



# KMCT AYURVEDA MEDICAL COLLEGE

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### TO WHOM SO EVERIT MAY CONCERN

This is to certify that the information in the attached documents is verified by me and is true to the best of my knowledge.



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MEDICAL COLLEGE



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# KMCT AYURVEDA MEDICAL COLLEGE

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YEAR	DATE	TITLE OF THE WORKSHOP/SEMINAR SPECIFIC TO QUALITY IMPROVEMENT	RESOURCE PERSON	VENUE
2023-24	03-01-2024	Integrative approach on management of acute joint pain through physiotherapy	Mrs Vichithra	KMCT Ayurveda medical college
	09-02-2024	Training course on Basic LifeSupport	Dr Muhammed Fabin K	KMCT Ayurveda medical college
	22-02-2024	Overview of revised NAACManual	Mr Salim	KMCT Ayurveda medical college
	26-02-2024	Documentation and profile management for accreditation process	Prof.Shine Thomas	KMCT Ayurveda medical college
	05-03-2024	An awareness class on CA Cervix	Dr Salumol N	KMCT Ayurveda medical college
	19-04-2024	Workshop on recent advancements in laboratory investigations	Dr Betsy Baby	KMCT Ayurveda medical college
	19-03-2024	Training course on researchgrant	Dr Balasubramaniam	KMCT Ayurveda medical college
	13-12-2023	Article writing workshop	Dr Deepa K K	KMCT Ayurveda medical college
	16-08-2023	Workshop on prakrithiassessment tool	DR Basil P Jacob	KMCT Ayurveda medical college
2022-23	10-02-2023	Reference writing	Dr Divya C V	KMCT Ayurveda medical college
	08-03-2023	Stress management inworking women	Dr Aswani	KMCT Ayurveda medical college
	15-03-2023	How to prepare and publish a Scientific manuscript	Dr Venugopal	KMCT Ayurveda medical college
	28-04-2023	Research purpose and conceptual framework	Dr Rupesh Raman	KMCT Ayurveda medical college
	05-05-2023	Train the trainers	Dr Nidhin V	KMCT Ayurveda medical college



*Arshini*

Manassery PO, Mukkam, 673602, Kozhikode, Kerala

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	31-08-2022	Effective functioning of institutional ethics committee	Dr Nidhin V	KMCT Ayurveda medical college
2021-22	06-08-2021	Infection control training	Dr Anupama A	KMCT Ayurveda medical college
	31-08-2021	Covid 19 protocols in ayurveda practice	Dr Jasir Ahammed N	KMCT Ayurveda medical college
	23-09-2021	New trends in ayurvedic geriatric care	Dr Adarsh K	KMCT Ayurveda medical college
	25-01-2022	Questionnaire validation	Dr Anupama Krishnan	KMCT Ayurveda medical college
	11-03-2022	Post Covid management in Ayurveda	Dr Biju K V	KMCT Ayurveda medical college





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	31/08/2022	Effective functioning of institutional ethics committee	Mr Roopesh Raman	KMCT Ayurveda medical college
2021-22	06-08-2021	Infection control training	Dr Anupama A	KMCT Ayurveda medical college
	31-08-2021	Covid 19 protocols in ayurveda practice	Dr Jasir Ahammed N	KMCT Ayurveda medical college
	23-09-2021	New trends in ayurvedic geriatric care	Dr Adarsh K	KMCT Ayurveda medical college
	25-01-2022	Questionnaire validation	Dr Anupama Krishnan	KMCT Ayurveda medical college
	11-03-2022	Post Covid management in Ayurveda	Dr Biju K V	KMCT Ayurveda medical college



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YEAR	DATE	TITLE OF THE WORK(SHOPE/SEMINAR SPECIFIC TO QUALITY IMPROVEMENT	RESOURCE PERSON	V ENUE
2020-2021	15-07-2020	Stress management in online era	Mr Pranav P Raj	KMCT Ayurveda medical college
	16-09-2020	Rasa preparation - Safety measures	Dr Sugeena P	KMCT Ayurveda medical college
	09-12-2020	Quantitative research	Mr Durgesh	KMCT Ayurveda medical college
2019-2020	03-01-2020	Intellectual property rights	Mrs Archana T	KMCT Ayurveda medical college
	03-02-2020	Quantitative research	Mr Durgesh	KMCT Ayurveda medical college
	08-09-2020	Common Gynecological disorder	Dr Chellamma V K	KMCT Ayurveda medical college



*Chellamma*  
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## ACADEMIC YEAR 2023-24

### Quality improvement program

**ACTIVITY REPORT:** "Integrative approach on management of acute joint pain through Physiotherapy"

**Venue:** Auditorium

**Date:** 3/01/2024

**Speaker:** Mrs Vichitra

**Summary:** Mrs. Vichitra conducted an educational session on the "Integrative approach to managing acute joint pain through Physiotherapy" for teaching staff. The program effectively provided an overview of managing acute joint pain through physiotherapy.

Brochure Attached



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## Integrative Approach on Management of Acute Joint Pain Through Physiotherapy

03<sup>rd</sup> JAN 2024 | 2PM - 4PM  
VENUE: CLASS ROOM - THIRD FLOOR

*Speaker*  
**Mrs. Vichitra**  
PHYSIOTHERAPIST



*Vichitra*  
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## ACADEMIC YEAR 2023-24

### Quality improvement program

#### **ACTIVITY REPORT: "Training course on Basic Life Support"**

**Venue:** Auditorium

**Date:** 9/02/2024

**Speaker:** Dr Muhammed Fabin K

**Summary:** Dr Muhammed Fabin K, conducted an educational session on the "Training course on Basic Life Support " for teaching staff. The program successfully delivered comprehensive training on Basic Life Support techniques.

Brochure Attached



*Dr. Fabin K*  
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# KMCT

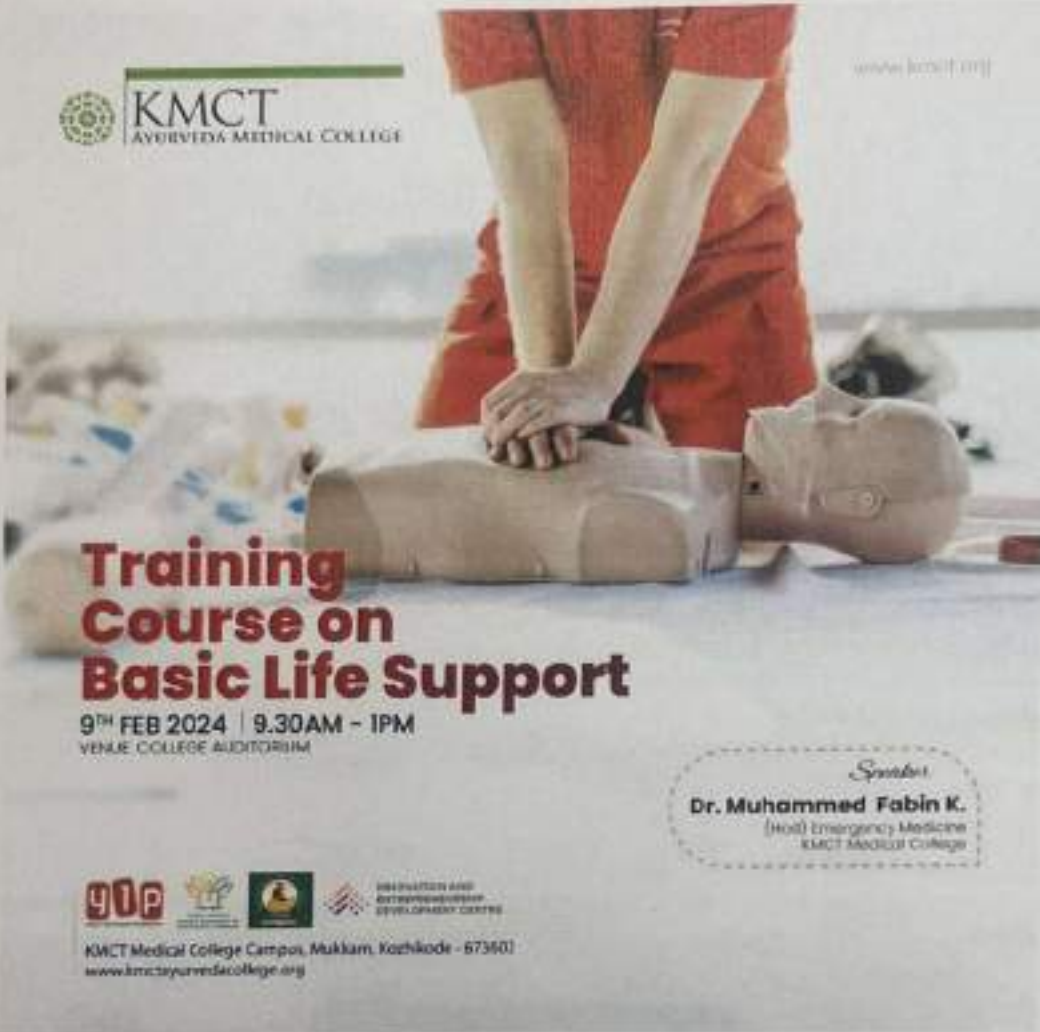
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# Training Course on Basic Life Support

9<sup>TH</sup> FEB 2024 | 9.30AM - 1PM  
VENUE: COLLEGE AUDITORIUM

*Speaker*

**Dr. Muhammed Fabin K.**

(HOD) Emergency Medicine  
KMCT Medical College



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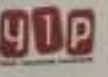
*Amal*

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## ACADEMIC YEAR 2023-24

### Quality improvement program

**ACTIVITY REPORT: "Overview of Revised NAAC Manual"**

**Venue:** Auditorium

**Date:** 22/02/2024

**Speaker:** Mr Salim

**Summary:** A program was conducted to revise the NAAC manual, aimed at enhancing its effectiveness and relevance. The revision process focused on updating and improving the manual to meet current standards and requirements in the field of accreditation.

Brochure Attached



*Salim*  
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## Overview of Revised NAAC Manual

22<sup>TH</sup> FEB 2024 | 2PM - 4PM

VENUE: CLASS ROOM - THIRD YEAR

Speaker  
Mr. Salim

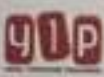


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*Salim*  
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## ACADEMIC YEAR 2023-24

### Quality improvement program

**ACTIVITY REPORT:** "Documentation and profile management for accreditation process"

**Venue:** Auditorium

**Date:** 26/02/2024

**Speaker:** Prof. Shine Thomas

**Summary:** A program was conducted on "Documentation and profile management for accreditation process" with the goal of improving its effectiveness and relevance. The program focused on enhancing the documentation and profile management practices to streamline the accreditation process.

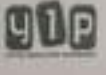
Brochure Attached



*Shine Thomas*  
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## *Documentation and profile management for accreditation process*

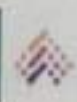
**26/02/2024**

**Speaker - Prof: Shine Thomas**

**Venue- Auditorium**



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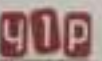


*Shine Thomas*

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## ACADEMIC YEAR 2023-24

### Quality improvement program

#### **ACTIVITY REPORT: "An awareness class on CA Cervix"**

**Venue:** Auditorium

**Date:** 5/03/2024

**Speaker:** Dr Salumol N

**Summary:** An awareness class on CA Cervix was taken by Dr Salumol N, to upgrade the knowledge about cervical cancer. The session aimed to increase knowledge and understanding of the disease, its risk factors, prevention methods, and available treatment options

Brochure Attached



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## An Awareness Class on Ca Cervix

5<sup>th</sup> MAR 2024 | 2PM - 4PM  
VENUE: CLASS ROOM - THIRD YEAR



*Aradhya*



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## ACADEMIC YEAR 2023-24

### Quality improvement program

**ACTIVITY REPORT:** "workshop on recent advancements in laboratory investigations"

**Venue:** Auditorium

**Date:** 19/04/2024

**Speaker:** Dr Betsy Baby

**Summary:** A workshop on recent advancements in laboratory investigations was organized for teaching staff. The workshop provided valuable insights and updates on the latest developments in laboratory investigations, enhancing the knowledge and skills of the participants.

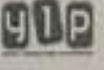
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## Workshop on Recent Advancement in Laboratory Investigation

19<sup>th</sup> APR 2024 | 2PM - 4PM  
VENUE: CLASSROOM - THIRD YEAR



Speaker  
**Dr. Betsy Baby**  
Assistant Professor  
Dept. of Hospital &  
Clinical Ayurveda



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## ACADEMIC YEAR 2023-24

### Quality improvement program

**ACTIVITY REPORT:** "Training course on Research grand"

**Venue:** Auditorium

**Date:** 19/03/2024

**Speaker:** Dr Balasubramaniam

**Summary:** Dr. Balasubramaniam conducted a training course on Research Grants to educate participants on the various sources of funding available for research projects. It was a very informative session.

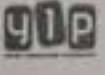
Brochure Attached



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*Training course on research grand*

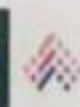
*19/03/2024*

*Venue- Auditorium*

*Speaker- Dr. Balasubramaniam*



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## ACADEMIC YEAR 2023-24

### Quality improvement program

#### ACTIVITY REPORT: "Article writing workshop"

Venue: Auditorium

Date: 13/12/2024

Speaker: Dr Deepa K K

**Summary:** An "Article Writing Workshop" was conducted with Dr. Deepa K K as the speaker. The workshop aimed to enhance participants' skills in writing articles effectively. Dr. Deepa K K shared valuable insights and strategies to improve article writing proficiency.

Brochure Attached



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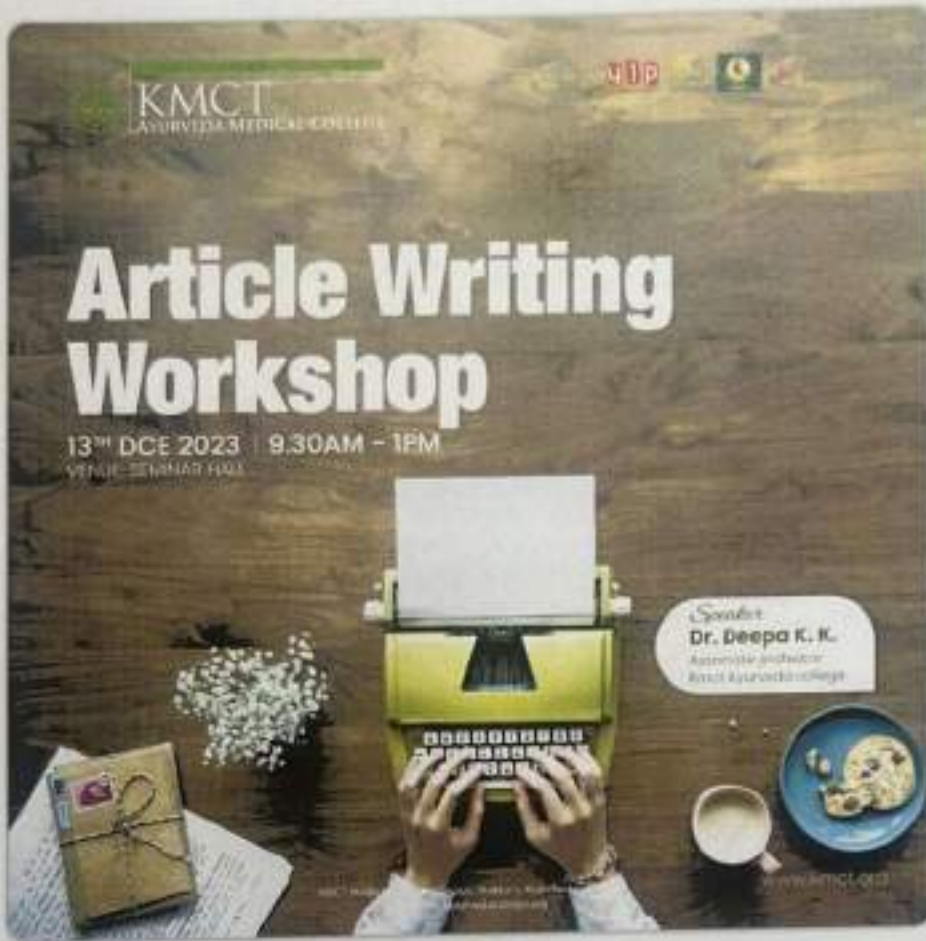




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## ACADEMIC YEAR 2023-24

### Quality improvement program

**ACTIVITY REPORT:** "Workshop on Prakriti assessment tool"

**Venue:** Auditorium

**Date:** 16/08/2024

**Speaker:** Dr Basil P Jacob

**Summary:** A workshop on the Prakriti assessment tool was conducted for the teaching staff, provided valuable insights into the assessment methodology. Participants gained knowledge and practical skills in utilizing the tool for assessing individual Prakriti types effectively.

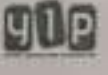
Brochure Attached



*Dr Basil P Jacob*  
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# Workshop on Prakriti Assessment Tool

16<sup>TH</sup> AUG 2023 | 2PM-4PM  
VENUE SEMINAR HALL

*Sponsor*

**Dr. Basil P. Jacob.**

Assistant professor  
kmct ayurveda



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## ACADEMIC YEAR 2022-23

### Quality improvement program

#### ACTIVITY REPORT: "Reference writing"

Venue: Auditorium

Date: 10/02/2023

Speaker: Dr Divya C V

**Summary:** A "Reference writing" class conducted with Dr. Divya C V as the speaker, aimed to enhance participants' skills in writing reference effectively. Dr. Divya C V shared valuable insights and strategies for the same.

Brochure Attached



*Archieve*  
Principal  
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# REFERENCE WRITING

📅 10-02-2023 ⌚ 9.30-1PM

speaker

**Dr. Divya C.V.**

Associate Professor  
Dept. of Community Medicine  
K M C T Medical College

📍 Seminar Hall



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*Divya*

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**90P**



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### ACADEMIC YEAR 2022-23

#### Quality improvement program

#### **ACTIVITY REPORT: "Stress management in working women"**

**Venue:** Auditorium

**Date:** 8/03/2023

**Speaker:** Dr Aswani

**Summary:** The class on "Stress management in working women" was conducted at KMCT AMC and taken by Dr. Aswani for teaching staff. The session likely covered strategies and techniques to help female educators effectively manage stress in the workplace. Topics may have included identifying sources of stress, developing coping mechanisms, practicing self-care, and fostering a healthy work-life balance. Dr. Aswani likely provided insights and guidance on how to navigate the unique challenges faced by working women in the teaching profession. Overall, the class aimed to equip teaching staff with practical tools to enhance their well-being and productivity in the workplace.

Brochure Attached



*Arshana*  
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## STRESS MANAGEMENT IN WORKING WOMEN

📅 08-03-2023 | 🕒 9.30-1PM

📍 COLLEGE AUDITORIUM

speaker

**Dr. ASWANI**



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*Aswani*

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## ACADEMIC YEAR 2022-23

### Quality improvement program

**ACTIVITY REPORT:** "How to prepare and publish a scientific manuscript"

**Venue:** Auditorium

**Date:** 15/03/2023

**Speaker:** Dr Venugopal

**Summary:** The class on "How to prepare and publish a scientific manuscript" conducted for teaching staff taken by Dr Venugopal likely covered essential aspects of manuscript preparation and publication in the scientific domain. This included topics such as structuring a manuscript, writing techniques, selecting appropriate journals, understanding the peer-review process, and adhering to ethical guidelines in scientific publishing. The class aim was to equip teaching staff with the necessary skills and knowledge to effectively communicate their research findings through scholarly publications.

Brochure Attached



*Dr. Venugopal*  
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***How to prepare and publish a scientific manuscript***  
***15/03/2023***  
***Speaker - Dr Venugopal.***



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## ACADEMIC YEAR 2022-23

### Quality improvement program

**ACTIVITY REPORT:** "Research purpose and conceptual framework"

**Venue:** Auditorium

**Date:** 28/04/2023

**Speaker:** Dr Rupesh Raman

**Summary:** The class on "Research purpose and conceptual framework" conducted for teaching staff taken by Dr Rupesh Raman described about purpose of research and preparation of the framework for the same. Class gave a clear cut idea about the same for the teaching staff.

Brochure Attached



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**Research purpose and conceptual framework**

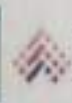
**28/04/23**

**Venue - Auditorium**

**Speaker - Dr Roopesh Raman**



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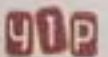
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## ACADEMIC YEAR 2022-23

### Quality improvement program

**ACTIVITY REPORT: "Train the trainers"**

**Venue:** Auditorium

**Date:** 8/03/2023

**Speaker:** Dr Nidhin V

**Summary:** The quality improvement program "Train the trainers" class, taken by Dr Nidhin V for teaching staff, focused on enhancing the skills and capabilities of educators in effectively training others. The class aimed to equip teaching staff with the necessary tools and techniques to improve their training methodologies and delivery. Topics covered may have included instructional design, effective communication strategies, interactive teaching methods, and assessment techniques. Participants likely engaged in hands-on activities, discussions, and practical exercises to enhance their training abilities. Overall, the class aimed to empower teaching staff to become more effective trainers and contribute to the continuous improvement of educational practices.

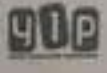
Brochure Attached



*Nidhin V*  
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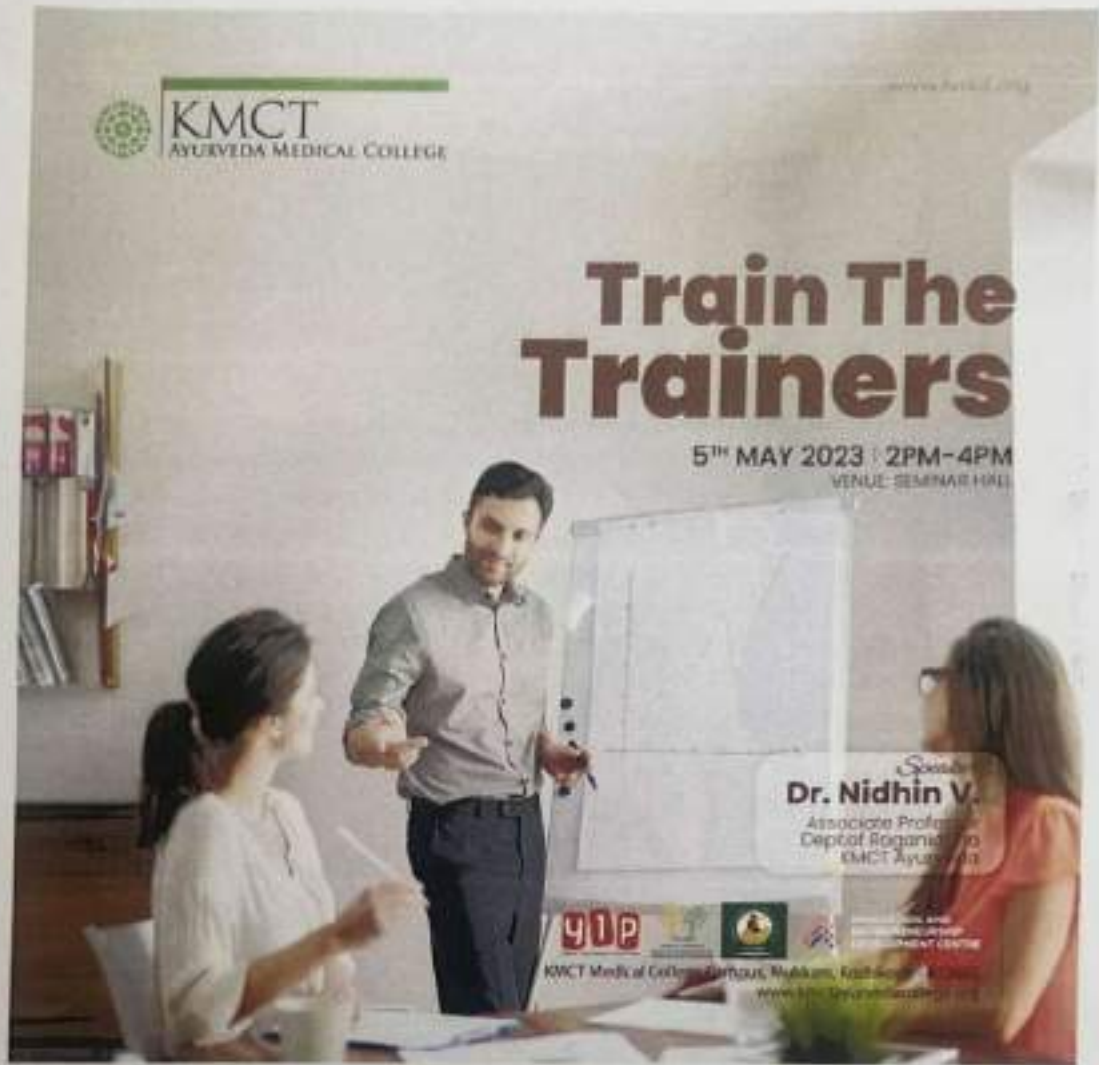






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ACADEMIC YEAR 2022-23  
Quality improvement program

ACTIVITY REPORT: "Effective functioning of institutional ethics committee"

Venue: Auditorium

Date: 31/08/2022

Speaker: Mr Roopesh Raman

Summary: A class on the "Effective functioning of institutional ethics committee" for teaching staff, taken by Mr Roopesh Raman, covered essential aspects related to the establishment, operation, and responsibilities of an institutional ethics committee. The session was very informative and the doubts were cleared in the class.

Brochure Attached



*Roopesh Raman*

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## Effective Functioning Of Institutional Ethics Committee

31-08-2022 | 02-04PM

Seminar Hall

speaker

**Dr. Rupesh Raman**

Associate Professor  
Dept. of Community medicine  
K.M.C.T. Medical College



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## ACADEMIC YEAR 2021-22

### Quality improvement program

**ACTIVITY REPORT:** "Infection control training"

**Venue:** Auditorium

**Date:** 6/08/2021

**Speaker:** Dr. Anupama A

**Summary:** The "Infection control training" class conducted in the college was led by Dr. Anupama. The training session focused on educating participants about the importance of infection control measures in various settings, particularly within educational institutions like colleges. Dr. Anupama likely covered topics such as proper hand hygiene, disinfection protocols, personal protective equipment usage, and strategies to prevent the spread of infectious diseases. The training aimed to enhance the knowledge and skills of the participants in effectively managing and controlling infections to create a safer and healthier environment within the college community.

Brochure Attached



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## Infection Control Training

06 AUG 2021 | 02 PM - 04 PM

Speaker

**Dr. Anupama A.**

Assistant Professor  
Dept. of Community medicine  
KMCT Medical College



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## ACADEMIC YEAR 2021-22

### Quality improvement program

**ACTIVITY REPORT:** "Covid 19 protocols in Ayurveda practice"

**Venue:** Auditorium

**Date:** 31/08/2021

**Speaker:** Dr Jasir Ahammed N

**Summary:** The session taken by Dr Jassir Ahammed likely focused on the specific protocols and guidelines that Ayurvedic practitioners should follow in the context of the Covid-19 pandemic. These protocols may include recommendations for patient care, safety measures, hygiene practices, and treatment approaches aligned with Ayurvedic principles. The class aimed to educate healthcare professionals, particularly those practicing Ayurveda, on how to effectively manage and adapt their practices in response to the challenges posed by the Covid-19 situation.

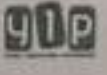
Brochure Attached



*Dr Jasir Ahammed N*  
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**COVID 19  
PROTOCOLS IN  
AYURVEDA  
PRACTICE**

31 AUG 2021 | 10 AM -12.00 PM

*Speaker*  
**Dr. Jasir Ahammed A.**  
Medical Officer  
District Ayurved Hospital-Calicut

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## ACADEMIC YEAR 2021-22

### Quality improvement program

**ACTIVITY REPORT: "New trends in Ayurvedic geriatric care"**

**Venue:** Auditorium

**Date:** 23/09/2021

**Speaker:** Dr. Adarsh K.

**Summary:** Dr. Adarsh took a class on "New trends in Ayurvedic geriatric care" as part of a quality improvement program. The class likely focused on emerging trends and advancements in Ayurvedic care for the elderly population. Topics may have included holistic approaches to geriatric health, personalized treatment plans, lifestyle modifications, herbal remedies, and integrative practices to enhance the well-being of elderly individuals. Participants may have gained insights into innovative strategies for promoting healthy aging and improving the quality of life for geriatric patients through Ayurvedic principles.

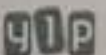
Brochure Attached



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# NEW TRENDS IN AYURVEDIC GERIATRIC CARE

Speaker

**Dr. Adarsh K.**

Prof. and HOD  
Dept of Panchakarma  
KMCT AMC

📅 23-09-2021 🕒 02 PM-04 PM



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## ACADEMIC YEAR 2021-22

### Quality improvement program

**ACTIVITY REPORT: "Questionnaire validation"**

**Venue:** Auditorium

**Date:** 25/01/2022

**Speaker:** Dr Anupama Krishnan

**Summary:** Dr. Anupama Krishnan led a class on questionnaire validation programs. The session likely covered the process of validating questionnaires, ensuring their reliability and accuracy in research studies. Participants may have learned about the importance of validation methods, such as pilot testing, factor analysis, and reliability testing, to ensure the effectiveness of the questionnaire in gathering relevant data. The class likely provided insights into best practices for validating questionnaires and the significance of this process in research methodology.

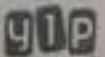
Brochure Attached



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**QUESTIONNAIRE  
VALIDATION**

**SEMINAR HALL**  
Speaker  
**Dr. Anupama K. Pillai**  
Associate professor  
VPSV Ayurveda College

**25-01-2022 10Am -12.00PM**



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## ACADEMIC YEAR 2021-22

### Quality improvement program

#### **ACTIVITY REPORT: "Post Covid management in Ayurveda"**

**Venue:** Auditorium

**Date:** 11/03/2022

**Speaker:** Dr Biju K V

**Summary:** Dr. Binju led a class on "Post Covid management in Ayurveda" for teaching staff. The session likely covered strategies and approaches within Ayurveda for managing health post-Covid, focusing on holistic and natural methods to support recovery and well-being. Participants may have learned about specific Ayurvedic practices, herbs, diet recommendations, lifestyle modifications, and other traditional remedies to aid in post-Covid recovery and overall health maintenance.

Brochure Attached



*Dr Binju*  
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**POST COVID  
MANAGEMENT IN  
Ayurveda**

**SEMINAR HALL**

Speaker  
**Dr Biju K.V.**  
SMO  
Govt. Hospital Pannikottur

**11-03-2022**   **02 PM-04 PM**

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## ACADEMIC YEAR 2020-21

### Quality improvement program

**ACTIVITY REPORT: "Stress management in online era"**

**Venue:** Auditorium

**Date:** 15/07/2020

**Speaker:** Mr Pranav P Raj

#### **Summary:**

In the class on "Stress management in the online led by Mr Pranav Raj, teachers were likely introduced to strategies and techniques to cope with the unique stressors that arise in the digital age. Topics may have included the impact of technology on mental health, ways to manage screen time and digital overload, techniques for maintaining work-life balance in a virtual environment, and mindfulness practices to reduce stress and anxiety related to online activities.

Brochure Attached



*Pranav*  
PRANAV  
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## Stress management in online ira

15-07-2020 2-4PM

Online (zoom)

Speaker

**Mr. Pranav P. Raj**



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## ACADEMIC YEAR 2020-21

### Quality improvement program

**ACTIVITY REPORT:** "Rasa preparation Safety measures"

**Venue:** Auditorium

**Date:** 16/09/2020

**Speaker:** Dr Sugeena P

**Summary:** An informative class on "Rasa preparation Safety measures" taken by Dr Sugeena for teaching staff. The program gave an overview about the preparation of various rasa medicines and about their safety measures.

Brochure Attached



*Sugeena P*  
Principal  
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# Rasa Preparation Safety Measures

16 SEP 2020 | 02PM - 04PM

Speaker

**Dr. Sugeena P.**

Asst Professor  
RSBK Dept.  
KMCT AMC



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## ACADEMIC YEAR 2020-21

### Quality improvement program

**ACTIVITY REPORT:** "Quantitative research"

**Venue:** Auditorium

**Date:** 9/12/2020

**Speaker:** Mr Durgesh

**Summary:** the class on "Quantitative research" was conducted for teaching staff and taken by Mr Durgesh. The session covered maximum information about the quantitative type of research. It was very informative.

Brochure Attached



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# QUANTITATIVE RESEARCH

09 DEC 2020 02PM - 04PM

*Speaker*  
**Mr. Durgesh**  
Statistician  
KMCT Ayurveda College


*Aravind*

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## ACADEMIC YEAR 2019-20

### Quality improvement program

**ACTIVITY REPORT:** "intellectual property rights"

**Venue:** Auditorium

**Date:** 3/01/2020

**Speaker:** Mrs Archana T

**Summary:** Mrs Archana took a class regarding the "intellectual property rights" covered the topics of legal rights. The class typically included patents, copy rights, trademarks etc. it was such an interesting session.

Brochure Attached



*Archana*  
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**INTELLECTUAL  
PROPERTY  
RIGHTS**

3<sup>rd</sup> JAN 2020 2PM-4PM  
VBAU, College & Campus

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### ACADEMIC YEAR 2019-20

#### Quality improvement program

**ACTIVITY REPORT:** "Quantitative research"

**Venue:** Auditorium

**Date:** 3/02/2020

**Speaker:** Mr Durgesh

**Summary:** An informative class on "Quantitative research" took by Mr Durgesh. Class was focused mainly on quantifying and analysing data through statistical and mathematical techniques.

Brochure Attached



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# Quantitative Research

**03-02-2020** 2-4PM

Venue: Seminar hall

Speaker

**Mr. Durgesh**

Statistician

K M C T Ayurveda College



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ACADEMIC YEAR 2019-20  
Quality improvement program

ACTIVITY REPORT: "Common gynecological disorders"

Venue: Auditorium

Date: 8/09/2020

Speaker: Dr Chellamma V K

Summary: The class on "Common gynecological disorders" took by Dr Chellamma for the teaching staffs. The class covered a range of prevalent issues affecting the female reproductive system. The topics discussed included conditions like uterine fibroid, PCOS etc



*Chellamma*

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**Common  
gynaecological  
disorder**  
08/09/20  
2-4PM-Online (zoom)

Speaker  
**Dr. Chellamma**  
Professor  
Obg. Ang Gynec.  
K M C T Medical College



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