</sup> 2022 with different events and competitions held at KMCT Ayurveda medical college campus.

Sports day was celebrated from 10<sup>th</sup> October to 12<sup>th</sup> October 2022 at KMCT campus ground.



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## UNIVERSITY EXAMS

Fourth year exams were held for 2017 batch from 1/6/2022

Third year exams were held for 2018 batch from 28/06/2022

Second Year University exams were held for 2020 batch from 24/4/2023

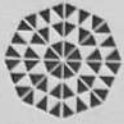
## FACULTY DEVELOPMENT PROGRAMMS

1. Data handling
2. Evidence based Ayurveda
3. Medical record keeping in Ayurveda practice and its relevance
4. Industry academia collaboration
5. Research design
6. Ayurvedic research protocol writing
7. Soothika paricharyam
8. Cyclic meditation
9. Train the trainers
10. Research purpose and conceptual framework
11. Stress management in working women
12. Reference writing
13. How to prepare and publish a Scientific manuscript
14. Effective functioning of Institutional ethics committee
15. Patient interaction and customer service
16. Communication and teamwork
17. Ethics and legal issues in health care
18. Quality improvement and patient safety



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19. NABH training program for hospital staff

## VALUE ADDED PROGRAMS

1. CV making
2. Critical thinking
3. Innovation and technology updates
4. Empowering women- embrace equity
5. Communicative skills

## ADD ON COURSES

1. Palliative care and support
2. Emergency life care and support skills
3. Women reproductive health
4. Ayurvedic nephrology
5. Oral health care
6. Tuberculosis class

## NSS ACTIVITIES:

1. Awareness on "ROLE OF AYURVEDA IN PUBLIC HEALTH"- 23/ 02/ 2023
2. Anti-ragging awareness program- 27/08/2022
3. Shramadhaan for swachatha – 1/ 10/2022
4. Mega medical camp - 13/11/2022
5. Personality and stress management program – 17/05/ 2023
6. Tuberculosis Awareness Program - 22/03/ 2022
7. Oral Health and Hygiene Awareness Program – 20/03/ 2023



*Dr. S. M. S.*  
PRINCIPAL  
K.M.C.T. AYURVEDA  
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Manassery PO, Mukkam, 673602, Kozhikode, Kerala  
☎ 0495-229 4664 ✉ ayurveda@kmct.edu.in  
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8. Vaccination awareness program-16/03/2023
9. Renal Disorder Awareness Program-09/03/2023
10. Embrace Equality- Women oriented program-08/03/2023
11. Boot camp- 27/02/2023
12. Dravya outreach activity-09/12/2022

## **INSTITUTIONAL RESEARCH COMMITTEE:**

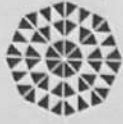
Meeting held on-17/10/2022

## **GENDER SENSITIZATION PROGRAMME**

1. Women and thyroid
2. Empower women, embrace equality
3. Role plays on elderly women and geriatric consideration



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## ANNUAL REPORT 2021-2022

### STUDENTS UNION

2019-2021 students union formally stepped down and a new union 2021-22 took over after the elections. It has been decided to select the following students for various posts and transfer the union responsibilities to the new general secretary

<b>College Union 22-23</b>
Chief Patron– Dr Subhasree G H
Chairperson – Revathy.T.M
General Secretary –Alishia Maria Raju
Vice Chairpersons-Smrithi.K,Roshna Abdul Samad
Uuc – Abun .V.S
Joint Secretary –Hereena Maria Morris
Arts Secretary –Devapriya.M.P
Sports Secretary – Aparna.U
Magazine Editor – Arathi Omana Kuttan
Staff Advisor –Dr. Suresh.V.S

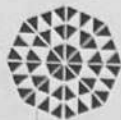


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## UNION LOGO LAUNCH

"OMORFA 21" Students Union Logo Launch Was Done.They Came Into Existence

## MOTHERS DAY CELEBRATION

Union Conducted 2 Programmes "Memories Bring Back Memories", And  
"Thug Ma" , Ie, Posters And Video Making Competitions Dedicated To Ur Mothers.

## WORLD ENVIRONMENT DAY CELEBRATION

On Behalf Of World Environment Day Omorfa 211 Union Organized An Event Named  
Mannappam -Planting Trees In And Around The College, Inaccordance With The Same  
They Conducted A Webinar By Shri Boby Joseph.The Programme Was Named Like  
"Evidam Swargamanu" And Also They Conducted A Photographic Contest In Accordance  
With The Same.

## WORLD FOOD SAFETY DAY

On Behalf Of Food And Safety Day , Omorfa 21 Union And Department Of Swasthavritta  
Conducted A Seminar On Food Borne Diseases By Dr Sijina.V.P

## READING DAY CELEBRATION

Union Conducted A Competition On Reading Out A Journal

## INTERNATIONAL YOGA DAY

Yoga Poster Competition Were Conducted On This Day On Account Of International  
Yoga Day

## WORLD MUSIC DAY

Omorfa 21 Conducted Poster And Video Making Competition With Regard To World  
Music Day

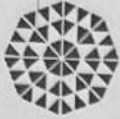
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**ONAM CELEBRATION-** " KMCT Ayurveda Medical College Onam Celebrations Were Conducted. Programs Included Were Pookalam, Different Games For Teachers And Students, Onam Feast, Cultural Events, Shinkkarimelam Etc

**WORLD AYURVEDA DAY-** World Ayurveda day was celebrated at KMCT Ayurveda medical college campus

## UNIVERSITY EXAMS

Third year exams were held for 2017 batch from July

Second Year University exams were held for 2018 batch from July

Fourth year university exams were held for 2016 batch from July

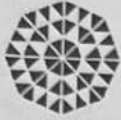
## FACULTY DEVELOPMENT PROGRAMMS

1. Infection control training
2. Covid-19 Protocols In Ayurvedic practice
3. New trends in Ayurvedic geriatric care
4. Questionnaire validation
5. Post Covid management in Ayurveda
6. Diagnostic tool \_ra
7. Ayurveda research methodology
8. Breathing technique importance in post covid
9. Dermatitis
10. Importance of agni
11. Pre conceptional care - ayurveda
12. Healthy dieting



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13. Moodle software training
14. Ayurvedic selfcare practices during covid 19

## SPORTS & ARTS FEST :

Arts and sports day "DHANAK" was conducted for students from February 14-19 /2022 with different events and competitions held at KMCT Ayurveda medical college campus

## ADD ON COURSES:

1. Ayurvedic dermatology
2. History of Ayush systems
3. Immunization program for children
4. Class on STDs
5. Laboratory techniques
6. Pain balm preparation
7. Ayurvedic dietetics
8. Medicinal plant cultivation techniques
9. Vector born diseases

## VALUE ADDED COURSES:

1. Good manners
2. Time management
3. Face to face communication
4. Self motivation
5. Stress management
6. Collaborative learning techniques



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## NSS ACTIVITIES:

1. Selection of committee members Meeting-21/01/21
2. Subhash Chandra Boss Day Celebration-23/01/21
3. Women's day celebration-08/03/21
4. Anti-Narcotics Day Celebration -31/05/21
5. Environmental Day Celebration-05/06/21
6. Cleaning of Puthur Govt. UP School Premises-29/10/21
7. Antidrug human chain and pledge against drugs-1/11/2022
8. Ayurveda Day Celebration-02/11/21
9. Seven Day Camp-23/12/21-29/12/21
10. Bala-Balak Spardha Program-10/01/22
11. National Youth Day Celebration-12/01/22
12. Azadi Ka Amrit Mahotsav-14/01/22
13. Cancer Day Celebration-04/02/22
14. Women's Day Celebration-08/03/22
15. World Health Day Celebration -07/04/22

## INSTITUTIONAL RESEARCH COMMITTEE:

Meeting held on-19/11/2021

## GENDER SENSITIZATION PROGRAMME

1. Hormonal and behavioral changes in adolescence
2. Woman reproductive health and wellness
3. Awareness session on digital innovation and technology for gender equality in health care system



*Anoobha*

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## ANNUAL REPORT 2020-2021

### STUDENTS UNION

Due to the covid pandemic it was decided that the same college union will be retained for the next academic year

### UNIVERSITY EXAMS

No university exams were held due to the covid pandemic.

### FACULTY DEVELOPMENT PROGRAMMS

1. Stress management in online era
2. Rasa preparation - Safety measures
3. quantitative research
4. Intellectual property rights
5. Moodle training program
6. Importance of swarnaprasha
7. Community trial

### ADD ON COURSES

1. Training on hand washing methods
2. Medical ethics
3. Skin disorders
4. Drugs standardization methods
5. Class on National vaccination schedule
6. Mrigayurveda

### VALUE ADDED COURSES

1. Girl child empowerment
2. Premarital counseling
3. Soft skills
4. Basic photographic workshop
5. Effective mentor-mentee relationship
6. Different methods of self learning



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## **ARTS DAY**

KMCT Ayurveda Medical College organized online arts fest on April 23& 24 / 2020. The event was organized by union batch final year of academic year 2020-21. All students and interns participated in the online event.

## **NSS ACTIVITIES:**

1. Plant a tree challenge – 05/06/2020
2. Anti ragging awareness class - 12-03-2021
3. Guest talk on “STRESS IN WORKING WOMEN”- 8/03/ 2021
4. Aids awareness class - 1-12-2020

## **INSTITUTIONAL RESEARCH COMMITTEE:**

Meeting held on - 23/10/2020

## **GENDER SENSITIZATION PROGRAMME**

1. Premarital counseling
2. Women health awareness and menstrual hygiene
3. Yoga in changing world.
4. Elimination of violence against women



*Arshme*

PRINCIPAL  
K.M.C.T. AYURVEDA  
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Manassery PO, Mukkam, 673602, Kozhikode, Kerala  
☎ 0495-229 4664 ✉ ayurveda@kmct.edu.in  
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## ANNUAL REPORT 2019-2020

### STUDENTS UNION

2018-19 students union formally stepped down and a new union 2019-2020 took over after the election. It has been decided to select the following students for various posts and transfer the union responsibilities to the new general secretary. Due to the ongoing covid pandemic a google meet was conducted with principal, staff advisor, college union members as participants.

College Union 23-24
Chief Patron – Dr Subhasree G H
Chairperson – Sachin
Vice Chair Person- Athira. K, Mizreen
General Secretary –Abhirami Radhakrishnan
UUC – Jithin .K.R
Joint Secretary –Hafna
Arts Secretary – Gopika T Panicker
Sports Secretary – Fayiz
Magazine Editor – Saniya Said
Staff Advisor – Dr Suresh

<b>INTERNATIONAL WOMENS DAY CELEBRATION</b>
Union Along With AMAI Conducted Street Play In The Beech In Accordance With The Womens Day And Distributed Food Packets With The Poor And Needy.
<b>ONAM CELEBRATION</b>
* KMCT Ayurveda Medical College Onam Celebrations Were Conducted. Programs Included Were Pookalam, Different Games For Teachers And Students, Onam Feast, Cultural Events,Shinknkariamelam Etc
<b>INTERNATIONAL YOGA DAY</b>
Yoga Poster Competition Was Conducted On This Day
<b>VIRTUAL MODE PROGRAMMES</b>
Union Conducted Mehendi Fest, Photography Competition
<b>ONAM CELEBRATION:VIRTUAL ONAM FEST</b>
Union Organized Various Onam Realated Programmes Virtually- Onam Pookalam Competition, Malayali Manga, Payasam Preparation,

Manassery PO, Mukkam, 673602, Kozhikode, Kerala  
 ☎ 0495-229 4664 ✉ ayurveda@kmct.edu.in  
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*S. Anitha*  
 PRINCIPAL  
 K.M.C.T. AYURVEDA  
 MEDICAL COLLEGE





# KMCT AYURVEDA MEDICAL COLLEGE

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## UNIVERSITY EXAMS

Third year exams were held for 2016 batch from 16/09/2019

Second Year University exams were held for 2017 batch 1/10/2019

First year university exams were held for 2018 batch from 23/10/2019

## FACULTY DEVELOPMENT PROGRAMS:

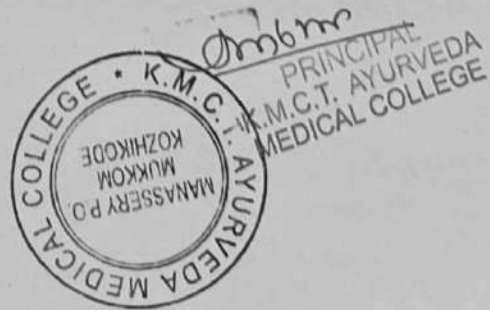
1. Intellectual property rights
2. Quantitative research
3. Common gynecological disorder
4. Multiple drug resistance
5. Moodle training program
6. Shirodhara
7. Vasthi
8. Palliative care

## ADD ON COURSES:

1. Sanskrit enhancement class
2. Ayurvedic rheumatology
3. Integrated medicine
4. Medicine manufacturing techniques
5. Karkidaka chikitsa

## VALUE ADDED COURSES

1. Professionalism
2. Personality development
3. Relaxation exercise
4. Introduction to moodle
5. Self discipline in digital learning



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## NSS ACTIVITIES:

1. Selection of Committee members- 20/6/19
2. Pratheeksha special school camp- 29/09/2019
3. Herbal garden plantation - 23/12/2019
4. Nipuna eye care camp - 7/12/2019
5. Mazhakala charya - ayur expo19- 20/07/2019
6. Ayursparsham- activity flood area - 5-09-2019.
7. Covid 19 - Break the chain campaign - 16/3/20
8. "Amrithavarshini" care for disabled child- 13/12/2019
9. Service week - 30/09/2019 – 05/10/2019
10. Women empowerment - 07/03/2019
11. Ayur raksha clinic covid 19 treatment plan
12. Ayur Sparsham -19 at Meppadi, Wayanad- 01/9/19
13. Ayur Sparsham -19 at Nilambur- 05/09/19
14. Indian Constitutional Day Celebration- 26/11/19
15. Exhibition Stall at Govt. Arts & Science College, Kozhikode in accordance with Quest 19- 05/12/19
16. Seven Day Camp at Holy Family HSS, Kattipara-22/12/19 - 28/12/19
17. COVID Awareness Class -06/02/19
18. COVID Awareness Class and Survey- 10/2/2020
19. Woman's Day Celebration - 08/03/20
20. Distribution of Immunity Booster drink as part of COVID 19 awareness program- 17/03/20

## ARTS DAY & SPORTS DAY:

KMCT Ayurveda Medical College organised sports meet "PRANATHI EKA" from September 6-7 & arts fest on September 2-5 2019. All students and interns participated in both Off stage and on stage events.

## INSTITUTIONAL RESEARCH COMMITTEE

Meeting conducted on- 16/10/2019



*Amitha*  
PRINCIPAL  
K.M.C.T. AYURVEDA  
MEDICAL COLLEGE

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## **GENDER SENSITIZATION PROGRAMME**

1. Let's talk periods menstrual hygiene matters
2. Postpartum depression
3. Constitutional rights
4. Importance of nutrition in girl child
5. Talk on women in science leadership – A new era for sustainability



*Aradhya*

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